

General Guidelines for Exclusion from Schools and Child Care**

Children should be excluded from the child care setting for the following reasons:

- ❖ Child is diagnosed as having or being a carrier of a child-care restrictable disease, as defined in Department of Human Services administrative rules, OAR 333-19-0010 or has one of the following symptoms, or combination of symptoms, of illness:
- ❖ Illness that prevents the child from comfortably participating in program activities.
- ❖ Illness that results in a greater need for care than what the staff can provide without compromising the health and safety of other children.
- ❖ Fever over 100 degrees F taken under the arm, lethargy irritability, persistent crying, difficulty breathing or other signs of possible severe illness.
- ❖ Severe cough.
- ❖ Unusual yellow color to skin or eyes.
- ❖ Skin or eye lesions or rashes that are severe, weeping, or pus-filled.
- ❖ Rash with fever or behavior change, until a physician has determined that the illness is not a communicable disease.
- ❖ Diarrhea or stools that contain blood or mucus.
- ❖ Vomiting two or more times in 24 hours, unless the vomiting is determined to be caused by a noncommunicable condition and the child is not in danger of dehydration.
- ❖ Stiff neck and headache with one or more of the symptoms listed above.
- ❖ Mouth sores associated with drooling, unless the child's physician or local health department authority states that the child is noninfectious (see also, Herpes Simplex below).
- ❖ Complaints of severe pain.

** Sources- Red Book, 2006. American Academy of Pediatrics.
Control of Communicable Diseases Manual. 2000. Chin, James, MD, MPH, Editor.
Rules for Certified Family Child Care Homes, 2003

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MARION COUNTY HEALTH DEPARTMENT COMMUNICABLE DISEASE INFORMATION AND RECOMMENDATIONS 9/07

Guidelines for Exclusion for Specific Diseases

DISEASE	SYMPTOMS	INCUBATION PERIOD	TRANSMISSION/ PERIOD OF COMMUNICABILITY	SCHOOL(S) / CHILDCARE EXCLUSION/REPORTABLE **	PREVENTION
<u>AIDS</u> Acquired Immuno-deficiency Syndrome	Swollen lymph nodes, anorexia, chronic diarrhea, weight loss, fever or fatigue and opportunistic infections.	Average time is 10-11 years, from HIV infection to symptoms of AIDS.	❖ Person-to-person via blood, sexual contact or IV substance abuse (sharing needles)	❖ S – No ❖ CC – No ❖ Report – Yes	❖ No sharing of toothbrushes, razors, needles. ❖ Wear medical gloves, for wound management ❖ Clean surfaces with soap & water then disinfect (bleach 1:10) when blood is present.** (see end page) ❖ Don't recap needles.
<u>ATHLETES FOOT (fungus)</u> (Tinea pedis)	Dry, scaling or cracking of skin, or blisters usually between the toes of bottom of feet, with itching	Unknown	❖ Direct or indirect contact with skin lesions of infected person(s). ❖ As long as lesions are present and spores persist on contaminated materials.	❖ S – No ❖ CC – No ❖ Report – No	❖ Prohibit bare foot walking. ❖ Disinfect school showers. ❖ Strict personal hygiene, such as wearing clean socks daily. ❖ Recommend use of thongs in showers.

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<p><u>CHICKEN POX</u> (varicella zoster)</p>	<p>Slight fever, rash, blisters that scab over; usually begins on trunk of body.</p>	<p>2-3 weeks</p>	<ul style="list-style-type: none"> ❖ Direct contact with respiratory droplets of nose & throat or airborne. ❖ Contagious from five days before rash to six days after first crop of vesicles or when all blisters are crusted. 	<ul style="list-style-type: none"> ❖ S – Yes* ❖ CC – Yes* ❖ Report – No ❖ In the event of an outbreak, children who have not been vaccinated as required by Oregon School Immunization Law may be excluded (OAR 333-050-0100). Contact Marion County Health Department if you have questions (503) 588-5621. <p>* 6 days after onset of vesicles or until all blisters are dried and crusted.</p>	<ul style="list-style-type: none"> ❖ Use good hand washing. ❖ Cover mouth when coughing. ❖ Avoid direct contact with fluid from blisters ❖ Wash and disinfect contaminated toys ❖ Immunization
<p><u>DIARRHEAL DISEASE</u></p>	<p>Diarrhea may have blood or pus. Fever, vomiting, fatigue.</p>	<p>Variable, depending on organism.</p>	<ul style="list-style-type: none"> ❖ The germ is carried in the stool and gets into food when hands are not washed after using the toilet. ❖ Variable 	<ul style="list-style-type: none"> ❖ S – No ❖ CC – Yes <p>Symptomatic preschool children should be excluded or physically separated from other children until diagnosed. If diagnosed as having an excludable disease like E. coli or Shigella, continue exclusion until return is OK'd by the health department. Otherwise, may return after diarrhea is resolved.</p> <ul style="list-style-type: none"> ❖ <u>Report:</u> Only if a large number of students become ill. 	<ul style="list-style-type: none"> ❖ No food handling. ❖ Use good hand washing ❖ No sharing of food. ❖ Wash and disinfect contaminated toys

