

HEALTH (Continued)

West Salem Medical Clinic

503-378-7526
1233 Edgewater St NW
Medical services for low-income, sliding fee scale for uninsured, OHP

West Salem Mental Health Clinic

503-588-5816
1245 Edgewater St NW
Mental health services, medication assistance for 18+

West Salem Dental Clinic

503-315-0712
190 Kingwood St NW
Dental services for low-income, sliding fee scale for uninsured, OHP

Willamette Family Medical Center

503-585-6388 www.wfamilymed.org
435 Lancaster Dr NE
Sliding scale for uninsured, OHP, Spanish and Russian

HOUSING

City of Salem Housing Authority

503-588-6368 www.cityofsalem.net/sha
360 Church St SE
Housing programs for low-income individuals and families in Salem and Keizer

City of Salem HUD Apartments

503-588-6368
Call for information, subsidized apartments, contact each complex

Mano a Mano Colonia Libertad

503-315-2290
2921 Saddle Club St, Suite #1009
Housing for low-income and migrant families

Marion County Housing Authority

503-798-4170 www.housing.co.marion.or.us
2645 Portland Rd NE, Suite #200
Housing programs for low-income individuals and families in Marion County

Oxford Homes

971-218-1891 Vacancy Hotline www.oxfordvacancies.com
House membership responsible for shared household expenses, contact each house

Shangri-La

503-697-6318 www.shangrilaoregon.org
1661 Edgewater St NW
Housing assistance for people with disabilities

The ARCHES Project

503-399-9080 www.mwvcaa.org
1164 Madison St NE
Support services, case management, housing and rental assistance, tenant education for homeless individuals and families (RENT)

West Valley Housing Authority

503-623-8387 www.wvpha.org
204 SW Walnut St, Dallas
Housing programs in Polk County

LEGAL

Catholic Charities Immigration Legal Services

503-542-2855
2740 SE Powell Blvd #2, Portland
Immigration legal services to low-income immigrants and refugees

Mano a Mano Family Center

Colonia Libertad: 2921 Saddle Club St, Suite #1009, 503-315-2290
Northgate Building: 3850 Portland Rd NE, Suite #214, 503-363-1895
Free consultation with attorney, low-income, migrant

Marion Polk County Legal Aid

503-581-5265 1-800-359-1845
105 High St SE www.oregonlawhelp.org
Legal aid for low-income
New applicants Tues 9:00 a.m. - 11:00 a.m.

SHELTERS

ARCHES Drop-In Day Center

503-399-3080 www.mwvcaa.org/CRP/ARCHES_project.html
1164 Madison St NE
Sack lunches, laundry, showers, telephone access, hygiene products
Mon-Fri 9:30 a.m. - 12:30 p.m.

Center for Hope & Safety

503-399-7722 hotline 503-378-1572 Main Office
605 Center St NE www.hopeandsafety.org
Emergency shelter for domestic violence victims, advocacy, education

Community Outreach Inc. (COI)

541-758-3000 www.communityoutreachinc.org
865 NW Reiman Ave, Corvallis
Emergency shelter, transitional housing, case management, health services, daycare

NW Human Services HOAP Drop-in Center

694 Church St NE 503-588-5827
Lunch, showers, laundry, telephone access, crisis intervention, mental health support for homeless individuals ages 18+
Mon-Fri 9:00 a.m. - 2:00 p.m., 2-5 families only

NW Human Services Transitional Living Program & Drop-In

503-361-0380 (TLP) 503-588-5825 (HOST)
1143 Liberty St NE
Housing up to 18 months for ages 18-22; overnight emergency shelter for ages 11-24, street outreach, crisis intervention, family reunification

Salem Interfaith Hospitality Network

503-370-9752
1055 Edgewater St
Emergency housing for homeless families with children

Salvation Army Lighthouse Shelter

503-585-6688 www.salem.kroccenter.org
1901 Front St
Transitional housing up to 6 months for homeless men & women 18+

Simonka Place

503-362-7487
5119 River Rd N
Emergency and transitional shelter for women 18+ and children (boys under the age of 12)

Signs of Victory Family Shelter

541-928-6927
120 SE 7th St, Albany
Emergency shelter for families

St. Francis Shelter

503-588-0428 www.sfssalem.org
1820 Berry St SE
Transitional shelter for families with children and pregnant women
Office hours: Mon-Fri 10:00 a.m. - 2:00 p.m.

