

IDS Meeting Minutes

May 12, 2008

11:00am – 1:00pm

Present: Rod Calkins, Marion County; Bob Hammond, CAPS; Marybeth Beall, Marion County; Paul Logan, Northwest Human Services; Terry Dethrow, New Perspectives; Tim Markwell, New Perspectives; Patricia Tucker, Valley Mental Health; Lona O'Dell, The Children's Guild; Doris Reyes, CAPS; James Campbell, Cascadia; and Steve Kuhn, CAPS/NS.

Excused/Absent: Steve Allanketner, Options; Bonnie Malek, CAPS; Erin Horst, CAPS; Christopher Hupp, Catholic Community Services; and Patrick Brodigan, CAPS.

Guest: Barb Seatter, Cascadia; Marsha Hill, Options; Don Theabald, CCS and Christina McCollum, CAPS.

Meeting called to order at 11:05am

I. Announcements:

- ❖ Lona – Children's Therapy Center is currently looking for a therapist. They lost a therapist last Thursday and will lose another at the end of the month. They are looking for someone who is bilingual.
- ❖ Marybeth – MC Adult and Children's are down five therapists. For CBH, two bilingual therapists and a RN/QMHP. For ABH, a QMHP and a QMHA. These positions are replacement hires.
- ❖ Paul – NWHS is looking for an adult bilingual therapist
- ❖ Bob – Erin is in Korea and will be returning Wednesday
- ❖ Marsha – Options has just hired two therapists, but lost two therapists, and are currently looking to fill additional positions.
- ❖ Tim – NP has a new therapist, Lara Jellested
- ❖ Patricia – Valley is getting 1 to 2 calls a week for therapists looking for a position and has to turn them away. Some of the reasons they are choosing to call Valley and not other agencies may be MC pay scale, therapist does not have a license, therapist is looking for private practice, and flexibility in job and the number of days and hours they want to work.
- ❖ Rod – the CAPS supervisor 2nd interviews are Thursday May 15th from 10-12 pm at Center St in 2A.
- ❖ Steve – In regards to DHS foster care kids, Steve and the DHS will be meeting on May 13th to review the policies on implementing assessments for small kids. Of all children currently in foster care, 60% are under 5 and 40% are under the age of 3. Currently, we are focusing on mental health and early intervention for children, with a possibility for more child referrals. We are also looking at the possibility of assisting foster parents with initial placements, coaching and/or support to foster families, conduct assessments when kids are placed, and help with the transition into foster care.

II. Minutes Review – All

- ❖ The minutes were approved with no changes

III. Cascadia

- ❖ Rod – The State, Multnomah County and Cascadia had a meeting. The purpose of this meeting was to discuss the stabilization of the system to insure client success. The State has agreed to help financially with providing services to clients and payroll.
- ❖ Barb – At Cascadia, business is as usual, they are stabilizing clients and staff, rearranging to move forward, and to improve fiscal viability.
- ❖ James – There will be an informational session in the next week or two. There have been a couple of people who have resigned but for the most part there are no big changes.
- ❖ One concern is adult clients are calling agencies looking for services and stating that therapist(s) from Cascadia have referred them.

IV. Budget and Targets

- ❖ Discussed with item number V.

V. Implementations on Changing

(see handout)

- a. Review of program development services to date
 - b. Periodic reviews?
 - c. Reallocate numbers quarterly?
- ❖ Rod gave an overview of the Contract Proposals on the IDS meeting handout. Rod spoke to Dale Jarvis regarding the system management and the budget. Some suggestions were to remove the hard caps and to separate the transition kids into their own category. The IDS should keep reporting numbers and expenditures. As a system this should be monitored to ensure agencies are spending as much money as they are allotted in each age group. It was also suggested that the client caps be eliminated and the system should be monitored by cost per case verses adult and child budgets and be recorded monthly by age group.
- ❖ Regarding agency over/under spending, Rod suggested that if an agency under spends by 10% there could be a system reallocation. This would be monitored monthly and implemented quarterly, while looking at cumulative year-to-date data. For an agency that is over spending by 10% or going over target by 10%, they would need to close or stop accepting new intakes and refer clients elsewhere. In addition, CAPS would meet with the agency to discuss the issue(s) and they may start losing portions or all of their withhold. Our goal is to know where we are as a system and where we may be lacking.

➤ Group discussion and or suggestions:

- Agencies would like to see the stars and rockets report again and would like to share agency numbers and information.
- Raise the budget/caps, targets by 10%
- Provide opportunity for growth
- As system, put together proposals and plans on how to get more services
- Agencies would like to see a 'report card' as a system and individually. If everyone knows the numbers there would then be the possibility to barter amongst agencies for services in areas one may be lacking and the other at their limit.

- Everyone agreed that 18-21 year olds need to be looked at closer and further discussed
- It was again asked what CAPS' role is

Rod's Proposal

- ❖ As a system, there will be two budget hard caps, one for kids and one for adults, which will be used for calculating withhold returns. We will stop using the client count as hard caps but will continue to monitor the original age range budget and client numbers as soft caps. The soft caps will be monitored to ensure system capacity to serve age related populations. The CAPS Department will monitor these caps. Erin will run and distribute monthly report cards/reports.
- ❖ The budget caps will be increased by 10% per agency from the original contracted amounts. By pooling the kid and adult age groups into two larger caps, it should alleviate some of the pressure agencies are feeling and provide the opportunity for more clients to be seen.
- ❖ The issue of over and under spending will be discussed at a later date. Rod's expectations are that agencies will be monitoring their caps for kids and/or adults and if they reach their cap they will stop accepting new clients and refer to other agencies.
- ❖ Looking at the 18-21 year olds, it is Rod's feeling that there needs to a more in-depth discussion on this age group and where they fit into the system. Once that is determined, those targets will be adjusted accordingly.
- ❖ All agreed with the above proposals.
- ❖ It was also agreed that the Clinical Supervisors would have an in-depth discussion regarding 18-21 year olds fit within the system. The Directors would also contribute to this discussion.

VI. Interpreters and Therapy

- ❖ To be discussed at later date

VII. ACT

- ❖ To be discussed at later date

VIII. BRS

- ❖ To be discussed at later date

Meeting Adjourned: 1:13 pm

Next IDS meeting is June 9, 2008 at 11:00 am.

Minutes prepared by: Doris Reyes