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<u>FIFTH DISEASE</u> (Erythema Infectiosum)	Bright red cheeks, blotchy, lace appearing rash which fades & recurs. Headache and low-grade fever may occur prior to rash. Or, may have no symptoms	4-20 days	<ul style="list-style-type: none"> ❖ Direct contact with respiratory droplets of nose & throat ❖ Contagious before rash appears ❖ Not contagious after rash appears 	<ul style="list-style-type: none"> ❖ S – No ❖ CC – No ❖ Report No 	<ul style="list-style-type: none"> ❖ Use good hand washing ❖ Cover mouth when coughing. ❖ Wash and disinfect contaminated toys
<u>GERMAN MEASLES</u> (Rubella or 3-Day measles)	Low-grade fever, headache, malaise, conjunctivitis & mild cold symptoms. Diffuse rash, swollen lymph nodes – head & neck.	14 –23 days, usually 16 –18 days	<ul style="list-style-type: none"> ❖ Droplets spread or direct contact. ❖ One week before to 4 days after rash begins. 	<ul style="list-style-type: none"> ❖ S – Yes ❖ CC – Yes ❖ Report – Yes immediately ❖ Child only allowed to return to school or childcare by statement of the Marion County Health Department (OAR 333-019-0010). 	<ul style="list-style-type: none"> ❖ Immunization ❖ Use good handwashing ❖ Cover mouth when coughing.
<u>HAND, FOOT & MOUTH DISEASE</u> (Coxsackievirus)	Sudden onset, fever, sore throat, & blister-like lesions in mouth, blistered lesions on palms, fingers & soles. May have no symptoms	3 – 5 days	<ul style="list-style-type: none"> ❖ Direct contact with respiratory droplets of nose & throat & feces. ❖ During acute stage of illness and perhaps longer as virus is in the stool for several weeks. 	<ul style="list-style-type: none"> ❖ S – No ❖ CC – No ❖ Report – No 	<ul style="list-style-type: none"> ❖ Use good hand washing especially after changing diapers or going to the toilet. ❖ Disinfect toys and surfaces
<u>HEAD LICE</u> (Pediculosis)	Itching /scratching of scalp	6 – 10 days	<ul style="list-style-type: none"> ❖ Person –to–person sharing of clothing, combs and headgear. ❖ As long as live nits and lice present. 	<ul style="list-style-type: none"> ❖ S & CC – No (health department recommends exclusion until treatment has been completed) ❖ S & CC may require nit free ❖ Report – No 	<ul style="list-style-type: none"> ❖ Don't share clothing, headgear, and combs/brushes. ❖ Screen classmates, friends, and households.

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<u>HEPATITIS A</u> (Infectious hepatitis)	Fever, headaches, fatigue, vomiting, aching, loss of appetite, dark urine, abdominal pain, clay colored stools and jaundice. Note: young children may not have symptoms.	15 – 50 days usually 3-4 weeks	<ul style="list-style-type: none"> ❖ Stool carries the virus. The virus gets into food when hands are not washed after using the toilet. ❖ Two weeks before symptoms to one week after jaundice, or two weeks after symptoms. 	<ul style="list-style-type: none"> ❖ S – Yes ❖ CC- Yes ❖ Report – Yes immediately ❖ Child only allowed to return to school or childcare by statement of the Marion County Health Department (OAR 333-019-0010). 	<ul style="list-style-type: none"> ❖ Immunization ❖ Careful hand washing with soap and water after using the toilet. ❖ No food handling. ❖ No sharing of food. ❖ Disinfect toys and surfaces
<u>HEPATITIS B</u> (Serum hepatitis)	Fever, headaches, fatigue, vomiting, aching, loss of appetite, dark urine, abdominal pain, clay colored stools and jaundice. Disease often occurs without symptoms.	45 days to 6 months	<ul style="list-style-type: none"> ❖ Direct contact with blood, sexual contact, contaminated needles. ❖ Several weeks prior to symptoms to 4 – 6 months after. ❖ 5% of adult cases have a chronic infection of many years’ duration. 	<ul style="list-style-type: none"> ❖ S – No ❖ CC – No ❖ Report – Yes 	<ul style="list-style-type: none"> ❖ Immunization ❖ Wear medical gloves for wound management. ❖ Use good hand washing ❖ Clean surfaces with soap & water then disinfect (bleach 1:10) when blood is present.** (see end page) ❖ No sharing of toothbrushes, razors or needles. ❖ Don’t recap needles

