

Health Advisory Board Tuesday, December 4, 2018 11:30-1:00

Abiqua Creek Conference Room 3180 Center St. NE Salem, OR

Facilitator: Patrick Vance Recorder: April Peacock

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| Attendees: ☑ Patrick Vance ☑ Mike Mann ☑ Treven Upkes ☑ Jacqueline Leung ☑ Earlene Camarillo ☑ Kristin Kuenz-Barber ☑ Deborah Patterson ☑ Arthur Tolan ☑ Debra Giard ☑ Cary Moller ☑ Cydney Nestor ☑ Scott Richards ☑ Katrina Rothenberger ☑ April Peacock ☑ Jenna Wyatt  Guest: ☑ Commissioner Cameron ☑ Kerryann Bouska ☑ Hannah Childress ☑ Susan McLauchlin |   |  |  |  |
| Time  | Agenda Item (Who) Information/Discussion                                      | Notes  |  |  |
| 11:30-<br>11:40   | Call to Order/Approve November 2018 HAB Minutes/Scott last HAB -Patrick Vance | The meeting was called to order at 11:35.  The November 2018 minutes were approved.  Scott Richards spoke of his upcoming retirement and his time at Marion County Health & Human Services (MCHHS).  |  |  |
| 11:40-<br>11:55   | Winter of Wellness –Jenna Wyatt   | There will be daily posts, now until January 1st, on MCHHS social media for our "Winter of Wellness". So far the topics have been self care; volunteering; highlighting community partners; food drives; warming shelter.  HAB members suggested finding things that will give people a purpose such as, watching students singing at the State Capital, looking in the newsletters of smaller Marion County communities for their events, looking in the 50 + Senior Center newsletter, contacting churches for their holiday events, contacting the Chemeketa Community College Engagement Coordinator, checking CCTV's resource list and contacting community integration teams.  Northwest Human Services shared MCHHS "Winter of Wellness" on their facebook page and the hope is that more Health Advisory Board members and community |  |  |

|                 |   | partners will like, share and comment on MCHHS facebook posts, so that the resources offered and messaging is received by the community.  If you have any suggestions or ideas for "Winter of Wellness" postings please                    |
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|                 |   | Jenna would like to tape and post a holiday video message from HAB on social media.  |
| 11:55-<br>12:30 | QPR Presentation-Susan McLauchlin & Kerryann Bouska | The QPR video used for QPR trainings was viewed.  QPR= Question, Persuade, Refer.  |
|                 |   | This is a community based training and discussion; this does not train a person to counsel someone who is feeling suicidal. This is a gatekeeper training.   |
|                 |   | QPR is now offered as an in-service training to all MCHHS staff. In Marion County the QPR training program is grant funded and began in 2009.  Group sizes should be 30 or less to better support the group. The training is               |
|                 |   | appropriate for teachers, law enforcement, students, professionals; it can be modified for any group. MCHHS offers QPR training in Spanish as well.  |
|                 |   | QPR builds knowledge and skills and increases awareness on how to listen and interrupt a person who is contemplating suicide and refer them to someone who can help them.  |
|                 |   | Moving forward the intention is to work on collaborating and building community partnerships, such as the Suicide Prevention Coalition for a greater QPR capacity in our community. There are currently 6 agencies providing QPR training. |

| 12:30-<br>12:45 | Intellectual/Developmental Disabilities Advisory Committee -Deb Patterson | Intellectual and Developmental Disabilities Advisory Committee (IDDAC) meets monthly on the 2 <sup>nd</sup> Tuesday from 8:30-10:30.   |
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|                 |   | Four members on the committee are at the end of their committee terms, 3 of the 4 do not want to return; Deb does want to continue for another term. The committee specifically needs someone from Vocational Rehab, so they know how to navigate the system clients use to find employment and the committee also needs foster parents on the committee. Please help spread the word. |
|                 |   | Staffing level for case managers is almost full. Case loads are high-for children and adults.  |
|                 |   | Oregon Needs Assessments is assessing all of the I/DD clients, which will help streamline the assessment process for the State and help manage data.   |
|                 |   | Backgrounds checks for Personal Support Workers (PSW) takes a very long time, the State processes the background checks. It can take as long as 6-8 weeks. Commissioner Cameron and Scott will follow up on this after the meeting. Cydney and HR are working on recruiting and retention for this program.  |
| 12:45-<br>12:55 | Talk around town -All   | Western Oregon University is moving towards having a Health Doctorate-it seems like they could be a natural partner for MCHHS.   |
|                 |   | Sobering Center is still in the talks between City of Salem and Marion County.   |
|                 |   | How will Marion County engage with minority groups and have representation of people of color on their Boards and Committees? This needs to be an ongoing conversation to look for solutions on how to better connect with the diverse population in Marion County.  |
| 12:55-<br>1:00  | Wrap up & adjourn-Patrick Vance   | Resend "Resilience" documentary information to HAB.  |

**Next Meeting:** January 8, 2018 from 11:30-1:00

Be sure to follow MCHHS on Facebook (@MarionCountyHealth) and Twitter (@MarionCo\_Health) to see what we're up to!