St. Joseph Shelter

503-845-3938 www.stjosephshelter.org
925 S. Main St, Mt. Angel
Emergency and transitional shelter for homeless families

Union Gospel Mission

503-362-3983 www.ugmsalem.org
345 Commercial St NE
An overnight shelter for homeless males ages 18+

Women at the Well Grace House

971-600-3627 www.womenatthewellgracehouse.com
1243 Peace St SE
Emergency and transitional shelter for single women ages 18+

SOCIAL SERVICES

ARCHES Project

503-399-9080 www.mwvcaa.org
1164 Madison St NE
Referral information, housing programs, case management, 18+

Boys and Girls Club Teens for Tomorrow (T3 Program)

503-602-3705 503-581-7383 (main office)
1395 Summer St NE www.bgc-salem.org
Case management, education and employment opportunities for youth

SOCIAL SERVICES (Continued)

Congregations Helping People

503-391-4365 www.chpsalem.org staff@chpsalem.org
600 State St
Resources and financial help for families, first come first serve
Mon, Wed, Thurs 9:00 a.m. - 2:00 p.m.; Tues 11:00 a.m. - 2:00 p.m.

Crisis and Information Hotline Northwest Human Services

503-581-5535 1-800-560-5535
694 Church St NE
Crisis and suicide intervention, financial assistance for rent and utilities, Cheriots day passes, food boxes, 24 hours

De Muniz Resource Center

Community Action Reentry Services (CARS)
503-990-7370 www.mwvcaa.org/CRP/reentry_services.html
3950 Aumsville Hwy SE
Assistance with transition from incarceration back to the community, case management, transportation, clothing, & connecting to resources

Department of Human Services, Self-sufficiency

Keizer: 503-373-0808 3420 Cherry Ave NE, Suite #110
North Salem: 503-378-2731 4074 Winema Pl, Bldg. 53 #100
South Salem: 503-378-6327 1185 22nd St SE

Dream Center

971-599-3166 www.salemdreamcenter.org
Help with ID, employment, SSI/SSID, housing meals
Mon-Fri 8:00 a.m. - 5:00 p.m.

MWVCAA HOME Youth & Resource Center & Drop In

503-391-6428 www.homeyouthcenter.org
625 Union St
Day shelter for youth 11-17, 18 if in school/GED program
Every day 12:00 p.m. - 7:00 p.m.

Mission Transition

503-576-4600
3878 Beverly Ave NE, Bldg. H
Case management for young adults 16-25 with mental health diagnosis

Neighbor to Neighbor

503-585-0651 www.n2nmediation.org
945 Columbia St NE n2nmediation@gmail.com
Offers free mediation services to youth and families

Salem Rainbow Youth

700 Marion St SE www.salemrainbowyouth.org
Social support for LGBTQ youth aged 21 and younger
Thursday youth group meetings 6:00 p.m. - 8:00 p.m.

Salvation Army

503-585-6688
1977 Front St
Emergency services and financial assistance as resources are available

St. Vincent de Paul

503-364-3210
3745 Portland Rd NE
Emergency services and financial assistance as resources are available

MEAL SITES

ARCHES	1164 Madison	Lunch Noon
HOAP	694 Church St NE	Lunch Noon
Salvation Army	1977 Front St	Lunch Noon
Simonka	5119 River Rd N	Breakfast, Lunch, Dinner
Union Gospel	345 Commercial St NE	Lunch Noon, Dinner 5:30

UTILITIES

Energy Assistance (Weatherization)	503-588-8491
Energy Assistance (Utilities assist.)	503-588-9016
NW Human Services	503-581-5535
Oregon Telephone Assistance	503-378-6600
Salvation Army Oregon HEAT	503-585-6688
St. Vincent de Paul	503-364-5672



S.T.E.P. PROGRAM



COMMUNITY RESOURCES



Salem-Keizer Public Schools

Students in Transition Educational Program

1309 Ferry Street SE
Salem, Oregon 97301

Phone: 503-391-4060

Fax: 503-399-3260

MENTAL HEALTH AND ADDICTION SERVICES

Alcoholics Anonymous
503-399-0599 www.AA-Salem.com
687 Cottage St NE
Support to maintain sobriety

Bridgeway
503-363-2021 www.bridgewayrecovery.com
3325 Harold Dr NE
Alcoholism information and treatment center, bilingual services

**Marion County Health Department
Alcohol & Drug Treatment Services**
503-585-4908 www.co.marion.or.us/HLT/directory.htm
2035 Davcor St SE
Alcohol and drug assessment, treatment services, counseling

New Steps Behavioral Health
503-364-9957 www.ndbh.com
3737 Portland Rd NE
Outpatient, alcohol and drug treatment for youth

Recovery Outreach Community Center (ROCC)
503-393-4273 www.roccsalem.org
1154 Madlson St NE
Drop-in center, mental health & addiction support by peers

BABY/FAMILY

Birth Right of Salem
503-585-2273 www.birthrightofsalem.org
1880 Lancaster Dr. NE, Suite #124
Diapers, maternity and baby clothes, free pregnancy tests
Mon, Tues, Thurs, Fri 10:00 a.m. - 1:00 p.m.; Wed 10:00 a.m. - 4:00 p.m.