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<u>HEPATITIS C</u>	May be vague; loss of appetite, stomach discomfort, nausea, vomiting, dark urine, and jaundice may or may not occur. Chronic liver disease may occur. Disease often occurs w/o symptoms	14 days to 6 months Usually 6-9 weeks	<ul style="list-style-type: none"> ❖ Direct contact with blood, contaminated needles, syringes and “works”, especially among IV drug users. ❖ Blood transfusion prior to 1992. ❖ 1 or more weeks before symptoms; can continue indefinitely. 	<ul style="list-style-type: none"> ❖ S – No ❖ CC – No ❖ Report – Yes; acute cases. 	<ul style="list-style-type: none"> ❖ Wear medical gloves for wound management. ❖ Good hand washing ❖ Clean surfaces with soap & water then disinfect (bleach 1:10) when blood is present.** (see end page) ❖ No sharing or toothbrushes, razors or needles. ❖ Don't recap needles
<u>HERPES SIMPLEX VIRUS</u> (Cold sores/fever blisters)	Sore (blisters) erupting around mouth	2 –12 days	<ul style="list-style-type: none"> ❖ Direct contact with lesion or saliva. 	<ul style="list-style-type: none"> ❖ S – No ❖ CC –If it is a first time infection involving mouth and gums, YES. If it is a recurrent cold sore, NO. ❖ Report - No 	<ul style="list-style-type: none"> ❖ Use good hand washing. ❖ Avoid direct contact with lesions. ❖ Avoid kissing. ❖ Avoid sharing of drinking glasses.

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<u>HIV INFECTION</u> (Human Immunodeficiency Virus Infection)	May have acute flu-like or mononucleosis-like illness lasting for 1-2 weeks, often asymptomatic.	Average time 6 weeks to 3 months.	❖ Person-to-person via blood, body fluids containing visible blood, sexual contact, IV substance abuse (sharing needles)	❖ S - No ❖ CC - No ❖ Report: Yes	❖ Wear medical gloves for wound management ❖ Clean surfaces with soap & water then disinfect (bleach 1:10) when blood is present.** (see end page) ❖ Don't recap needles ❖ No sharing of toothbrushes, razors, needles.
<u>Impetigo</u>	See "Staph Skin Infections"				
<u>INFLUENZA "FLU"</u>	Fever, chills, aching, headache, fatigue, sore throat & cough. Children may have milder illness than adults.	24 – 72 hours	❖ Direct contact with respiratory droplets of nose & throat, airborne. ❖ 3-5 days after onset for adults, up to 7 for children.	❖ S - No ❖ CC - No ❖ May exclude for other reason such as fever ❖ Report: If unusual number of students absent (20% or higher).	❖ Use Good hand washing. ❖ Cover mouth when coughing & nose when sneezing ❖ Disinfect surfaces and toys ❖ Vaccine annually

