



***Marion County***  
OREGON

**For immediate release:** November 30, 2009

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**Seasonal Flu Clinic Sponsored by Marion County Health and Willamette Valley  
Fire and Rescue**

Willamette Valley Fire and Rescue has partnered with Marion County Health Department to sponsor two seasonal influenza vaccine clinics on Wednesday, December 2, from 5:00pm to 8:00pm. The clinic locations are:

- Marion County Fire Station #1, 300 Cordon Rd NE, Salem
- Turner Fire Station, 7605 3<sup>rd</sup> St, Turner

The vaccine supplied by Marion County Health Department will be administered free of charge to all that qualify and will be in the form of a nasal spray. It should be noted that this is the seasonal influenza vaccine and not the H1N1 vaccine and it will not protect you from the H1N1 virus. However, it is highly recommended that people receive BOTH the seasonal influenza vaccine and the H1N1 Influenza vaccine when it becomes available.

People who qualify for the seasonal nasal spray vaccine are healthy individuals, 2-49 years of age and who are not pregnant.

People who should NOT receive the seasonal nasal spray Vaccine are:

- People less than 2 years of age
- People 50 years of age and over
- People with a medical condition that places them at high risk for complications from influenza, including those with chronic heart or lung disease, such as asthma or reactive airways disease; people with medical conditions such as diabetes or kidney failure; or people with illnesses that weaken the immune system, or who take medications that can weaken the immune system.
- Children less than 5 years old with a history of recurrent wheezing
- Children or adolescents receiving aspirin
- People with a history of Guillain-Barré Syndrome that occurred after receiving influenza vaccine
- Pregnant women
- People who have a severe allergy to chicken eggs or who are allergic to any of the nasal spray vaccine components.
- People who have had the nasal spray H1N1 vaccine or another live vaccine less than four weeks prior to December 2. Nasal spray vaccines should be spaced no less than

four weeks apart; however, there is not a time restriction between the “flu shot” and a nasal spray vaccine.

Individuals who are not eligible for the nasal spray vaccine should consult with their health care provider to see if they are eligible to receive the seasonal influenza injection.

If you have any questions regarding this seasonal influenza vaccine clinic, please call Kyle McMann at (503) 588-6526.

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