

Summary of Service

A Benefit for You and Your Family Members Provided by Marion County



The Employee Assistance Program (EAP) is a **FREE** and **CONFIDENTIAL** benefit that can assist you and your eligible family members with any personal problems, large or small. For example, you can receive assistance with concerns such as:

- Marital conflict
- Interpersonal
- Conflict at work
- Depression or Anxiety
- Stress management
- Family relationships
- Financial/legal/consumer concerns
- Referrals to community resources
- Alcohol or drug abuse
- Grieving a loss
- Personal decision making

Intake / Assessment

Up to six (6) sessions per incident, per client, per year for problem identification, assessment, the establishment of outcome goals, recommendations, priorities and actions needed to reach goals.

"The Line"

Our anonymous information line is available to employees and dependents seeking information about general mental health and EAP services.

Listening Library

This is a series of recorded informational messages that cover a variety of topics. Access is easy. Simply dial 1-800-257-6291 or 503-620-3749 and enter the extension of the topic of interest to you.

E-Support

A live, online virtual session with an EAP Consultant designed to answer questions, assist with problem resolution, and provide advice customized to your situation. For additional information, or to set up a session, please visit www.cascadecenter.com/esupport.

Crisis Counseling

Available on a 24 hour 7 days a week basis.

Work / Family / Life

Cascade will help locate resources and information nationwide related to Eldercare, Childcare, Identity Theft, and Concierge Services.

Legal / Financial Consultations

Consultations for a variety of legal and financial matters with licensed professionals. Discounted rates are available for services that exceed limits.

Identity Theft Services

Unlimited phone consultation for identity theft recovery. Cascade also offers prevention services that provide guidance on how to minimize the risk of identity theft.

Home Ownership Program

If you are looking to buy, sell, refinance, or invest in a home, take advantage of the Home Ownership Program. This program offers a network of prescreened service providers that offer free, no obligation consultations. Also available are pre-negotiated discounts with all of these providers. Using this program, you can save substantial time and money. For your free consultation or more information about the Home Ownership Program, call 1-866-505-3244.



For Assistance Call
1-800-433-2320
www.cascadecenter.com