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<u>MEASLES</u> (Rubeola)	Fever, conjunctivitis, cold symptoms, cough, red blotchy rash beginning on face & spreading to rest of body, white spots in mouth.	7 – 18 days, usually 10 days to fever, 14 days to rash.	<ul style="list-style-type: none"> ❖ Droplet spread, airborne or direct contact with nasal or throat secretions. ❖ Beginning of the prodromal period to 4 days after appearance of rash. 	<ul style="list-style-type: none"> ❖ S – Yes ❖ CC – Yes ❖ Report – Yes immediately ❖ Child only allowed to return to school or childcare by statement of the Marion County Health Department (OAR 333-019-0010). 	<ul style="list-style-type: none"> ❖ Immunization ❖ Use good handwashing ❖ Cover mouth when coughing.
<u>MENINGOCOCCAL DISEASE</u>	Abrupt onset fever, nausea, vomiting, headache, stiff neck, lethargy. May have blotchy, purplish, non-blanching rash.	2-10 days Average 3-4 days	<ul style="list-style-type: none"> ❖ Direct contact with respiratory droplets of nose & throat. ❖ 24 hours after treatment started. 	<ul style="list-style-type: none"> ❖ S & CC - Yes, until 24 hrs. after antibiotics. ❖ <u>Report</u> – yes within 24 hrs. 	<ul style="list-style-type: none"> ❖ Use good hand washing. ❖ Avoid sharing food & eating utensils. ❖ Cover mouth when coughing, and sneezing ❖ Wash and disinfect contaminated toys
<u>MONONUCLEOSIS</u>	Fever, sore throat, swollen lymph nodes, headache, fatigue	4 –6 weeks	<ul style="list-style-type: none"> ❖ Direct contact with saliva and respiratory droplets of nose & throat. ❖ Prolonged – up to a year or more in 20% of cases. 	<ul style="list-style-type: none"> ❖ S - No ❖ CC - No ❖ <u>Report – No</u> 	<ul style="list-style-type: none"> ❖ Use good hand washing. ❖ Avoid kissing ❖ Avoid sharing food & eating utensils. ❖ Wash and disinfect contaminated toys

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<u>MUMPS</u>	Fever, swelling & tenderness of facial & neck glands	12-25 days, usually 18.	<ul style="list-style-type: none"> ❖ Direct contact with saliva and respiratory droplets of nose & throat. ❖ Six days before gland involvement to 9 days after symptoms begin. 	<ul style="list-style-type: none"> ❖ S - Yes ❖ CC – Yes ❖ <u>Report – No</u> 	<ul style="list-style-type: none"> ❖ Immunization ❖ Use good hand washing. ❖ Cover mouth when coughing. ❖ Do not share eating utensils. ❖ Wash and disinfect contaminated toys
<u>PERTUSSIS</u>	Slow onset, irritating cough, gradually become spasms of severe coughing often followed by a high-pitched inspiratory "whoop"	6-20 days. Average 7-10 days. Rarely exceeds 14 days	<ul style="list-style-type: none"> ❖ Direct contact with respiratory droplets, and airborne ❖ From onset of cough to 3 weeks after onset of paroxysms if not treated. If treated, onset of cough to 5-7 days after treatment was started 	<ul style="list-style-type: none"> ❖ S – Yes ❖ CC – Yes ❖ Report - Yes, immediately ❖ Child only allowed to return to school or childcare by statement of the Marion County Health Department (OAR 333-019-0010). 	<ul style="list-style-type: none"> ❖ Immunization ❖ Use good hand washing ❖ Cover mouth when coughing ❖ Do not share eating utensils ❖ Wash and disinfect contaminated toys
<u>PIN WORM S</u>	Often causes no symptoms. May be anal itching, disturbed sleep, irritability & sometimes secondary infections from scratching.	2-6 weeks or more	<ul style="list-style-type: none"> ❖ Hand to anus to mouth or indirectly through clothing, bedding or food. ❖ Until medically treated. 	<ul style="list-style-type: none"> ❖ S - No ❖ CC - No ❖ Report – No 	<ul style="list-style-type: none"> ❖ Daily bathing ❖ Clean underwear & bed linens. ❖ Careful hand washing especially after using the toilet ❖ Short fingernails ❖ Wash and disinfect contaminated toys
<u>PINK EYE</u> (Conjunctivitis)	Tearing, red eyes, puffy eyelids. May be purulent discharge.	24 – 72 hours	<ul style="list-style-type: none"> ❖ Contact with discharges from the conjunctival or upper respiratory tract of infected persons through contaminated hands, clothing, etc. ❖ During course of active infection. 	<ul style="list-style-type: none"> ❖ S – No ❖ CC – No* ❖ Report – No *Exclude children with purulent conjunctivitis (red or pink eye with white or yellow eye discharge, and eye pain or redness of the eyelids or skin surrounding the eye) until cleared by a physician 	<ul style="list-style-type: none"> ❖ Careful hand washing. ❖ Keep hands away from face. ❖ Avoid sharing personal articles such as eye makeup, towels. ❖ Wash and disinfect contaminated toys

