

Respiratory Outbreak

Report outbreaks of ill students and/or staff with the same symptom profile or lab results such as flu, RSV, COVID-19, etc. to Marion County Health & Human Services (MCHHS).

Is This A Respiratory Outbreak?

Report to us if the following occurs for at least 72 hours:

- 30% of the school is absent due to respiratory illness with a minimum of 10 students/staff absent OR
- 20% of the classroom with at least 3 students/staff absent

- How many students and/or staff are ill?
- How many total students attend the facility/cohort?
- How many total staff work in the facility/cohort?
- When did symptoms begin?
- What symptoms are present?
- Has COVID-19 or other testing been done?

What to Know When You Call

Who Do I Call?

Marion County Health & Human Services
503-588-5621



Timely communication with Marion County Health & Human Service may shorten duration of outbreak



Keep Influenza and COVID-19 Under Control



Influenza is spread by respiratory droplets from coughing and sneezing. Infected people can spread illness for up to 7 days after becoming ill.

COVID-19 is also spread by respiratory droplets. Infected people generally can spread illness from 1-2 days before symptoms start and 2-3 days after.¹ People who were hospitalized or severely immunocompromised can spread their illness for a longer period.¹

Prevention is Key!

The CDC recommends that people get vaccinated annually against influenza and stay up to date with COVID-19 vaccines.^{2,3}



Influenza/COVID symptoms to watch for: fever or chills, headache, tiredness, cough, sore throat, runny or stuffy nose, body aches, vomiting and/or diarrhea.¹

Additional symptoms to watch for with COVID-19: shortness of breath and/or new loss of taste or smell.¹

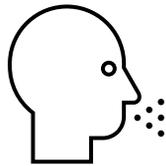
Reduce transmission by ¹⁻⁵:

- Thorough and frequent hand washing
- Covering coughs and sneezes
- Clean and disinfect commonly touched surfaces at least once daily
- Encourage staff and students to stay home when sick and get tested
- Wearing appropriate protective equipment when caring for ill persons
- Keeping ill persons in a private room away from others until they can go home and complete isolation
- Asking ill persons to wear a mask prior to going home
- Improving ventilation

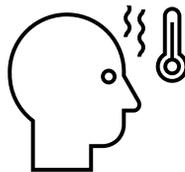


NOTICE!

We are currently experiencing cases of respiratory illness in our facility.



We are working with Marion County Health & Human Services to contain and control this contagious illness.



We are limiting visitors at this time. Please do not visit unless you are feeling well, or you have been symptom-free for at least 24 hours.



Gastrointestinal (GI) Outbreak

Is This a GI Outbreak?

A GI outbreak is two or more ill students and/or staff with the same symptom profile and/or positive test results within a short time of each other. Please call with any questions.

Report two or more ill students and/or staff with the same symptom profile and/or positive test results such as norovirus, salmonella, etc. to Marion County Health & Human Services

- How many student are ill?
- How many students attend the facility/affected class?

- How many staff members are ill?
- How many total staff work in the facility?

- When did GI symptoms begin?
- What symptoms are present?

What to Know When You Call

Who Do I Call?

Marion County Health & Human Services
503-588-5621

Timely communication with Marion County Health & Human Services may shorten duration of an outbreak



Keep Norovirus Under Control



Norovirus is spread through contact with infectious persons, their vomit and/or diarrhea, contaminated surfaces, and water or food they have contaminated.⁶ It is very infectious. You can spread it to others when you have symptoms and during the first few days after feeling better. Some people can spread it for longer.⁶

EPA Recommended Cleaners

You can find the complete list of EPA Recommended Disinfectants here: <https://www.epa.gov/pesticide-registration/selected-epa-registered-disinfectants>



What Can You Do?

Reduce transmission by ^{6,7}:

- Thorough and frequent hand washing with soap and water
- Keep ill employees and students home until symptom free for 48 hours
- Clean and disinfect bathrooms and frequently touched surfaces with [EPA-recommended cleaners](#)
- Immediately wash any soiled bed linens and clothing
- Limit visitors
- Cancel group activities and communal meals



Stool Specimen Collection

Prepare

- Wash hands before AND after specimen collection.
- Use a stool collection container or a clean, dry container with a secure (screw top) lid.

Collect

- For formed stool, put a golf-ball sized stool into the collection container.
- For loose stool, collect about a quarter to a half cup into the collection container.
- Caps should be screwed on tightly.

Label and Deliver

- Label container with the name of the person submitting specimen, date of birth, date of collection, time of collection, and both date and time of symptom onset.
- Keep container on ice or store in refrigerator until delivery. Transport specimen on ice.

Specimens should be submitted through facility provider or the individual's primary care provider unless otherwise specified by MCHHS



Marion County
OREGON

NOTICE!

