

# Marion County Community Health Improvement Partnership Action Plan and Progress Tracking

## 2017 Action Plan



Vision:

"All people in Marion County will live, work, play, and learn in communities that support health and an optimal quality of life."



**Marion County**  
OREGON  
Health Department



**SANTIAM HOSPITAL**  
embrace HEALTH™

**Silverton Health**

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## **Executive Summary**

The Marion County Community Health Improvement Partnership (CHIP) is a countywide collaborative effort that combines the goals and objectives for the county. In 2016, a new Community Health Survey was implemented and 4 priority areas were found, early access to prenatal care, obesity prevention, smoking and depression.

A new format has been implemented for the 2016-2108 CHIP Plan bringing the communities together around the priority issue verses a regional approach. More information about the revision of the format can be found in the Community Health Improvement plan online at <http://www.co.marion.or.us/HLT/chip/Pages/default.aspx>. It's hoped that the sum of all community driven activities will impact the health of Marion County in a positive way.

The CHIP Action Plan documents actions taken-on in response to the formation of CHIP and progress made through the years. Agencies and partners represented in the CHIP Action Plan self-reported the activities they were undertaking to improve the health of their community. Therefore, not all of the agencies and partners involved in Marion County's Community Health Improvement Partnership are represented in the CHIP Action Plan.

The CHIP plan was extended in 2017 to include half of 2018 in order to start tracking data on the fiscal year. So the 2017 update include data from January 1, 2017-June 30, 2018.

## CHIP Partner: Marion County Health Department

**County goal: Prevention of Obesity, Tobacco, Depression and Access to Prenatal Care**

**Objective:** Provide data to use in monitoring progress on impacting health status indicators

Year	Strategies (Actions needed to achieve objectives)	Responsible Party	How it will be measured	Planned Measurable Outcomes (target)
2017	Provide updated data for annual plan review and revisions	MCHD Epidemiologist	Updated section in the CHIP will be shared with the Steering Committee at the first quarter meeting	<b>By December 2017:</b> The most current available data for each priority indicator will be added to the CHIP during the first quarter of each year.

### Actual Measurable Outcomes:

2017- June 2018	As of June 2018: The data included in the 2016-2018 CHIP is the data that was used by the partners for planning purposes and development of the CHIP and action/tracking plan. In future, the process for updating the data will be prompted by the end of year request for progress reports sent out by the staff responsible for managing the CHIP action/tracking plan. This will result in the first data update being added in the first quarter of 2017, prior to the first quarter Steering Committee meeting.			
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**Marion County ACCESS TO EARLY  
PRENATAL CARE  
CHIP Initiative Logic Models  
2017-June 2018**

## CHIP Partner: Prenatal Care Partner Workgroup

**County goal: To increase the proportion of Marion County women receiving early prenatal (1<sup>st</sup> trimester) care to meet or exceed the Healthy People goal of 77.9%**

**Objective:** By the end of 2017 each Prenatal Care Workgroup committee will develop one to two messages to educate providers, pregnant women and community members about the importance of first trimester prenatal care and how pregnant women can easily access it.

