



Marion County
OREGON
Health & Human Services

ALERT

**COPY AND DISTRIBUTE TO
CLINIC PROVIDERS**

To: Providers
Fax number:

From: Marion County Health & Human Services
Fax number: (503) 566-2920

Date: **5/21/21**

Regarding:
**Myocarditis or pericarditis after COVID-19
vaccination**

Phone number for follow-up: (503) 588-5621

Please share with providers including ER, cardiologists and other specialists.

The Centers for Disease Control and Prevention (CDC) and the Oregon Health Authority (OHA) are aware of reports of myocarditis following COVID-19 vaccination. In response, OHA asks that health care providers do the following:

- Consider a diagnosis of myocarditis or pericarditis in any evaluation of chest pain following COVID-19 vaccination.
- Inquire about recent COVID-19 vaccination in any patient presenting with symptoms consistent with myocarditis or pericarditis (chest pain or pressure, or shortness of breath, EKG abnormalities).
- Report such cases promptly to the U.S. Vaccine Adverse Events Reporting System (VAERS: <https://vaers.hhs.gov/reportevent.html>). It is recommended that the evaluating (not administering) provider report the incident to VAERS so that appropriate clinical details can be reported accurately.
- Report any cases that meet the criteria above to OHA in addition to VAERS; OHA can help with any details needed for reporting.

Oregon Health Authority is aware of at least six cases of myocarditis in Washington and Oregon following COVID-19 vaccination, including cases in adolescents. To support ongoing monitoring for this potential adverse event, the Oregon Health Authority asks that providers evaluate for myocarditis or pericarditis following vaccination and report any such cases promptly to VAERS. Providers are asked to report any cases with symptoms within the two weeks following vaccination, including first and second doses of vaccine.

Clinical features of myocarditis and pericarditis include chest pain or pressure, shortness of breath, electrocardiogram (EKG) changes and elevated cardiac biomarkers. Providers should elicit a detailed history including vaccination status and potential exposures to COVID-19. Patients should be tested for COVID-19 infection using a molecular (PCR) test.

Common side effects after receiving the COVID-19 vaccines include soreness at the injection site, fatigue and headache. Less common side effects include muscle aches, chills, joint pain, vomiting, and fever. Most symptoms resolve after a day or two.

Oregon 24/7 disease reporting: [971-673-1111](tel:971-673-1111)