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<u>RING WORM</u> (Body) (Fungus) Tinea Corporis	Flat, spreading, ring-shaped lesions,	4 – 10 days	<ul style="list-style-type: none"> ❖ Direct or indirect contact with skin lesions, lesions of animals, contaminated floors, showers, etc. ❖ As long as lesions are present & viable 	<ul style="list-style-type: none"> ❖ S – No ❖ CC – No ❖ Report - No 	<ul style="list-style-type: none"> ❖ Use careful hand washing. ❖ Avoid sharing combs, caps or towels ❖ Check pets for loss of hair. ❖ Cover lesion ❖ Wash and disinfect contaminated toys
<u>RINGWORM</u> (Scalp) Tinea Capitis	Gray, scaling, balding patches.	10-14 days	<ul style="list-style-type: none"> ❖ Direct skin-to-skin contact or indirect contact via toilet articles or clothing. ❖ As long as lesions are present & viable. 	<ul style="list-style-type: none"> ❖ S - No ❖ CC - No ❖ Severe cases may require scalp cover. ❖ Report - No 	<ul style="list-style-type: none"> ❖ Careful hand washing ❖ Avoid sharing combs, caps or towels ❖ Daily washing of scalp ❖ Check pets for loss of hair
<u>ROSEOLA INFANTUM</u> (Exanthem Subitum)	Fever, sometimes high, lasting 3-5 days. A rash appears on trunk & then to rest of body, fades rapidly.	5 – 15 days	<ul style="list-style-type: none"> ❖ Mode transmission unknown. Peak incidence clinical disease is ages 6 mos. – 18 mos. 	<ul style="list-style-type: none"> ❖ S – No ❖ CC - No ❖ Report – No 	<ul style="list-style-type: none"> ❖ Use good handwashing
<u>RUBELLA</u> (3 Days or German measles)	Low-grade fever, headache, malaise, conjunctivitis & mild cold symptoms. Diffuse rash, swollen lymph nodes – head & neck.	14 –23 days, usually 16 –18 days	<ul style="list-style-type: none"> ❖ Droplets spread or direct contact. ❖ One week before to 4 days after rash begins. 	<ul style="list-style-type: none"> ❖ S – Yes ❖ CC – Yes ❖ Report – Yes immediately ❖ Child only allowed to return to school or childcare by statement of the Marion County Health Department (OAR 333-019-0010). 	<ul style="list-style-type: none"> ❖ Immunization ❖ Use good handwashing ❖ Cover mouth when coughing.

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<u>RUBEOLA</u> (Measles)	Fever, conjunctivitis, cold symptoms, cough, red blotchy rash beginning on face & spreading to rest of body, white spots in mouth.	7 – 18 days, usually 10 days to fever, 14 days to rash.	<ul style="list-style-type: none"> ❖ Droplet spread, airborne or direct contact with nasal or throat secretions. ❖ Beginning of the prodromal period to 4 days after appearance of rash. 	<ul style="list-style-type: none"> ❖ S – Yes ❖ CC – Yes ❖ Report – Yes immediately ❖ Child only allowed to return to school or childcare by statement of the Marion County Health Department (OAR 333-019-0010). 	<ul style="list-style-type: none"> ❖ Immunization ❖ Use good handwashing ❖ Cover mouth when coughing.
<u>SCABIES</u>	Caused by a mite that burrows under the skin and lays its eggs. Causes severe itching. Small vesicles that may be found between fingers, wrist, elbows, belt line, thighs.	2 – 6 weeks, 1 – 4 days for re-exposure.	<ul style="list-style-type: none"> ❖ Direct skin-to-skin contact or indirect by sharing of clothing. ❖ Until medically treated. 	<ul style="list-style-type: none"> ❖ S - Yes, until treated. ❖ CC – Yes, until treated. ❖ Report – No 	<ul style="list-style-type: none"> ❖ Careful hand washing. ❖ Avoid sharing clothing and personal effects. ❖ Observe close contacts for scratching. ❖ Treat entire household at the same time whenever possible
<u>SHINGLES</u> (Herpes Zoster)	Groups of blisters on either the right or left side of the body (one side or the other, not both sides). Blisters may be painful.	Not applicable	<ul style="list-style-type: none"> ❖ Person-to-person by direct contact with blisters ❖ One week after the appearance of their blisters 	<ul style="list-style-type: none"> ❖ S – Exclude only if blisters are not coverable (exclude until blisters are crusted over). ❖ CC – Exclude only if blisters are not coverable (exclude until blisters are crusted over). ❖ Report – No. 	<ul style="list-style-type: none"> ❖ Older children and staff members with shingles should be instructed to wash their hands if they touch potentially infectious blisters.
<u>STAPH SKIN INFECTIONS</u> (Boils, Impetigo, etc.)	Draining lesions, may be fever, malaise & headache.	4 – 10 days	<ul style="list-style-type: none"> ❖ Direct or indirect contact. ❖ As long as sore drains if untreated. 	<ul style="list-style-type: none"> ❖ S & CC Yes, until treated with antibiotics for 24 – 48 hours. ❖ Report – No 	<ul style="list-style-type: none"> ❖ Careful hand washing ❖ Avoid sharing towels & clothing. ❖ No food handling.
<u>STREP INFECTIONS</u> (Strep Throat) (Scarlet Fever)	Fever, nausea, sore throat & headache, (fine, red rash if scarlet fever)	1 – 3 days	<ul style="list-style-type: none"> ❖ Direct or indirect contact. ❖ Until medically treated. (Important to complete entire antibiotic regimen). 	<ul style="list-style-type: none"> ❖ S & CC Yes, until treated with antibiotics for 24 hours. ❖ Report – No 	<ul style="list-style-type: none"> ❖ Careful hand washing. ❖ Cover mouth when coughing. ❖ Wash and disinfect contaminated toys