Year	Strategies (Actions needed to achieve objectives)	Responsible Party	Region	How it will be measured	Planned Measurable Outcomes (target)
<b>2017</b>	<b>Prenatal Work Group Members attend 4/21/17 Work Group Meeting</b>	Karen Helikson	Marion County/Polk County	Attendance at the 4/21/17 Meeting	<b>By June 30,2017:</b> At least half of the Work Group Members attend the 4/21/17 Meeting
	<b>Members select one of three committees to work in. The committees are Providers, Pregnant Women, and Overall Community</b>	Karen Helikson	Marion County/Polk County	Number of members who participate in each committee.	<b>By June 30, 2017:</b> Two or more community partners participate in their chosen committee at the workgroup meeting held on April 21, 2017.
	<b>Each Committee works on reviewing and/or developing 1-2 messages for their target population and plans to pilot the messages.</b>	Karen Helikson	Marion County/Polk County	Report from each committee on the messages reviewed and/or developed by each committee and plans to pilot the messages	By April 21, 2017 : Each committee will report which messages they have selected for their target population groups and how they plan to pilot them.
	<b>E-mail members to ask about the use of the messages at their worksite.</b>	Karen Helikson	Marion County/Polk County	# responses to e-mail from Work Group members	By May 31st, 2017: Five or more people will respond regarding their use of the messages at their worksites.
	<b>E-mail Work Group to report back how members have been using the messages at their worksites.</b>	Karen Helikson	Marion County/Polk County	E-mail is sent out to Work Group	<b>By June 15, 2017:</b> An e-mail summarizing how members are using the messages will be sent out to the group.

**Actual Measurable Outcomes:**

<p><b>2017- June 2018</b></p>	<p><b>As of June 30, 2018:</b> The Prenatal Work Group met one more time on 5/24/2018. At that time, it was shared that the Prenatal Access group would no longer be meeting and instead the work would shift to the newly developed Maternal Child Health Coalition. This coalition began on 6/21/2018. The focus of this group is to address multiple topics that effect the maternal- child population of both Marion and Polk Counties. The prenatal access topic will continue as part of this group’s work until 12/2018, when it will be determined if it is a topic that the CHIP will continue to prioritize. Progress was made in Polk County, they met the HP2020 goal this last year with 80% of the pregnant women accessing services in the first trimester. Marion County has 75% of the pregnant population meeting the goal.</p> <p>The Prenatal Access group had decided to place Oregon MothersCare posters up as a way to let pregnant women know of the OMC program and the assistance available to help enroll on OHP and access prenatal care. In Polk, those flyers were well distributed. In Marion, they only reached limited locations within the MCHHS building.</p> <p>There was a shift in facilitators for this group at the end of 2017 and work focus was redirected as explained above. At this time, no new strategies have been developed to move this work forward. The goal is to refocus on Prenatal Access at the September and October MCHC meetings and deliver focused efforts in the last few months of 2018.</p>
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## CHIP Partner: Santiam Hospital

**County goal: To increase the proportion of Marion County women receiving early prenatal (1<sup>st</sup> trimester) care to meet or exceed the Healthy People goal of 77.9%**

**Objective:** Provide prenatal education to Santiam Canyon community members

Year	Strategies (Actions needed to achieve objectives)	Responsible Party	How it will be measured	Planned Measurable Outcomes (target)
<b>2017</b>	Offer a women’s wellness booth at the Santiam Hospital Fun Run.	Santiam Hospital and Santiam Hospital Women’s Clinic	Total number of people who visit the wellness booth.	<b>June 2017:</b>  Have at least 25% of the Fun Run participants visit the booth.
	Have OBGYN Or RN’s at the booth to educate community members about prenatal care	Santiam Hospital and Santiam Hospital Women’s Clinic	Total number of people who visit the wellness booth	<b>June 2017:</b>  Have at least 25% of the Fun Run participants visit the booth
	Market and offer an event centered on women’s health and prenatal care called Mommy Baby Palooza.	Santiam Hospital and Santiam Women’s Clinic at the Salem Art Fair; Kids Court	Total number of people that visit the booth at the Art Fair	<b>August 2017:</b>  Have at least 100 people visit the booth
	Mommy Baby Palooza	Santiam Hospital and Santiam Women’s Clinic	Total number of people who visit the event who attend.	<b>August 2017:</b>  Have at least 100 community members

**Actual Measurable Outcomes:**

<b>2017- June 2018</b>	<b>In 2017:</b> Offered a booth at the Hospital Fun Run focusing on Women’s health, 25% of participants visited the booth. Promoted and held the Mommy Baby Palooza
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## CHIP Partner: Salem Health