Childcare Resource and Referral
503-585-2491 www.mwvcaa.org/CCR&R/CCR&R_home.html
2475 Center St NE ccrweb@mwvcaa.org
Childcare resources for Marion, Polk, and Yamhill counties
Office hours: Mon - Fri 8:00 a.m. - 5:00 p.m.

Family Building Blocks
503-566-2132 www.familybuildingblocks.org
2425 Lancaster Dr NE
503-363-3057
1135 Edgewater St NW
For families with children 6 weeks - 5 years old, respite care, early childhood education, clothes, food pantry, and family support

Marion County Women, Infants and Children (WIC) Nutrition Program
503-588-5057 www.co.marion.or.us/HLT/PH/WIC
1660 Oak St SE (temporary office)
Provides supplemental food, food vouchers, nutrition education, referrals to health services, counseling
Hours: Mon-Fri 8:00 a.m.. - 5:00 p.m., Tues & Wed until 7:00 p.m.

Michael the Archangel
503-581-2229 www.mtasalem.org
1725 Capitol St NE
Support services for mothers and children, diapers, formula, baby food, children and maternity clothes, free pregnancy tests
Mon 1:00 p.m.. - 3:00 p.m.; Wed 4:30 p.m. - 6:30 p.m.; Thurs & Fri 11:30 a.m. - 2:30 p.m.

Catholic Community Services Safe Families for Children
503-580-4672 www.ccsww.org/safefamiliesforchildren.html
Respite care in host homes for children whose family is experiencing crisis. No restriction of parental rights and contact with children is encouraged

Salem Alliance New Beginning Baby Boutique
503-485-0595 Call to schedule an intake appointment
1490 5th St
New and used baby and maternity clothes, bedding, other baby items

EARLY CHILDHOOD EDUCATION

Confederated Tribes of Siletz Head Start
503-393-6942
3960 Chemawa Rd NE
Early Head Start for Native American children 3-4 years old

Family Building Blocks Early Head Start
503-363-3057 503-566-2132
www.familybuildingblocks.org/ehs/index.html
2425 Lancaster Dr NE
Supports early childhood and family development for low-income pregnant women and families with children up to age 3

MWVCAA Head Start
503-581-1152 www.mwvcaa.org/CAHS/CAHS_home.html
2475 Center St NE
Preschool program serving low-income families

Oregon Child Development Coalition
503-485-0899
4611 Lancaster Dr NE
Early Head Start for Migrant and Seasonal farm workers, services for pregnant women and children to age 3

Salem-Keizer Head Start
503-399-5510 www.salkeiz.k12.or.us/parents/head-start
6580 State St SE
Child development program serving children ages 3-5

EDUCATION

Early College High School
503-365-4800
4071 Winema Pl NE, Bldg 50
Joint venture between Salem-Keizer Public Schools and Chemeketa Community College for students to complete high school diploma and earn college credit

Mid-Valley Literacy Center
503-463-1488 www.midvalleyliteracycenter.org
1850 45th Ave NE
Adult literacy, ESL, GED, pre-CNA

Roberts High School
503-399-5550
3620 State St SE
Alternative Education to complete high school diploma, provides a smaller learning environment, behavioral support, academic recovery

Roberts Downtown Learning Center (DTLC)
503-399-3421
360 Commercial St NE
Support and services to earn a GED for students ages 16-21

Roberts High School Teen Parent Program
503-399-3105 503-365-4800
4071 Winema Pl NE, Bldg 50
Smaller learning environment for teen parent/pregnant teen

Students in Transition Educational Program (S.T.E.P.)
503-391-4060
1309 Ferry St SE
Assists homeless youth in overcoming barriers to school attendance, provides transportation, school supplies, and educational advocacy

UGM Learning Centers
503-362-3983 www.ugmsalem.org
345 Commercial St NE
Tutoring, academy skills, GED and job readiness, must be enrolled in New Life Fellowship Program

Winema High School Completion
503-365-4705
4071 Winema Pl NE, Bldg 50
Structured classes are offered during the day and in the evening

EMERGENCY ASISSTANCE (Crisis)

Center for Hope & Safety 24-hour Hotline
24 hour crisis hotline, free transportation home
1-866-399-7722
Human Trafficking Hotline
1-888-373-7888
National Runaway Safeline
1-800-RUNAWAY
NW Human Services Crisis and Information Hotline
503-581-5535
Keizer Police Department (non-emergency)
503-390-3713
Salem Police Department (non-emergency)
503-588-6123
211 Community Resource Network
call 211 or 211info.org or text your zip code to 8982

EMPLOYMENT

DePaul Industries
503-856-9563
4660 Portland Road NE, Suite 108
Employment training for people with disabilities

