



Marion County

OREGON

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Contact: Kelly Martin, MPH, Immunization Coordinator, (503) 361-2791 or
Nelsa Brodie, Public Information Coordinator, (503) 566-3916

Free FluMist Vaccines Provided By Marion County at State Fair

The Marion County Health Department will be at the State Fair on Monday August 25, from 10:00 am –7:00 p.m. providing the nasal flu vaccine FluMist, for free, while supplies last.

FluMist is a needle free option for getting the flu vaccine. FluMist is appropriate for non-pregnant persons ages 2-49, who have no chronic health conditions. “August is a great time to get FluMist, one can get protection from the flu before the season begins,” explained Marion County Immunizations Coordinator Kelly Martin, MPH, “Studies have shown that FluMist can provide protection against influenza for up to one year.”

She said that FluMist is a great option for children. “It is just as effective as a shot and it is just a small painless mist administered in the nose,” she said, adding: “increasing the number of people who are vaccinated helps to prevent the spread of the flu to groups that can have very serious complications, such as seniors.”

Influenza is a serious disease with symptoms that include: fever (usually high), headache, extreme tiredness, dry cough, sore throat, runny or stuffy nose, muscle aches. Stomach symptoms, such as nausea, vomiting and diarrhea can occur but are more common in children than adults.

The Marion County FluMist booth will be located on the fairgrounds near the petting zoo. For more information, call 503-588-5342.

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Flu Facts:

- Every year in the United States, on average:

- 5% to 20% of the population gets the flu;
- More than 200,000 people are hospitalized from flu complications;
- About 36,000 people die from flu.

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