**County goal: To increase the proportion of Marion County women receiving early prenatal (1<sup>st</sup> trimester) care to meet or exceed the Healthy People goal of 77.9%**

**Objective:** To increase the number of women receiving early prenatal care.

Year	Strategies (Actions needed to achieve objectives)	Responsible Party	How it will be measured	Planned Measurable Outcomes (target)
<b>2017</b>	<b>Patients Admitted to the ED and refer for prenatal care services</b>	Sharon H	EMR query of number of patients screened and referred	<b>By June 30, 2018</b> Number of ED Patients admitted to Salem Health and Salem Health West Valley Hospital
	<b>Screen SHMG Primary Care Patients and provide care per standard</b>	Sharon H	EMR query of number of patients receiving early prenatal care	<b>By June 30, 2018</b> Percent of Primary Care Patients receiving early prenatal care

**Actual Measurable Outcomes:**

<b>2017- June 2018</b>	As of <b>June 2018</b> : Due to staff changes updates were unavailable
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**Marion County Obesity Prevention  
CHIP Initiative Logic Models  
2017-June 2018**

## CHIP Partner: MCHD – Obesity Prevention

**County goal:** To reduce the proportion of Marion County adults who are obese to reach the Healthy People 2020 goal of <30%.

**Objective:** Provide health information, education and connect individuals with community partners while facilitating county wide programs for those that work and play in Marion County.

Year	Strategies (Actions needed to achieve objectives)	Responsible Party	How it will be measured	Planned Measurable Outcomes (target)
<b>2017</b>	CATCH Training	Sally Cook	Number of trainings  Number of partners supporting program	<b>By December 2017:</b> There will be 1 CATCH Regional Trainings hosted by the YMCA, SK School Dist and the ADA with support from Salem Health and Marion County
	Safe Route to School	Sally Cook	Number of schools where presentations were held	<b>By December 2017:</b> Safe Routes will be presented at 2 Marion County Schools.

**Actual Measurable Outcomes:**

<b>2017- June 2018</b>	<b>As of June 2018:</b> Three presentations about Safe Routes to School were held. These were at Hayesville, Bush and Auburn elementary. There was a regional CATCH training held as well as a middle school training, both of which was hosted by the YMCA
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## CHIP Partner: WVP Health Authority

**County goal:** To reduce the proportion of Marion County adults who are obese to reach the Healthy People 2020 goal of <30%.

**Objective:** Promote healthy behavior change through chronic disease self-management classes.

Year	Strategies (Actions needed to achieve objectives)	Responsible Party	How it will be measured	Planned Measurable Outcomes (target)
<b>2017</b>	Offer and Coordinate Stanford University patient education self-management workshops in Marion & Polk Counties	WVP-Lifestyle Management	Total Workshops offered; Total participants who attend classes; Total number of community partners	<b>By June 2018:</b> At least 30 workshops will be offered in Marion County (CDSMP/DSMP/CPSMP/ Tomando Control)
	Offer Jump Start Living Healthy Informational sessions on safe weight loss options	WVP Lifestyle Management and partnering provider clinics	Total sessions offered and total number of participants	<b>By June 2018:</b> At least 6 Jump Start session will be offered reaching 60 or more participants.
	Fund Training and support for Walk with Ease leaders at Santiam Hospital; Project Able, Partnering Medical Clinics.	WVP Lifestyle Management, Santiam Hospital, Project Able	Total Walk with Ease workshops and number of participants	<b>By June 2018:</b> At least 8 Walk with Ease Workshops will be offered.
	Complete accreditation with the CDC for Diabetes Prevention Program	WVP Lifestyle Management	Accreditation application received by CDC; Classes offered in the community.	<b>By June 2018:</b> At least 6 DPP workshops will be offered.
	Create and distribute healthy eating menus. Work with Salem Health on a healthy lifestyle cooking class.	WVP Lifestyle Management	Number of classes and participants.	<b>By June 2018:</b> Have 2 six week cooking classes

**Actual Measurable Outcomes:**

<b>2017- June 2018</b>	<b>As of June 30, 2018:</b> The lifestyle programs are no longer being offered.
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## CHIP Partner: Marion Polk Foodshare

**County goal:** To reduce the proportion of Marion County adults who are obese to meet or exceed the Healthy People 2020 goal of < 30 %.

