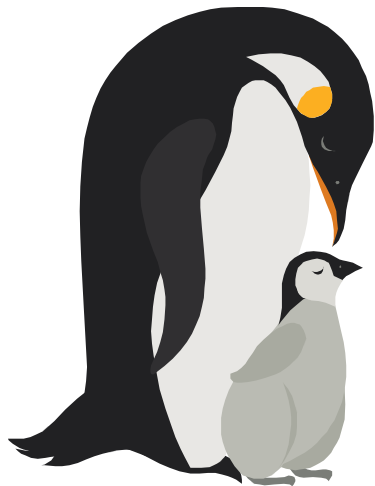


## A thought. . .

At the end of the day, the most overwhelming key to a child's success is the positive involvement of parents-  
Jane D. Hull



Upcoming groups:

All groups take place on Friday

From 2:30pm-4:30pm

March 28th-May16th

June 6th-August 1st

August 22nd-October 10th

October 24th-December 19th

Child Care provided!



For more information contact:

Jim Thomas MA, LPC

Phone: 503-588-5352

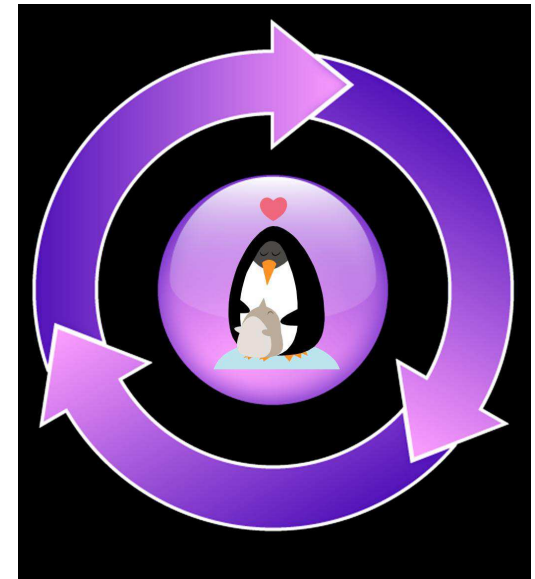
E-mail: [jthomas@co.marion.or.us](mailto:jthomas@co.marion.or.us)

3878 Beverly Ave., NE-Building H

Salem, OR 97305

Marion County  
Children's Behavioral  
Health

## Circle of Security



A program to strengthen families.

# What is circle of security?



Circle of Security Parenting is a user-friendly, visually based approach (utilizing extensive use of both graphics and video clips) to help parents better understand the needs of their children. It is based extensively upon attachment theory and current affective neuroscience. It is also a basic protocol that can be used in a variety of settings, from group sessions to family therapy to home visitation.

## What do parents learn in the training?

- The basics of attachment theory via the Circle of Security™
- Increasing parent skills in observing parent/child interactions
- Increasing capacity of the caregiver to recognize and sensitively respond to children's needs
- Supporting a process of reflective dialogue between Clinician and parent to explore both family strengths and areas of parent difficulties.
- Introducing parent to a user-friendly way to explore defensive process.



## What the experts say:

- It's theoretically grounded, evidence based, and uniquely understandable and appealing to parents
- The series is a clinically effective model that is solidly based on the most recent advances in developmental neuroscience and attachment theory.
- This intervention helps parents raise their children with love, warmth, and emotional intelligence.
- It provides a readily accessible and engaging approach to helping parents, young and old, to connect with their infants and toddlers in ways that break the old, destructive patterns of parenting.
- Circle of security helps parents heal old wounds and building new options for the next generation.