

# PROBLEM GAMBLING RESOURCES

## PROBLEM GAMBLING PREVENTION



### **Educational Resources –**

Brochures, videos, toolkits and other resource materials are available.

### **Free On-Site Training Sessions –**

Designed to assist employers and employees in understanding the complexities of problem gambling, recognizing the signs of problem gambling and taking steps to reduce the risk of negative consequences in the workplace.

### **Business Tool-Kit –**

Free tool-kit including break room posters, paycheck envelope stuffers, checklist to reduce fraud /embezzlement in the workplace, and local resources to refer those who need more information.

### **For more information on available prevention resources, contact:**

Marion County Health Department  
Rural and Prevention Services  
976 N. Pacific Hwy Woodburn, OR 97071  
Salem area (503) 566-2901 Outside Salem (503) 981-2461  
[www.co.marion.or.us/HLT/ad/gambling/](http://www.co.marion.or.us/HLT/ad/gambling/)

Oregon Department of Human Services  
Addictions and Mental Health Division (AMH)  
Problem Gambling Services  
500 Summer St NE E86 Salem, OR 97301  
(503) 945-9703  
[www.oregon.gov/DHS/addiction/gambling.shtml](http://www.oregon.gov/DHS/addiction/gambling.shtml)

# PROBLEM GAMBLING RESOURCES

## PROBLEM GAMBLING TREATMENT & RECOVERY



### **Free Evaluations, Counseling, and Treatment-**

Confidential live chat, instant messaging, e-mails or phone conversations are available through the Problem Gambling Help Line. Professional Certified Counselors are available to listen, educate and provide resources 24 hours a day/7 days a week for problem gamblers and their families. All evaluations, counseling and treatment are FREE to Oregon residents.

### **Gamblers Anonymous (GA)-**

Gamblers Anonymous provides people with an opportunity to share their experience, support and hope in order to stop gambling. A list of local meetings is available by calling the Problem Gambling Help Line.

### **Gam-Anon-**

Gam-Anon provides a supportive environment for the spouses, relatives, or close friends of problem gamblers to share their experiences. A list of local meetings is available by calling the Problem Gambling Help Line.

### **For information, services or referrals contact:**

Problem Gambling Help Line  
Phone 1-877-MYLIMIT  
Online at [www.1877mylimit.org](http://www.1877mylimit.org))