**Objective:** To provide education to the community about public health issues and serve as a potential data source.

Year	Strategies (Actions needed to achieve objectives)	Responsible Party	How it will be measured	Planned Measurable Outcomes (target)
<b>2017</b>	Secure funding for the Veggie Voucher program	Foodshare staff	Number of sites offering the vouchers	<b>By December 31<sup>st</sup>, 2017:</b> One site will be providing Veggie vouchers

**Actual Measurable Outcomes:**

<b>2017- June 2018</b>	<b>As of June 2018:</b> There were two Farm share prescription sites. Grand Ronde and Lancaster Family Medical.
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## CHIP Partner: American Diabetes Association (ADA)

**County goal:** To reduce the proportion of Marion County adults who are obese to meet or exceed the Healthy People 2020 goal of < 30 %.

**Objective:** Provide data to use in monitoring progress on impacting health status indicators

Year	Strategies (Actions needed to achieve objectives)	Responsible Party	How it will be measured	Planned Measurable Outcomes (target)
2017	Host regional CATCH training	ADA	Secure funding to host a regional training and master training	<b>By December 2017:</b> Funding secured from grant with Salem Health
	Implement CATCH in preschools	Salem Health	Offer 4 classes per year for preschool training	<b>By December 2017:</b> 2 area preschools participating in CATCH

### Actual Measurable Outcomes:

2017- June 2018	<b>As of June 2018:</b> A regional training and master training was held for Catch. Catch was implemented at all YMCA Marion and Polk County sites. The grant from Salem Health was returned. Provided technical assistance at Oregon Preschool promise sites.
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## CHIP Partner: Santiam Hospital

**County goal: To reduce the proportion of Marion County adults who are obese to meet or exceed the Healthy People 2020 goal of < 30 %.**

**Objective:** Provide health education and promote healthy activities.

Year	Strategies (Actions needed to achieve objectives)	Responsible Party	How it will be measured	Planned Measurable Outcomes (target)
<b>2017</b>	Maintain a Wellness committee	Santiam Hospital Wellness Committee	Total number of meetings	<b>By December 2017:</b> Holding 6 + meetings
	Promote healthy behavior change through wellness challenges. “ 5 Weeks to 5K Challenge”	Santiam Hospital Wellness Committee	Number of employees who sign up	<b>By December 2017:</b> Have at least 25% of hospital staff participate in challenge
	Santiam Hospital Fun Run (5K Walk, 3K, 5K, and 10K Runs)	Santiam Hospital Wellness Committee	Number of employees who register	<b>By June 2017:</b> Have at least 15% of staff participate in the Fun Run Event
	Partner with WVP and market for Living Wellness Workshops	Santiam Hospital Wellness Committee	Number of workshops provided  Number of Referrals	<b>By December 2017:</b> Offer at least 3 workshops.  Receive at least 6 referrals for each workshop.
	Creating a brochure to all local runs and walk in the Santiam Canyon area. Distributing the brochure to all schools, business, and not for profits to promote healthy living and activity	Santiam Hospital Wellness Committee	Number of referrals  Number of registered participants in the community	<b>By December 2017:</b> Have at eat 100 people from the community at each event offered

**Actual Measurable Outcomes:**

<b>2017- June 2018</b>	<b>In 2017:</b> The hospital had an active Wellness Committee, hosting a fun run and other healthy behavior challenges throughout the year. Created a brochure to promote running/waling events in the area.
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## CHIP Partner: OSU Extension Service

