

MARION COUNTY HEALTH ADVISORY BOARD

Meeting Minutes
January 19, 2016
5:30 P.M. to 7:30 P.M.

Present: Patrick Vance, Judy Scott, Sierra Nelson, Mike Mann, Renee Stewart, Tim Murphy, Melinda Veliz

Absent: Tracey Robichaud, Hanten Day, Deborah Carlson

Staff: Rod Calkins, Pam Hutchinson, Cary Moller, Scott Richards, Yana Conner (Recorder)

Guests: Jon Lukenbaugh, Katarina Ost – Public Health Associate

Call to Order/Introductions/Approval of Minutes – Patrick Vance - Chair
Patrick called the meeting to order, introductions followed.

Patrick entertained a motion to approve minutes, members voted, motion carried, and November minutes were approved. December 2015 meeting was cancelled due to lack of quorum.

Announcements/Updates:

Prospective Applicant – Rod Calkins

We had an applicant express interest in joining the Health Advisory Board and she was invited to tonight's meeting, but we did not hear from her. Rod and Cary met with her briefly to talk about the board. She showed most interest in Public Health. Rod is still waiting to hear back from one of her references.

CCBHC Planning Grant – Rod Calkins

The State of Oregon received funding to start Certified Community Behavioral Health Clinic (CCBHC) in Oregon. Each clinic must complete an assessment tool to determine if they would qualify. Once the assessment tool is completed and your application is approved, the clinic will be granted funding for a two year demonstration. The advantage would be that the clinics who applied would become certified, similar to Federally Qualified Health Centers (FQHC's). The clinic would need to accept anyone that walks through their doors, regardless of payer or insurance status. The clinic would also bill Medicaid for the patients who are eligible for federal healthcare. At the end of the year, your rate gets adjusted based upon what it cost you to provide assistance. There are 24 states that received a 1 year planning grant and only 8 will be granted the money to perform a two year demonstration. There is a lot of interest in Oregon. The application is due in October 2016.

WVCH/BCN Contract – Rod Calkins

WVCH approved its contract with BCN, for both provider services and for BCN's administrative services for alcohol and drug and mental health services under the CCO. There was one minor change that the BCN board has not seen so they are going to meet on January 29th to discuss that. They have already approved the initial draft so there shouldn't be any trouble approving this. Marion County is still without a contract at this point.

ACT – Stefani Nichols

Scott Richards talked about the ACT fidelity review in our November Health Advisory Board meeting, but what ACT does was never discussed so Scott invited Stefani Nichols, Adult Behavioral Health Clinical Supervisor and ACT Team Supervisor, to tell us more about what ACT is.

Assertive Community Treatment (ACT) is an evidence based model of treatment designed to support individuals diagnosed with serious mental illness. It is intended for individuals who have not been well served by traditional, office based services. This is new to Marion County and the State of Oregon. ACT was first envisioned to be a hospital without walls. It started by taking staff from the hospital out into the community. This was found to be very effective at reducing hospital admissions as well as other outcomes. Stefani reports that the multi-disciplinary team meets every day and reviews every client. The psychiatric nurse practitioner participants in these meetings at least once a week, which helps when she meets with the clients individually. These daily meetings allow everyone involved to be aware of changes and discuss plans to address each need in a quick and effective manner. ACT would like 1 staff to every 10 participants. Right now, Marion County has 1 staff to every 6 participants. They are still working on building up that caseload. The model is that all staff should know all of the clients. Stefani and her team started with about 40 participants one year ago. The clients are engaged anywhere in the community. For someone to be able to graduate from ACT, the average involvement before doing so is about 4.6 years. Since Marion County has only been providing ACT services for a year, none of the participants have graduated. Although, it has only been a year, Stefani reports significant increases in engagement. The ACT team is targeting individuals with negative interactions with systems. Stefani explains who is involved in the ACT team. As of today, Marion County is currently serving 61 participants. The goal is to have 80 participants. The cost per client is about \$9,000 to \$12,000. There may be additional funding available for ACT next year. Stefani hopes to apply for the grant and continue to expand to serving 100 individuals. If granted additional funds, the team would like to add a Peer Support Specialist, Substance Abuse Specialist and Nurse to the team. Stefani shared a couple success stories that concluded her presentation.

