



Make Parenting a Pleasure

A **free** 13 week parenting class for parents who are prenatal and/or have children 0-8 years old and who would like to learn more about:

- ❖ Child development
- ❖ Managing stress & anger
- ❖ Communication, discipline & more!!

**Learn, Share and Grow
into the best parent you can be**

Facilitator: Andrea Croskey

Where: **Options Counseling**
2645 Portland Road NE #120
Salem, OR 97301

When: **Thursday, April 3- June 26, 2014**
Time: 5:30-7pm

Interested?

Call Options Counseling at **503-390-5637**

Child care provided