# MARION COUNTY HEALTH ADVISORY BOARD

**Meeting Minutes** April 19, 2016 5:30 P.M. to 7:30 P.M.

Present: Patrick Vance, Judy Scott, Sierra Nelson, Mike Mann, Renee Stewart, Tim Murphy, Melinda

Veliz, Deborah Carlson

**Absent:** Tracey Robichaud, Hanten Day, Scott Richards

**Staff:** Rod Calkins, Pam Hutchinson, Cary Moller, Yana Conner (Recorder)

**Guests:** Jon Lukenbaugh

Call to Order/Introductions/Approval of Minutes – Patrick Vance - Chair Patrick called the meeting to order, introductions followed.

Patrick entertained a motion to approve minutes, members voted, motion carried, and March minutes were approved.

# Announcements/Updates:

## Community Health Assessment Report Booklet - Pam Hutchinson

A copy of the 2015 Marion and Polk County Health Status Report was distributed and the report is posted online so readers can print as needed. A link to this document will be emailed to the members. Please direct any questions to Pam.

#### **OHA Site Visit – Rod Calkins**

June 14-15<sup>th</sup>, Oregon Health Authority will be doing an audit of the Marion County Mental Health program.

<u>Medication Assisted Treatment – Suboxone – Cary Moller, Trish Davis, Teri Morgan</u>
Cary introduces Trish Davis, Program Supervisor and Teri Morgan, Clinical Supervisor, to give an update on how the Alcohol and Drug Program (A&D Program) is doing with the addition of suboxone to the program. The program was only providing methadone previously, but due to the recent increase in opioid use, the county decided to add suboxone to their Medication Assisted Treatment program (MAT). In the last four years, the age demographics have been younger and younger. If a person has not been addicted to a drug for a long time, they would be started on a short cycle of suboxone first. A lot of people easily get addicted to opioids after a medical procedure. The A&D Program started the suboxone on the 23<sup>rd</sup> of March and now have five clients on this treatment plan. Some of these clients are participating in the Marion County Drug Court which gives them the opportunity to get the charge removed from their record, as long as they are following their treatment plan. The client meets with the Medical Director to assess which treatment is best for them. Marion County A&D has about 350 clients. A very small percentage of that are homeless. About 180 of the 350 clients have the "take home" opportunity. There is a long list of criteria you must pass before given the take-home opportunity and it all depends on the situation. The average dose of methadone is 85 mg. There are very few clients that receive more than that. The Medical Director focuses more on the lifestyle of the patient rather than prescribing high doses. Some clients and alumni are involved in the community through the committees that the program offers. The Clinic Advisory Committee is looking into "Adopt-A-Street". Trish adds that the program has

Professional Recovery Mentors. These mentors focus on the client on a more personal level. This helps the client get back into the community and involved in the things they once used to do. This improves their chances of succeeding.

Teri and Trish invite the group to take a tour of their facility if anyone is interested. Cary suggests that the A&D program brings back an update after the CARF review this fall. The members agree and welcome them back with that update.

## **CCTV Video of I/DD Committee – Cary Moller**

The Intellectual Developmental Disability Advisory Committee was invited to Marion County Today, a CCTV series held by the Board of Commissioners, to talk to them about the work the IDDAC is doing and bringing awareness to the community. Cary shares the video. It can be found on YouTube.com named "Marion County Today Ep 11 Intellectual and Developmental Disability Awareness". Cary gave more information on how to access services along with funding and coverage (K-Plan).

Cary gives credit to her staff for the great work they have been doing. Because of the hard work, they are able to provide services to more people.

## Adult Foster Home Changes - Rod Calkins, Cary Moller

Rod and Cary give an update on the Adult Foster Home changes. Adults get served in terms of their mental health care at various levels of structure. The highest level of structure is usually the state hospital or a locked institution with limited opportunities. There are different levels of structure of homes in our community. The only locked and secure home in Marion County is located in Woodburn. In Marion County, there has been a higher density of Adult Foster Homes. Marion County does not have any high level of assistant homes for those who come out of the state hospital as other counties are able to provide these high needs. The residential treatment providers in Marion County have been a great help in taking those who were rejected by some higher level of structure homes in the surrounding areas. As of January 2016, rates have drastically decreased and providers are unable to stay open. About a month ago, we received notice that 33 people were given a 30 day notice and would be without shelter. Cary and her team were able to find homes for 32 out of the 33 people. They are waiting to hear back on the last placement. About half of them were moved from structured care to independence with Wraparound support.

#### Other:

Tim thanks the members for coming to the Sandra Bloom open house.

The Oregon Garden is celebrating Earth Day on April 23<sup>rd</sup>. Free admission to everyone.

#### **Future Topics:**

#### HAB Meeting Adjourned.

**Recorder:** Yana Conner Department Specialist 4 Marion County Health Department

Phone: 503-585-4903 Fax: 503-364-6552 **2016 Meeting Schedule:** January 19, 2016 February 16, 2016 March 15, 2016 April 19, 2016 May 17, 2016 June 21, 2016 September 20, 2016 October 18, 2016 November 15, 2016 December 20, 2016