

<b>Governing Body:</b>  <b>MARION COUNTY COMMUNITY AND PROVIDER SERVICES (CAPS)</b>	<b>Function:</b>  <b>INTEGRATED DELIVERY SYSTEM (IDS) HANDBOOK</b>	
<b>Subject:</b>  <b>Safe Treatment Alternatives for Youth (STAY) Program</b>	<b>Prepared By:</b>  <b>CAPS</b>	<b>Original Date: 10/01/2007</b> <b>Revised Date:</b>

**PURPOSE AND SIGNIFICANCE:**

The Safe Treatment Alternatives for Youth (STAY) program is designed to treat youth ages five to seventeen who are experiencing acute psychiatric crisis. Youth must be on the Oregon Health Plan (OHP), capitated to the Mid-Valley Behavioral Care Network (MVBCN), and reside in Marion County. A clinician, parent or legal guardian, or the Psychiatric Crisis Center (PCC) may make referrals, however acceptance into the program is contingent upon authorization by a Child Care Coordinator (CCC). A Crisis Associate (CA) will stay in the youth’s home, and a Qualified Mental Health Professional (QMHP), also known as a STAY Counselor, will develop a plan, with the assistance of outpatient providers, family members, and other designated support persons, that facilitates transition back into the youth’s daily support system and helps alleviate the current crisis. It is important to identify and distinguish that the STAY program is a brief, usually three to seven days, therapeutic intervention. It is designed to allow youth to step back from the crisis and address issues pertinent to the crisis, and to help support the youth and family if future crisis situations arise.

Criteria for Placement: If a youth is experiencing acute crisis and is being considered for inpatient treatment due to having been deemed at-risk to harm self or others, STAY may be an appropriate referral. A youth must be experiencing acute symptoms of mental illness or anxiety due to situational stressors. It must be deemed that these symptoms can be managed within the community and without placement into a psychiatric facility.

**PROCESS AND/OR PROCEDURE:**

Access to the STAY program begins with authorization by the CCC at Community and Provider Services (CAPS) (503) 361-2701. The CCC will discuss the case; approve authorization; and further review the case with staff members at the PCC, including the Services Coordinator (503-585-4949 and the Program Coordinator (503-566-2968.) Length of stay may be up to seven days, and during that time both a treatment plan and a transition plan will be developed. Daily phone contact with outpatient providers during business days will be expected.

The STAY Counselor, a QMHP, will facilitate placements during business hours once authorization has been obtained. There will be daily face-to-face contact with both the youth and the guardian by the Crisis Associate (CA) in an effort to work toward program goals. CA’s are Qualified Mental Health Associates (QMHA) who have received on-going training in crisis management. Their job is to help carry out the Crisis Service Plan developed by the STAY Counselor, family members, or the legal guardian. CA’s will assist youth in reaching treatment

goals through the development of better coping skills, can offer support and reassurance to the youth, and be available for recreational activities. Daily phone contact with both the youth and the STAY Counselor by outpatient providers will be expected. The STAY Counselor will arrange a community transitional meeting with designated support persons, (therapists, family members, friends, teachers, etc.) with the intention of developing a community based plan that will support the client in times of need following discharge from the program. A Discharge Summary will be completed outlining progress made by the youth while in the program, and will contain suggestions and strategies for dealing with future crisis situations. This Summary will be faxed to the youth's mental health providers for review.

This program is offered by the Marion County Health Department through:

The Psychiatric Crisis Center  
1073 Oak St. SE  
Salem, OR 97301  
(503) 585-4949

Program Coordinator: (503) 566-2968

Service Coordinator: (503) 585-4949