**County goal: To reduce the proportion of Marion County adults who are obese to meet or exceed the Healthy People 2020 goal of < 30 %.**

**Objective:** Provide health information and education

Year	Strategies (Actions needed to achieve objectives)	Responsible Party	How it will be measured	Planned Measurable Outcomes (target)
<b>2017</b>	Offer at least 60 series of nutrition education classes in elementary schools	OSU Extension	Number of participants:  Pre-post survey	<b>By December 2017:</b> Increase reported vegetable intake of participants
	Conduct at least 1 school physical activity and nutrition assessment in Salem	OSU Extension	Number of assessment completed	<b>By December 2017:</b>  Increase reported physical activity of participants Assessment completed. Long term goal of 2 environmental changes.
	Offer at least 6 sessions of food preservation and/or healthy eating classes	OSU Extension	Post survey  Number of classes offered:	<b>By December 2017:</b> Increased fruit and vegetable intake will be reported.
	Provide technical assistance to Just Walk Salem Keizer in implementing walkability audits in NE Salem	OSU Extension / Just Walk Salem Keizer	Walk audits  Pre-/Post survey	<b>By December 2017:</b> Increased physical activity will be reported
	Conduct points of health asset mapping at the neighborhood level, develop walking routes, and include info in user-friendly pocket map.	WVP, Cherriots, OSU Extension Service	Maps developed  Number disseminated	<b>By December 2017:</b> Increased identification of points of health will be reported; increased physical activity will be reported
	Provide technical assistance to Just Walk Salem Keizer in implementing neighborhood-level walking groups	OSU Extension Service and steering committee members	Number of walks led  Number of walk participants	<b>By December 2017:</b> Increased physical activity will be reported

**Actual Measurable Outcomes: ( OSU EXTENTION)**

<p><b>2017- June 2018</b></p>	<p><b>As of June 30, 2018:</b></p> <p>From Jan. 2017-June 30<sup>th</sup> 2018, SNAP-Ed staff in Marion County completed 54 youth-in school nutrition education series, totaling 1,391 elementary school students. (Most likely, not all are unique students )</p> <p>Per the Annual report for FY 2017 (10/12016-9/30/2017), there were only 236 completed pre/post surveys of the 1,391 students with <u>no reported increase in vegetable intake</u>. The only statistically significant change reported was a 6% (<math>p &lt; .05</math>) increase in the number of students who reported having increased availability of fruits and vegetables at home.</p> <p>Zero School Physical Activity and Nutrition Environment Assessments (SPAN-ETs) were completed from 1/01/17-06/30/18.</p> <p>During 2017, the Marion County SNAP-Ed team was in a time of transition, experiencing a leadership change, with the new coordinator starting in 9/17.</p> <p>Held:</p> <ul style="list-style-type: none"><li>• 16 healthy cooking/eating classes; 118 contacts</li><li>• 28 food preservation classes; 325 contacts</li></ul> <p><b>Provide technical assistance to Just Walk Salem Keizer in implementing walkability audits in NE Salem.</b></p> <ul style="list-style-type: none"><li>• Twenty three Stephens Middle School Students and eight Center 50+ volunteers developed six walking routes, and conducted walkability audits on each route.</li><li>• A pre-/post-survey was given to students and seniors to help evaluate the project. Survey findings show that the project helped both students and seniors recognize factors that affect walkability, and also helped to increase communication and interaction with/between youth and seniors. To improve the project, seniors reported that the project should be shorter and have clearer expectations.</li></ul> <p><b>Conduct points of health asset mapping at the neighborhood level, develop walking routes, and include info in user-friendly pocket map.</b></p> <ul style="list-style-type: none"><li>• WanderWalks map for Grant/Highland printed by Cherriots in September 2017 (6 walking routes). Reprinted bilingual version in June 2018. Approximately 1200 maps have been disseminated.</li><li>• Helped finalize points of health and walking routes for State Street area map, to be printed Fall 2018.</li><li>• In 2017, conducted initial points of health mapping for SCAN, Morningside NA, and SEMCA NA. Walking routes developed for Morningside NA, SCAN NA, &amp; Waldo</li><li>• In 2018, conducted initial points of health mapping for Chemeketa area, Fayewright NA, and Sunnyslope NA. Developed walking routes for Chemeketa area.</li></ul> <p><b>Provide technical assistance to Just Walk Salem Keizer in implementing neighborhood-level walking groups</b></p> <p>In general, there is at least one Just Walk Salem Keizer neighborhood walk every day of the week throughout the year.</p> <ul style="list-style-type: none"><li>• <b>2017: 466 walks led; 1435 contacts</b> (Numbers are slightly lower than actual – one leader did not report info)</li><li>• <b>2018: 186 walks led; 993 contacts</b> (numbers are much lower than actual – missing data from several leaders even after multiple requests)</li></ul>
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## CHIP Partner: Salem Health

