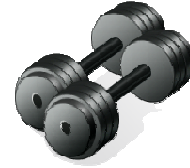




## Marion County Risk Management Health and Wellness Intern



**Position:** Unpaid internship in a Health & Wellness position

**Reports:** To the Safety & Wellness Coordinator, Risk Management

### Responsibilities:

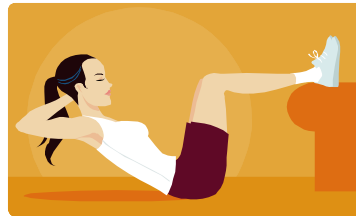
- Assist Safety & Wellness Coordinator in the implementation of health and wellness program activities for worksite population
- Assist in marketing and promotional efforts
- Input participation/registration data for wellness program activities (as requested)
- Produce group data reports on programs (as requested)
- Participate and assist in health and wellness presentations as requested (i.e. set up and take down, computer system, & equipment)
- Assist in the data entry and tracking system completed from wellness program evaluations.
- Ability to facilitate fitness assessments using ACSM protocols.

### Qualifications:

- Undergraduate academic work in health promotion, nutrition, exercise physiology, and/or fitness.
- Junior academic level or above.
- Knowledge and skills in Microsoft office products including Excel, Publisher, etc.
- Knowledge and skill set in fitness assessment using ACSM protocols preferred (i.e. blood pressure screenings, body composition, and cardiovascular testing)

### Project Student Focus:

- Create a Health Promotion/Fitness portfolio to utilize in future employment.



### Hours per week:

10-20 hours/week based on credits applied

**Start date:** January – 2009

\*\*\* Semester credits

(Document created for September 08)