MARION COUNTY HEALTH ADVISORY BOARD Meeting Minutes December 16, 2014 5:30 P.M. to 7:30 P.M.

Present: Mike Mann, Sandra Echavarria, Sierra Nelson, Josh Sandeman, Tim Murphy, Renee Steward

- Absent: Judy Scott, Josh Sandeman, Melinda Veliz, Hanten Day, Scott Richards, Patrick Vance
- Staff: Rod Calkins, Pam Hutchinson, Cary Moller, Zugey Luna (Recorder)
- Guests: Commissioner Cameron, Deborah Carlson, Flory Ericksen, Ann-Marie Bandfield, Tad Larson, Cliff Self, Tyler Grisson, Tracey Robichaud

Call to Order/Introductions/Approval of Minutes – Mike Mann, Co-Chair

Mike Mann called the meeting to order, introductions followed. Tracey Robichaud, an applicant to the Health Advisory Board. Kevin Cameron, County Commissioner.

Commissioner Cameron shared he covered Commissioner Milne's remaining term and was elected as a Commissioner in November to serve a term of 4 years. Commissioner Cameron served 9.5 years as a State Legislator. Commissioner Cameron and his wife started their business in 1995 and are now celebrating their 20th year anniversary with their business.

Mike Mann, entertained a motion to approve last month's minutes, members voted, motion carried, and minutes were approved.

Announcements/Updates:

New Mental Health Panel for Behavioral Care Network (BCN) – Cary Moller and Rod Calkins

Cary explained that the BCN will start taking over the management of the outpatient mental health services which goes into effect January 1, 2015. The BCN just completed their RFP; there are four new panel providers in addition to the existing panel providers. The new providers are Silverton Health, Christian Community Placement Center, Intercultural Center and Trillium. Cary shared that Silverton Health will be adding outpatient services to their continuing care and that Christian Community Placement Center with the BCN for some years to help provide intensive supports to children and families who are part of the New Solutions Program. Christian Community Placement Center provides services primarily to Hispanic and Russian language speakers. Trillium is known for providing services to children, their interest is to provide rural services and school based support services.

Marion County Health will continue to provide services for outpatient services, Safety Net services and Children and Adult Psychiatric Crisis Center. The relationship between the BCN and MCHD will now be as a provider instead of the MCHD managing the capitation and panels.

Rod explained that two staff have been sent over to the BCN to help manage the system. The current panel will continue its services and most of the agencies on that panel will add some staff to provide services to more people, unfortunately not as many people as it was hoped. Staff have been kept up to

date on information but not much information is available. Sandra asked if the CCO is planning on doing prevention services. Cary explained there have been a few prevention services offered in a few places though out the community like the tobacco cessation. The goal of the CCO is to provide integrated services to serve people earlier, right now there is a lot of funding barriers and contact barriers. Rod explained that our CCO is currently a little behind on the process.

Salem Tobacco Free Ordinance – Pam Hutchinson

Pam said that both Willamette and Salem Health wanted to have tobacco free corridor by Bush Park and the hospital. The city passed an ordinance that would allow businesses in the community that are already tobacco free and have 100 linear feet in front of them where they can take their enforcement clear out to the curb. They would have to fill out some paperwork and work it out with the city.

USDOJ Visit – Cary Moller

Cary reported that the United States Dept. of Justice has been monitoring the progress based on the lawsuit and oversight with Oregon and State Hospital. They were here on a visit to see how people are being helped get in the community with least restrictive means possible. Rod, Cary and a few other staff members met with two people that came for a tour. The tour began in Woodburn at a facility that the state has a contract with to help people that still need some secure support while still transitioning to the community, then toured a few of MCHD residential programs, an adult foster home, a group home, visited some people with supported living.

Rod shared that it's a good thing that they are looking at the State to improve the mental health system. Rod said MCHD has a few things to show and it was a good visit. The visit started in Multnomah County. Rod believes they got a balanced view.

Flu Update – Pam Hutchinson

Pam discussed the imperfect match between the vaccine and strains going around as has been discussed in the news. The H3N2 virus which is circulating this year, is in the vaccine but only 50% of the strains circulating are perfect match. The message is "get your flu vaccine because there are still some protective factors, wash your hands, stay home if you're sick, and cover your cough". A question was asked if there are cases of influenza. Pam reports flu activity is still pretty low is classed as local, but the activity is starting to increase.

Mobile Crisis Response Team – Ann-Marie Bandfield

Ann-Marie explained that they have become very popular and have received calls from around the state about the program collaborations. In October the team attended an International Crisis Intervention training where 2,000 people from around the Country attended. A Bureau of Justice Administration Grant was received about three years ago. Ann-Marie said they have been successful because of the relationship they have built with law enforcement. MCHD is not the only County offering Mobile Crisis in Oregon but what makes Marion County unique are the integrated programs. MCHD is the only Health Dept. with the longest running crisis clinic in the state. The Psychiatric Crisis Center (PCC) has access to 24 hr respite since 1999. PCC also has staff that can be called as needed; staff can assist with monitoring meds at the person's home, all these programs in place that allows to uniquely partner with law enforcement.

Ann-Marie attended her first CIT conference in 2009 with Kevin Rau who has been spearheading the partnership with Health since 2006, about 400 people have gone through the Crisis Intervention training. Most of the people trained are from law enforcement, but there have also been a few from the District Attorney Office, Legal Department, Parole & Probation and some of Ann-Marie's staff has gone through it.