** (Taken from OAR 333-018-0000 and OAR 333-018-0015) Each Health Care Provider knowing of or attending a case or suspected case of any of the diseases, infections, or conditions listed in OAR 333-018-0015 shall report such cases as specified. Where no Health Care Provider is in attendance, any individual knowing of such a case shall report in a similar manner. Please see <http://www.ohd.hr.state.or.us/acd/oars/div18.cfm> for more details.

MARION COUNTY HEALTH DEPARTMENT COMMUNICABLE DISEASE INFORMATION AND RECOMMENDATIONS 9/07

Guidelines for Exclusion for Specific Diseases

DISEASE	SYMPTOMS	INCUBATION PERIOD	TRANSMISSION/ PERIOD OF COMMUNICABILITY	SCHOOL(S) / CHILDCARE EXCLUSION/REPORTABLE **	PREVENTION
THRUSH (Candidiasis)	White plaques on red base in mouth, flat fiery red rash on skin	Variable 2-5 days	<ul style="list-style-type: none"> ❖ Direct contact ❖ While lesions are present ❖ Person to person transmission infrequent 	<ul style="list-style-type: none"> ❖ S- No ❖ CC- No ❖ Report- No 	<ul style="list-style-type: none"> ❖ Disinfect surfaces and toys
<u>TUBERCULOSIS</u> (active)	Cough longer than 3 weeks, unexplained weight loss, night sweats, loss of appetite, fever.	May develop weeks or years after the initial infection.	<ul style="list-style-type: none"> ❖ Airborne, Droplet. ❖ As long as infectious TB bacilli are being discharged in the sputum. 	<ul style="list-style-type: none"> ❖ S & CC - Yes ❖ Report – Yes immediately. The Oregon Administrative rules say: “Any student born in a country other than the US, Canada, Australia, New Zealand, and Western Europe shall, at time of entry into any grade from kindergarten through grade 12, present evidence of freedom from communicable TB to that school. Such evidence shall consist of a negative Mantoux tuberculin skin test or if the skin test is positive, a chest x-ray which documents freedom from communicable TB.” ❖ Child only allowed to return to school or childcare by statement of the Public Health Department (OAR 333-019-0010). 	<ul style="list-style-type: none"> ❖ Cover mouth when coughing. ❖ TB skin test of close contacts. ❖ Completion of appropriate preventative therapy or treatment of active disease.

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FOOTNOTES

Cleaning & disinfecting surfaces contaminated with blood or body fluids (Note: Staff who clean up blood/body fluids should be immunized for hepatitis B)

1. Wear disposable rubber gloves
2. Blot up excess blood or body fluid
3. Wash the area with soap and water
4. Spray the area with disinfectant solution** until it is wet and allow it to air dry.
5. Wash your hands.
6. If blood or body fluids get on your skin or in your eyes, nose or mouth, wash them out and seek medical evaluation as soon as possible.

****Disinfectant solution:**

Mix 1 part bleach + 9 parts water (e.g.- 1 oz bleach + 9 oz water)
Mix it FRESH on the day used.