We are currently experiencing cases of gastrointestinal illness in our facility.



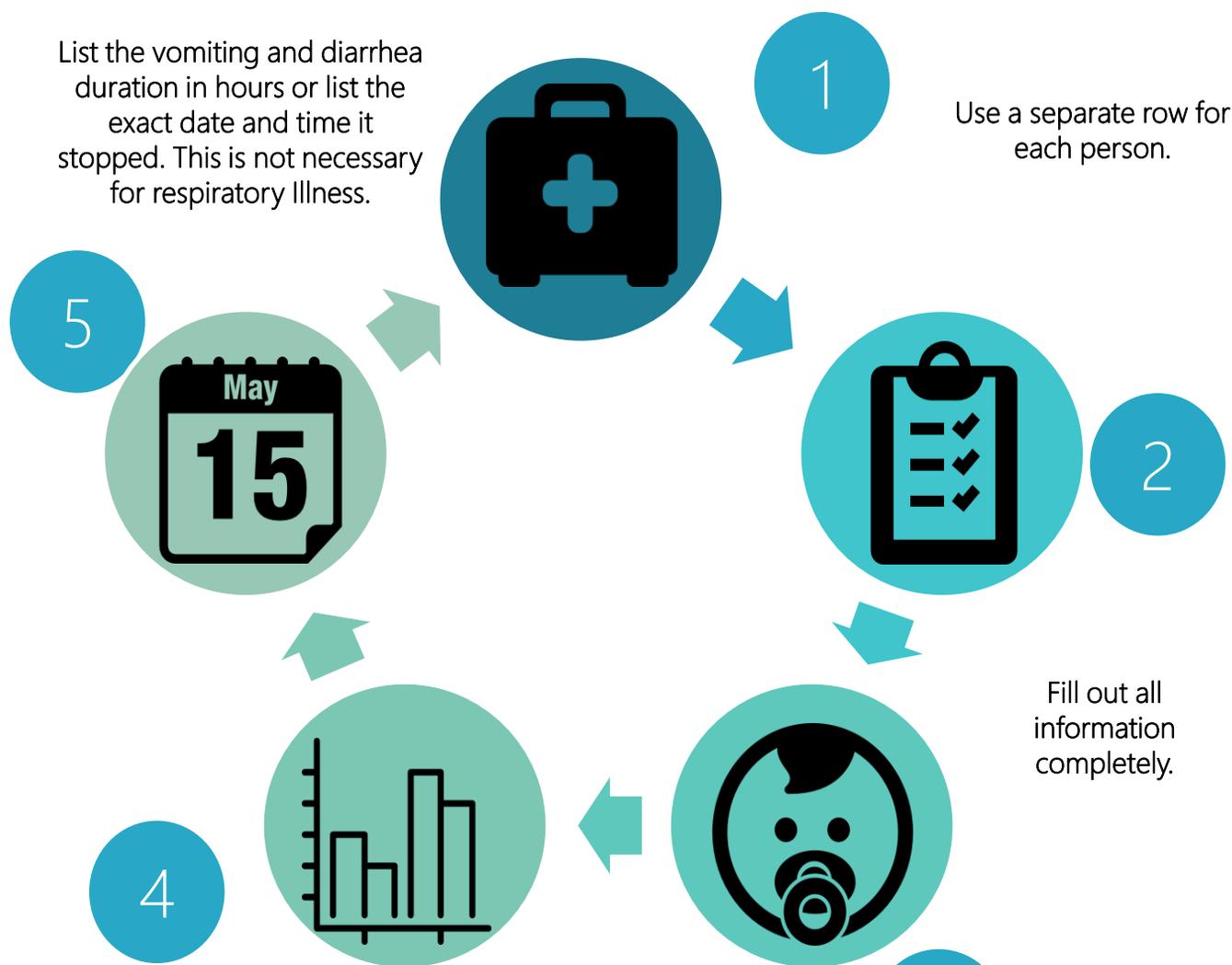
We are working with Marion County Health & Human Services to contain and control this contagious illness.



We are limiting visitors at this time, please do not visit unless you are well or have been symptom-free for 48 hours.



Filling Out The Case Log



List the vomiting and diarrhea duration in hours or list the exact date and time it stopped. This is not necessary for respiratory illness.

Use a separate row for each person.

Fill out all information completely.

It is very important to accurately list the date and the time of the onset of vomiting/diarrhea, whichever started first. Time is not necessary for respiratory illness, but please include the date.

Please give the complete name with age. Birth dates are needed for those (resident or staff) who submit stool specimens to the health department. This is useful for respiratory illness as well if they have been to their provider, ED or Urgent Care.

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Icons by: flaticon.com

Citations

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