STI Assessment – Kat Ost

Katarina (Kat) Ost is a Public Health Associate with the CDC. Kat has been working on the STI Assessment for Marion County. There has been a dramatic increase in Syphilis, which is the reason why Kat will be focusing on this topic tonight. The second topic will be about Gonorrhea. This topic is very important because nationally, there has been an increase in antibiotic resistance so it is important to make sure practitioners are keeping up with the latest STI treatment standards. Kat will be talking about; what Syphilis and Gonorrhea is; the trends; and who has it. No names or providers were mentioned in this presentation.

Kat explains the stages of syphilis; infection, primary, secondary, early and late latent and tertiary syphilis. Please refer to the slides for details on each of these stages. There has been a 15% increase from 2013 to 2014 throughout all of the United States. As reported by the CDC, Oregon is ranked the 10th highest rate in the United States at 6.8/100,000 (P&S), 2014. Kat shares an incident report by County. In Marion County, there is a trend along the i5 corridor. Please refer to slide 5 for the map referencing this. In 2015, Marion County reported 66 cases of syphilis of all stages. Considering there were 44 cases in 2014, it is a significant increase and becomes worrisome. Since 2011, Marion County's incidence per 100,000 of syphilis (all stages) increased by 490% and 35% in the United States. The State of Oregon predicts about a 30% increase in cases for 2015. Kat presents a graph of primary and secondary rates compared to Healthy People 2020 goals for men and women in the US. Please see slide #7 for results. Congenital syphilis is one of the main concerns with raising rates on a national level. There are more and more cases of women or women of bearing age with syphilis. The complications are extremely serious. If you are a pregnant woman and have not been diagnosed and treated for syphilis, 80% of women (or their child) will go on to acquire congenital syphilis. About 40% of women who have had syphilis within 4 years of pregnancy may result in serious complication or even still birth. Syphilis can be passed on to the child at any stage, but more likely during the primary and secondary stage. There have been roughly 1-2 cases of congenital syphilis in Marion County in 2014 and 2015. It is very important that this number does not increase. Please see the map on slide # 10. This is a map of Marion County and it will give you an idea of where most of the cases are reported. Notice that the green areas on the graph have 0 cases of syphilis. Kat asked the members "what age group do you think has the most cases of syphilis"? The members replied, seniors. Kat responds that in one year, there has been an increase of 117% of cases in 45-54 year olds. It is reported that in the 45-54 age group, about 70% of those cases are men who that sex with men (MSM). In Marion County, 18% of cases are female and 82% are males. The majority of these

cases are White or Hispanic. The members expressed interest in knowing the age groups in each ethnicity. Kat agreed to research and provide this information. There has been an increase in internet and mobile app use to find anonymous sexual partners.

Kat gives an overview of gonorrhea. Please see slide #18 for symptoms and complications in women and men. Rarely, untreated gonorrhea can spread to your blood or joints and cause life-threatening conditions. In the past five years, the incidence per 100, 000 in the US has increased by 10%; in Marion County, 186% increase and 107% increase in Oregon. There were a total of 252 gonorrhea cases this year in Marion County. The 20-29 age group had the highest rates with men being the majority of it. The standard treatment for gonorrhea is receiving an oral antibiotic and a shot. It is important that all providers treat according to CDC recommendations to avoid an increase in gonorrhea infection drug resistance.

The next steps for Marion County are targeting practitioner outreach. This includes educating and making sure they have access to and are utilizing the latest treatment recommendations. The next two goals are community outreach and stakeholder identification and engagement. Kat would like suggestions and recommendations on good strategies for future community outreach and who to talk to, to engage outreach. The group suggests writing about it on social media, performing prevention services, etc. Kat announces that they are trying to start a stakeholder engagement group and would like to invite anyone who is interested from the Health Advisory Board to join the group.

Member Handbook/Bylaws Review – Chair

(This topic is rescheduled to next month's meeting).

Other:

Patrick would like to know if Sarah F. from Silverton Legacy can come and talk to the HAB group. Rod will look into this.

Future Topics:

Engaging the community through social media

HAB Meeting Adjourned.

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2016 Meeting Schedule:
January 19, 2016
February 16, 2016
March 15, 2016
April 19, 2016

May 17, 2016
June 21, 2016
September 20, 2016
October 18, 2016
November 15, 2016
December 20, 2016