

MARION COUNTY HEALTH ADVISORY BOARD
Meeting Minutes
April 16, 2013
5:30 P.M. to 7:30 P.M.

Present: Hanten Day, Tim Murphy, Patrick Vance, Judy Scott, Mike Mann, Sandra Echavarria, Melinda Veliz, Renee Stewart, Katherine Fleury,

Absent: Sandy Stewart, Mary Beth Thompson

Staff: Rod Calkins, Pam Heilman, Scott Richards, Lisa Duerksen (Recorder)

Guests: Lorin Scott-Okerblom, Judy Cleave, MaryAnn Scott

Call to Order/Introductions/Approval of Minutes – Patrick Vance

Patrick called the meeting to order, introductions followed. Patrick entertained a motion to approve last months minutes, members voted, motion carried, minutes were approved.

Announcements/Updates:

Mock interviews for Accreditation in May - Pam:

The health department is applying for accreditation as a public health department. Clackamas County is also going through the same process and is going to come to Marion County to conduct mock site reviews in May; we will return the favor in the fall. We will also include the May HAB meeting in the mock site review process, so someone will come to the meeting to ask questions of the HAB. There is not much information available about the process because it is brand new. All of our documents for accreditation are due in July and they are expected to conduct the actual site visit in October. We have a person that works for Coalition of Local Health Officials (CLHO) that has been calling people around the country to get questions that are actually being used in site reviews. Accreditation is good for five years and may be a requirement for county health departments in the future. Accreditation is about creating a national standard.

Pam reported that she had a conversation with the superintendant and one of the District administrators about adding some sexual activity questions to the survey because of the teen pregnancy issue in Marion County. Adding the questions could help with figuring out what is going on in Salem/Keizer, even if it is self reported it gives a point of reference for monitoring trends. The District is concerned about their focus on education, and surveys take time out of the class room. They have done the same surveys for years and do not want to change the questions. Overall, they were not very receptive at that point and participating in the Healthy Teens Survey and/or modifying their own survey does not fit the needs of the school district.

LADPC Update – Tim Murphy:

The Silver Tsunami “The hidden Epidemic of Older Adults/Boomers with Addiction Disorders” community conference had about 160-175 attendees, it exceeded the expectations of the planning committee. There were a range of speakers. However, two of the key note speakers called in sick the morning of the conference but one of the physicians filled in for the absence. The planning committee will be following up. There was not much coverage in the Statesman Journal before the event. There are still two additional drug safe summits, one on April 23rd in Keizer and April 25th in Woodburn, both from 6:00-8:00 p.m.

CCO Update– Rod Calkins:

There are still legal issues. The Community Advisory Council (CAC) is moving forward, and financials seem viable. Hospital admittance is down. They are beginning to talk about behavioral health. Primary care physicians think that their problems with integration with behavioral health may be solved if they add that type of therapist to their own clinic, we have experimented with that model and it promotes more isolation than integration and does nothing to solve the problems for those on the behavioral health and addictions side have about getting primary care services to the people they are serving. The challenge is to figure out how to get people from primary care to specialty care. Rod attended a meeting with Dean Andretta, interim CEO for the CCO, there has been a proposal to roll out funding for one part of integration which would be putting people out there and also coordinate access into care and consultation with the primary care physicians, many of the clinics want to go that way but there is a couple that want to hire a therapist and bill. The question is, are there different standards of providing service, documenting service and billing for the primary care side versus the behavioral health care side. There is a different issue of providing quality improvements, oversight and coordination across those two venues and are going to have to figure out how to make that come together.

Rod and Mike Mann have separate articles that include information about the CCO. Rod requested that they be circulated to the HAB via email, Lisa will send out to board members.

Patrick reported the CCO's are communicating among themselves about best practices. Sandra reported she attended a training that had great examples of incentives, for instance, for prevention like early prenatal care, they will give that client a free car seat. Patrick also reported that in recent months they have endorsed the notion of non traditional health care workers which is a way of targeting folks who have a mental illness who frequently visits the emergency room.

Child & Adolescent Wellness – Lorin Scott-Okerblom:

Lorin is a CDC associate and a health educator for Marion County. Her main project is working with Salem-Keizer school districts to gather data. Lorin discussed her PowerPoint presentation to include school health data, school health profiles, and the Girls on the Run Willamette valley program. Lorin reported that our school districts do not participate in the healthy teens survey, they do their own which has made the information a little more difficult to get to. Lorin began talking about, "why school health", and reported that coordinating all the health groups together and family and community involvement is very important, schools are the hub of communities and is important because our school district with over forty thousand kids is the second largest school district in Oregon and sixty five percent of those students are living in poverty. Lorin contacted the school district to ask for their annual school health data, and after many months the school district sent the information to her. She does not have raw data, only percentages and additional data aside from what is included in the graph trends that can be sent out as requested. The surveys were given to sixth, eighth and eleventh graders who are in wellness two classes. Survey topics asked include information on school involvement, student reported parental opinion of drug and alcohol use, access to drugs and alcohol, alcohol and drug use/perception of use, risk perception, source of information on drug and alcohol issues and student knowledge on drug and alcohol resources. The surveys were all self-reported by students and approximately one thousand students were surveyed. There are no questions on sex, nutrition or physical activity. The school district has given permission to share their data with other health partners. This data collected is important so we can find out what is going on at a local level. Pam suggested comparing the survey annually if it is consistent over the years.

