connecting the dots: substance abuse

problem

prevention

Why you need to include problem gambling in your substance abuse prevention curriculum.

Kids who gamble are twice as likely to use alcohol or used marijuana (Oregon Healthy Teens 2005 data, 30-day use among 8th & 11th graders) and are more likely to be involved in other risk behaviors such as fighting, weapons, etc. (Oregon Healthy Teens 2006 data)a

One in 25 Oregon teens meet the criteria for being problem gamblers. Problem gambling is easy to hide and often mistaken for other behavioral and academic issues.

Problem gambling shares the same risk factors as alcohol and drug problems.

Approaches to prevent problem gambling and substance abuse are very similar.

Gambling is everywhere— on TV, stores, and in schools. Young people need to learn there are risks involved, and make healthy decisions.

Contact Us!

Oregon Problem Gambling Services 503.945.6187 / With us.

Oregon Problem Cambling Services

Oregon Problem Gambling Services can provide you with free, evidence-based, easy to use materials.

See the connections? Now connect

- In-class presentations
- Educational materials
- Integration of problem gambling into these ODEapproved curricula (in progress):
 - Michigan Model
 - Life Skills Training
 - Project Alert
 - Project Northland

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