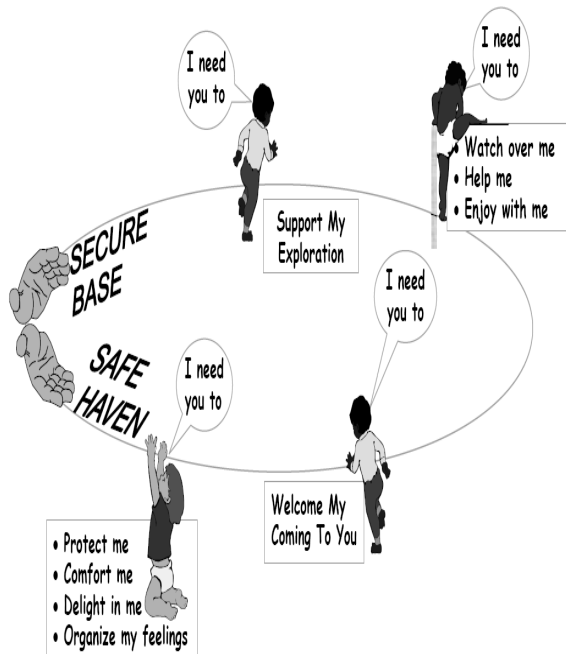


CIRCLE OF SECURITY

PARENTING CLASS SERIES



HOW CAN CIRCLE OF SECURITY® HELP YOUR CHILD?

A child with a secure attachment to their caregiver will have the ability to:

- Enjoy the importance of close relationships and to take pleasure in them
- Trust the people they love.
- Solve problems on their own and with friends.
- Have better relationships with siblings.
- Have higher self-esteem.
- Know that most problems will have an answer.
- Know how to be kind to those around them.

IS THIS A GOOD FIT FOR YOU?

AS A PARTICIPANT OF THE CIRCLE OF SECURITY PARENTING© PROGRAM YOU WILL:

- Gain knowledge about how your child's secure attachment to caregivers supports their emotional health for a lifetime.
- Learn to use the Circle of Security map to understand the basic attachment needs of you and your child.
- Learn about effective strategies for changing problematic patterns of attachment and promoting emotional well-being.
- Have the opportunity to be supported by other parents.

This program is available to parents and caregivers of children ages 9 and under. The program is offered as a 10 week group that meets once a week for the duration of the program.

If you are able to participate weekly, we would love to meet with you and talk about this opportunity.

CLASSES BEGIN April 9-June 11, 2014

Wednesday evenings: 6:00pm -7:30 pm

Interested?

Call Options Counseling at **503-390-5637**

Free Childcare Available