

## In Home Support

Part of The Fostering Attachment Curriculum is in home support given by skills trainers. Skills Trainers are able to:

- Offer support and ideas for particular behavioral issues
- Act as a resource for information about parenting, child development, nutrition etc.
- Teach healthy communication skills between the child and the parent
- Work with the parent to ensure that the home is safe and secure for the child

## Mental Health Counseling for Parents

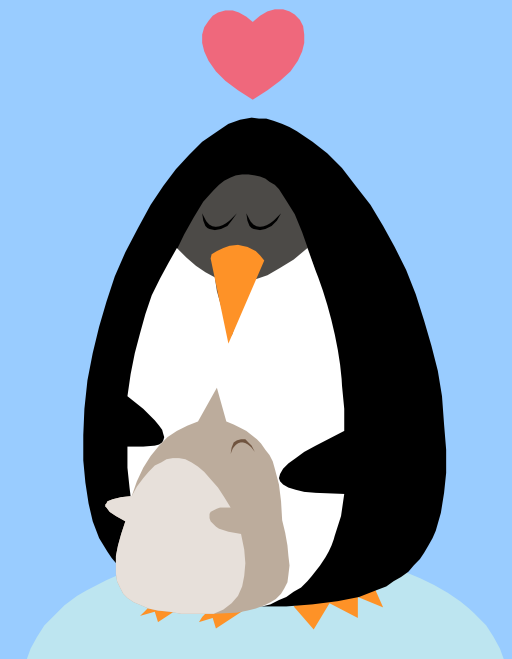
Children's Behavioral Health also offers individual mental health counseling for parents. This counseling can address issues such as depression, trauma, anxiety etc.



Children's Behavioral Health  
2421 Lancaster Dr.  
NE  
Salem, OR 97305

Phone (503) 361-2779  
[www.co.marion.or.us](http://www.co.marion.or.us)

## Children's Behavioral Health And Fostering Attachment Treatment Court



HELPING TO SUPPORT STRONG BONDS BETWEEN CHILDREN AND PARENTS.

## WELCOME

WELCOME TO MARION COUNTY CHILDREN'S BEHAVIORAL HEALTH (CBH). WE ARE PROUD TO BE PART OF FOSTERING ATTACHMENT TREATMENT COURT. ONCE YOU ARE FULLY ENGAGED IN ALCOHOL AND DRUG TREATMENT, YOU WILL BEGIN SERVICES AT CBH.

## SERVICES PROVIDED BY CBH:

- NURTURING PARENTING CLASS
- PLAY AND LEARN GROUP
- PARENT/CHILD THERAPY
- FAMILY OUTINGS (LEVELS THREE AND FOUR ONLY)

## NURTURING PARENTING CLASS

Nurturing Parenting Class is taught on a weekly basis and focuses on helping parents gain and enhance their parenting skills. Information presented in class includes discipline, health, development and communication skills.



## PLAY AND LEARN GROUP

Play and Learn Group is taught on a weekly basis (immediately following the Nurturing Parenting Class) and offers a chance for parents to use the skills that they learn in the Nurturing Parenting Class, while receiving support and guidance from CBH staff.

## PARENT-CHILD THERAPY

Parent-Child Therapy will focus on specific parenting challenges and will work to support both the parent and the child in creating a strong bond. As the needs for each family is different, Parent-Child Therapy will be tailored specifically for each family on a case by case basis. All therapy sessions are facilitated by Masters Level mental health clinician and take place at Children's Behavioral Health.

## Family Outings

Families in Levels Three and Four participate in Family Outings once a month. Family outings are activities that are created to allow parents to practice their parenting skills in "real world" settings. Upon reaching Level three, each participant will receive a flyer discussing the time and place of each outing, as well as any special instructions needed to participate in the outing.

"We never know the love of a parent, until we become parents ourselves."-Henry Ward Beecher