In 2010 the Community Outreach Team was formed. The Community Outreach Team receives police reports and go out to encounter people in the community. The team goes into the community to assess the people who are referred to them and connect them with services. A grant was received for the Jail Diversion Case Manager. This person will follow up on cases referred by Tyler Grissom and Dep. Self. The case manager will also go out to the Mission and HOPE to find the person. Tyler and Dep. Self have seen 420 individuals since April, less than 10% have been charged. Half of those who were charged had outstanding warrants. Only 10% of these who received new charges went to jail; most of them either went to the hospital or PCC to get connected with services. The goal is to reduce the amount of people getting charged who have a quality of life crimes that need treatment. Tyler and Dep. Self would like to increase the number of people who are being connected with treatment and not having to spend time in jail.

Tyler Grissom, MCHD PCC Mental Health Professional and Deputy Cliff Self, MC Sheriff's Office explained how Mobile Crisis Team work. Tyler and Dep. Self are partners and go to work together every day which makes them unique because in other Counties the deputy works with a different mental health professional every day. They drive an unmarked patrol car and respond to 911 calls and to other agencies. Part of their job is to keep people of out jail and provide them with services they need. Many of the people are taken to PCC, hospital, get connected with their mental health professional or their support teams. There are two teams that cover 7 days a week, 420 people have been seen since April.

Rod explained it was not certain if the money was going to be available next year and it sounds like it will. Dep. Self said that they've had a positive response because they present themselves to people as a mental health team which helps defuse stressful or critical incidents. Ann-Marie said it was important to understand each other job and responsibility.

Lieutenant Tad Larson, MC Sheriff's Office explained that the reason why this program is successful is because of the clientele. The clientele needs to be ready to be helped and not forced. In 2008 there were about 20,000 people in jail and now they are down to 14,000/yr. The programs have decreased the number of people in jail. In 2010 a Memorandum of Understanding was created between other police agencies in the County that agreed on four things before considering jail, all the police chiefs signed off on it in 2010. Veteran issues are big in our community. A story was shared where an individual who in one year had 38 police contacts, it was discovered that the individual called on the weekends when there was no bus services on Sunday calling 911 and threatening to kill himself or hurt himself to get transported to PCC. Sometimes he would go to jail and other times he would go to PCC. After his first engagement with the Crisis Outreach Team the following year his calls were dropped to 10, the following year 6, then 3 calls per year. The individual is now enrolled in services and understands that the people in uniforms are not the bad guys, the person feels comfortable enough in the community to volunteer in appropriate organizations. Once there was an understanding that the person needed transportation on the weekends, the Sheriff's Office lent him a bike to get around on the weekend. The person had positive engagement with the team for the last four years.

New Commissioner Introductions – Rod Calkins

Commissioner Kevin Cameron began his public service 12 years ago served as a Legislator. As a business owner he has learned that employees are an important asset to have in a business for it to be successful and that reflects back to the people they are serving. He carried that into his service as a Legislator he sees an opportunity and finds ways to help people. He did his research to find out more about the duties of Commissioners. On June 2nd he was appointed and sworn in as the County Commissioner two weeks later he did a tour of the Health Department. Commissioner Cameron reiterated his experience with a home visit with one of our Early Childhood nurses.

Commissioner Cameron's interest is economic development. Commissioner Cameron will be serving on the Economic Development Advisory Board. This first year will continue to be a learning curve and Commissioner Cameron is hoping to focus on things that should be done. A question was asked on what

the key differences are in being a State Legislator vs. County Commissioner. Commissioner Cameron explained that as a State Legislator the term is every two years, the implementation of the policy is out of the legislator's control. As a commissioner you have the policy making authority, pass the policy and make sure it's implemented correctly. A question was asked on how the Commissioner was going to improve the economic development in Marion County where the community has homeless, mentally ill people, and battered wives. The commissioner pointed out that Massachusetts is the # 1 for mental health, but if you looked into Massachusetts per capita income it is higher than Oregon. Commissioner Cameron explained that if someone is depressed it helps to have a good job, earn your income and pay the bills.

Marion County Tobacco Free Properties Draft – Pam Hutchinson

Marion County is moving towards Tobacco Free properties. First there will be an emergency order issued by the Board of Commissioners to add prohibition of E-Cigarettes to the current no-smoking ordinance. Next a new ordinance will be drafted to make county properties tobacco-free and e-cigarette-free. The ordinance will be phased in. Designated smoking sites will be eliminated by July 2015 for Marion County property with the exception of public works, jail and juvenile, which will be eliminated by July 2016.

What is the rationale for E-Cigarettes? There is no way to know what is in an e-cigarette, and it could include THC oil as well as nicotine. The current law doesn't support a prohibition of use, and there have been people showing up at the treatment groups, who have used e-cigarettes, even when asked not to. Oregon has not extended the clean air act on e-cigarettes. There is some early evidence that the vapor that comes from e-cigarettes contains harmful substances similar to those found in cigarette smoke.

Future Topics:

The chair motioned to adjourn, members voted and approved. **HAB Meeting Adjourned.**

Recorder: Zugey Luna Department Specialist 3 Marion County Health Department Phone: 503-588-5433 Fax: 503-364-6552

2015 Meeting Schedule:

January 20, 2015 February 17, 2015 March 17, 2015 April 21, 2015 May 19, 2015 June 16, 2015 September 15, 2015 October 20, 2015 November 17, 2015 December 15, 2015