Pam reported that she had a conversation with the superintendant and main administrator about getting some sexual activity questions put in the survey because of the teen pregnancy issue in Marion County, adding the questions could help with figuring out what is going on in Salem/Keizer, even if it is self reported, it gives a point of reference but they were concerned about their focus on education, and surveys

take time out of the class room, they have done the same surveys for years and do not want to change it. They were not very receptive at that point and it does not fit the needs of the school district. Members discussed surveys within schools.

Lorin was told that the data collected is used for policies and programming within the schools. Oregon is currently going through education reform. There is a movement to get health more connected with schools. The Oregon Health Authority (OHA) has coordinated school health divisions to work processes and getting involved and connecting local health departments to schools to bridge the gap.

The CDC works with the state to randomly select a school and has the principle take their survey. They have a seventy percent response to the surveys which include the topics of health education and community involvement which helps us get local data from the survey. Next steps are to provide this information, build a relationship between the health department, community partners and the schools and continue to gather data and health indicators within school districts.

Another project that Lorin is involved in is the Girls on the Run Willamette Valley, an international organization. There two hundred councils between Canada and the United States, over two thousand girls participate. They are currently connecting with 4H and OSU extension which means they will be in a lot of counties and are now moving to Marion County. This is the first year they will have multiple teams in Marion County. It is an organization about giving the girls skills to be successful in life and building the self esteem they need.

Girls on the Run started in 1996, the founder was a social worker who liked to run and helped develop the curriculum. This is a positive program to help young girls before they get to middle school and high school ages. The program is a ten week season beginning in the spring, the girls practice twice a week. Upcoming lessons are discussing bullying and how gossiping hurts everyone. Each girl gets a parent guide. The main office is in Corvallis connected to OSU and is where the funding comes from. A community is in the works in Marion County to start working with the main office in Corvallis to help with the individual sites in our area, which will allow us to tailor to our community needs. Currently in Marion County there are five teams at four schools, if the teams get too large they are split into two groups in Salem and Woodburn. Girls on the run is for 3rd-5th graders. There is a sister program, Girls on track for 6th-8th graders. There are fifty three participants for the superhero 5K warrior dash.

There have been several studies with Girls on the Run and is a continuing process. There is some cost involved for each girl that enters the race, they also get a new pair of shoes. Lorin has been able to get a grant and work with sponsors. It cost \$150 for each girl.

Election of Vice Chair – Patrick Vance:

No volunteers for the vice chair position at this time. Melinda Veliz will consider it. Katherine Fluery and Renee Stewart may not stay after their terms end. Will add this topic to next months agenda.

Healthcare Access Progress Report – Pam:

Pam presented a quick comparison of CCO demographic data with what we have for Marion County. The CCO is officially Marion and Polk counties but there are some people that come from populations that are on borders of the county like Linn, Benton, Yamhill and Clackamas counties. The largest group in the CCO are the five to seventeen year olds. Marion/Polk Counties are similar in the data but the CCO is very different, in that the CCO population has a larger proportion of persons under 18 years of age than the County population. The CCO is made up of OHP members so they have to be a legal resident. OHP is there to serve people in poverty. The data includes age, sex, race and ethnicity, language, ethnic group.

Rod reported that there are some additional people covered on OHP that are not in that CCO, and that number has grown. The Yamhill CCO enrolled a lot of folks in the border areas. What is not in there is Kaizer Care Oregon.

Future Topics - Patrick:

Committee (Not HAB members) & Reentering after incarceration are current future topics on the agenda. Are there similar topics members would like to talk about. Mike asked to add a future topic of “Mental Health and Self-Esteem” is there any way the CCO will be involved in preventative measures. Pam responded that the CCO is starting some initiatives and there are some things that are going to happen in the doctors offices and have to be evidence based, which is part of the point of doing the assessment. They will be looking at chronic health disease, healthcare access and then using that information to identify things the CCO can do to promote the health, physical health and mental health, but have to look at the data to help support that so the Community Advisory Council (CAC) can make some recommendations.

Rod would like the HAB members to look at the set of metrics that the state, OHA has put out, that are theoretically going to improve care but are currently deficient in most of them.

Tim recommended inviting Todd Gould to come talk about the trends he has seen and someone from the Liberty Street Clinic.

Melinda suggested talking about what the plan is for the percentage of people who need the information in Spanish or other languages which is also a piece of quality and safety.

The chair motioned to adjourn, members voted and approved.

HAB Meeting Adjourned.

Recorder: Lisa Duerksen
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2013 Meeting Schedule:	
January 15, 2013	June 18, 2013
February 19, 2013	September 17, 2013
March 19, 2013	October 15, 2013
April 16, 2013	November 19, 2013
May 21, 2013	December 17, 2013