

Governing Body: MARION COUNTY COMMUNITY AND PROVIDER SERVICES (CAPS)	Function: INTEGRATED DELIVERY SYSTEM (IDS) HANDBOOK	
Subject: Transitional Options and Treatment Alternatives (TOTAL)	Prepared By: CAPS	Original Date: 10/01/2007 Revised Date:

PURPOSE AND SIGNIFICANCE:

Transitional Options and Treatment Alternatives (TOTAL) is a crisis respite program available through Northwest Human Services. TOTAL serves youth that are enrolled in the Oregon Health Plan (OHP) and capitated to the Mid-Valley Behavioral Care Network (MVBCN), are ages 12-17, and reside within Marion County. Respite is provided at the Homes Offering Shelter to Teens (HOST) home located at 1143 Liberty St. NE in Salem, OR. Two beds in the home are available to TOTAL, and youth may stay to up to 21 days in the program.

The program is designed to meet the needs of adolescents who have completed inpatient or residential treatment and who would benefit from a less intensive and structured “transitional” environment before returning home. Stay may also benefit youth needing a social model, milieu based environment, and is coupled with intensive outpatient mental health treatment through TOTAL or in conjunction with a youth’s current mental health provider. A Qualified Mental Health Professional (QMHP) will be available to work and plan with youth and their families.

TOTAL provides a number of services including but not limited to: access to education and skill building, independent living activities such as meal preparation, chores, and support groups, 24 hours-a-day monitoring, parent-child mediation and parent education, and weekly medication consultation. The evaluative services of a psychiatrist are also available, as well as a comprehensive discharge plan and follow up services if needed and desired. If a youth is currently enrolled with a mental health therapist, it is expected that the clinician/agency will stay in contact, be involved in the youth and family’s care and treatment, and work together with TOTAL for a positive outcome.

PROCESS AND/OR PROCEDURE:

TOTAL may be accessed by contacting Northwest Human Services at (503) 588-5825 or by contacting the TOTAL Counselor directly at (503) 588-5855. The on duty TOTAL Counselor will determine if the youth and families needs can be met by the program. Please note that the TOTAL program is not a locked facility and staff does not physically detain youth. Once a youth is admitted into the program, the TOTAL Counselor will notify the Child Services Coordinator (CSC) at Community and Provider Services (CAPS) of the admission by calling (503) 361-2701. The TOTAL Counselor will also fax an Admission Summary to the CSC at (503) 361-2782. This Summary includes, but is not limited to: reasons for admission, medications, mental health history and current clinician, and expected services to be provided and goals to be reached.