# Before Vaccination The vaccines were created quickly. How do I know they're safe?

While it may seem as though the COVID-19 vaccines were developed quickly, the fundamental science that contributed to their development has been researched for years. Additionally, in order to be approved, each of the vaccines was tested and proven to be safe and effective in tens of thousands of people. Not only are the COVID-19 vaccines safe, they are also vital in helping us outpace the novel coronavirus and prevent new, more dangerous strains.

# I've heard a lot of people get sick after getting the vaccine. Why is that?

It's true that each of the vaccines comes with common side effects, including soreness at the injection site, fatigue, headache, and in some cases, fever. These symptoms generally develop a day or two after getting the vaccination, and go away within a day or so. There is no live virus in the COVID-19 vaccines, therefore they cannot make you sick with the virus. Instead, the side effects are signs that your body is responding to the vaccine and building up the immunity it needs to protect you from COVID-19.

# If I get the vaccine, can I stop wearing a mask?

While scientists know that the COVID-19 vaccines are each highly effective in preventing serious illness from COVID-19, they do not yet know how well the vaccines prevent transmission of the virus. Because of this, it is still important to use caution after you are fully vaccinated. Unless you know the people you are with are also fully vaccinated, please continue to wear a face mask, physically distance, limit social gatherings, and stay home when you are sick until the majority of our community is vaccinated.

# If I decide to get vaccinated, how do I find an appointment?

Information about vaccine eligibility and vaccination clinics in Marion County is available on our website: COVID-19. MCHealthy.net. You can also call 2-1-1 for information and help finding an appointment. If you don't have internet access but would like an appointment, please give us a call at 503-576-2828 for assistance.

