

SAFE SLEEP TAG

Keep these important reminders in a visible place for all caretakers to reference.



Always place your baby on their back to sleep.
Tell all caregivers that your baby sleeps on the back only.



Always supervise tummy time.



Only baby goes in the crib.



A pacifier can be used once breastfeeding is established,
or after one month of age.



Keep room temperature between 65-71 degrees. Do not
over bundle your baby when sleeping.



Never bed share or sleep with your baby.



Keep your home smoke free.



Do not leave children sleeping in their car seat
or other infant seats. Do not cover car seat
or child's head with a blanket or other
materials.