UGM Employment & Career Services
503-362-3983 www.ugmsalem.org
345 Commercial St NE
Job readiness, resume, must be enrolled in New Life Fellowship Program

Goodwill Job Connections
503-798-9103 www.meetgoodwill.org/job-connection
3535 Lancaster Dr NE
Free job search and referral program

Job Corps
503-378-4837
605 Cottage St NE
High School or GED completion, job training for youth ages 16-24 and low-income

INCITE INC.
503-581-1002 www.inciteworks.org
626 High St NE, Suite 305
Several programs for training and career readiness for adults, support for youth ages 16-24 completing diploma or GED, gaining work experience, and earning industry credentials

Labor Ready
503-363-9577 www.laborready.com/locations/branch/1123
699 High St 1123-br@laborready.com
Assistance in seeking temporary employment

WorkSource Oregon
503-378-4846 www.worksourceoregon.org
605 Cottage St NE
Assistance to job seekers, resume building, job search, training, and career information

Employment websites:
www.indeeds.com www.idealist.org
www.snagajob.com jobs.monster.com
www.simplyhired.com/l-salem-or-jobs.html

FOOD/CLOTHING/FURNITURE

Capital Park Wesleyan Church
503-362-6626
410 19th Street SE
Food boxes- Thurs 10:00 a.m. - 1:00 p.m.; Dinner- Wed 5:30 p.m.

Helping Hands
503-364-9936 www.helpinghands-salem.org
1755 13th St SE
Free clothing, diapers, bus passes, financial assistance, employment and interview clothes by appointment
Mon-Thurs and Sat 9:00 a.m. - noon

Keizer Community Food Bank (Faith Lutheran Church)
503-393-0404
4505 River Rd N
Food boxes Mon 6:00 p.m.-7:30 p.m.; Thurs 9:00 a.m.-10:30 a.m.

FOOD/CLOTHING/FURNITURE (Continued)

Kingwood Bible Church
503-399-9600 www.kingwoodbible.net
1125 Elm St NW
Food boxes 1st & 3rd Saturday of month 10:00 a.m. - 2:00 p.m.

Mano a Mano Family Center
Colonia Libertad: 2921 Saddle Club St SE, Suite 1009
503-315-2290 Food boxes Tues - Thurs 1:00 p.m. - 5:00 p.m.
Northgate: 3850 Portland Rd NE, Suite 214
503-363-1895 Food boxes Tues - Friday 3:00 p.m. - 6:00 p.m.

Salem Adventist Community Service
503-363-8893
1860 Summer St NE
Free clothing, diapers, food boxes, and household items
Mon - Tues 10:00 a.m. - 12:00 p.m.

Salem Evangelical Church/Precious Children
503-581-0102 www.salemec.com
455 Locust St NE
Food boxes, some clothes for small children. Last two Thursdays of the month 10:00 a.m. - 12:00 p.m.

Salvation Army
503-585-6688
1977 Front St
Food boxes daily 9:00 a.m. - 12:00 p.m., financial assistance for rent, utilities, medicine, and transportation

Shared Blessings
503-364-0002 e.office@westgateag.com
1675 Wallace Rd
Food boxes and clothing every 30 days, Mon, Wed, Fri 9:00 a.m. - 11:45 a.m.

St. Vincent de Paul Society
503-364-3210 www.svdpsalem.org
3745 Portland Rd NE
Rent and utility assistance, clothing and furniture, sack lunches.
Food boxes Mon - Wed - Fri 10:00 a.m.-1:45 p.m.; Thurs 11:00 a.m. - 1:45 p.m.

The Store House (Gateway Foursquare Church)
503-364-3551 www.gateway4.com
525 Idylwood Dr SE
Clothing, hygiene and household items; 2nd & 4th Wed 2:00 p.m. - 6:00 p.m.

HEALTH

Clinical Medical Nuestra Senora de Guadalupe
503-364-5818
1495 Liberty St NE
Low cost medical care to Spanish-speaking families.

Lancaster Family Health Center
503-588-0076
3896 Beverly Ave NE, Bldg. J, Suite 40
Medical and dental services for low-income families, sliding fee scale for uninsured, OHP, Spanish and Russian

**Medical Foundation of Marion & Polk Counties
Project Access/Med Assist**
503-362-9669
4985 Battlecreek Rd SE, Suite 130
Facillitate access to medical services and resources for prescription costs

Mental Health/Counseling Clinics
503-689-1585 Call for an appointment
3850 Portland Rd NE

Polk County Free Clinic (Trinity Lutheran Church)
503-831-0551
320 SE Fir Villa Rd, Dallas
1st and 4th Saturday, 9:00 a.m. - 12:00 p.m.

Salem Free Medical Clinic
503-990-8772 www.salemfreeclinics.org
1300 Broadway St NE, Suite 104, Call for an appointment