**County goal: To reduce the proportion of Marion County adults who are obese to meet or exceed the Healthy People 2020 goal of < 30 %.**

**Objective:** Provide health information, education and evidence based interventions to individuals that live work and play in Marion and Polk Counties.

Year	Strategies (Actions needed to achieve objectives)	Responsible Party	How it will be measured	Planned Measurable Outcomes (target)
2017	<b>Offer Healthy Cooking Classes in partnership with WVP</b>	Karisa Thede	Number of Classes and Participants	<b>By June 30, 2018:</b> Classes will be held no less than once each month with up to 22 participants
	<b>Host Willamette Wanderers Walking Group</b>	Karisa Thede	Number of Participants	<b>By June 30, 2018:</b> Community group meet CHEC.
	<b>Host site Just Walk Salem</b>	Sharon Heuer	Number of Walks	<b>By June 30, 2018:</b> Volunteer leaders arrange walking groups in communities across Marion and Polk Counties
	<b>Fund Boys and Girls Club Triple Play</b>	Sharon Heuer	Encounters	<b>By June 30, 2018:</b> Boys and Girls Club provide multiple opportunities for children and families to engage in healthy behaviors and learn health skills.
	<b>CHEC Weight Management: Living Well</b>	Sharon Heuer	Participants	<b>By June 30, 2018:</b> 6 series a year in Marion County/2 in Polk county
	<b>Bariatric Surgery Information Sessions</b>	Tricia Schumaker	Participants	<b>By June 30, 2018:</b> Monthly education sessions will be offered to community members.
	<b>Salem Health provides Lactation Education Support</b>	Barb Voll	Groups Educated	<b>By June 30, 2018:</b> 12 groups a month for English Speaking Moms; 4 per month for Spanish Speaking moms;

Marion County Community Health Improvement Action Plan – 2017

<b>Year</b>	<b>Strategies</b> (Actions needed to achieve objectives)	<b>Responsible Party</b>	<b>How it will be measured</b>	<b>Planned Measurable Outcomes (target)</b>
<b>2017</b>	Increase awareness of the 5210 program in the community	Skye Hubbard	Number of classes	<b>By June 30, 2018:</b> 20 Groups Educated each year
	Physical Activity Classes	Nancy Baldwin	Number of classes	<b>By June 30, 2018:</b> No less than 35 classes each week Actual: 544 classes
	Pre-Diabetes and Diabetes Education and Medical Nutrition Therapy	Karisa Thede	Number of participants	<b>By June 30, 2018:</b> Individual and group education offered every month
	Nutrition Education	Health Educators	Number of Participant	<b>By June 30, 2018:</b> 10 each year;
	Diabetes Presentations	Staff RDs	Group Education Provided upon request	<b>By June 30, 2018:</b> 20 participants per session; 6 offerings a year;
	BMI Screening	Karisa Thede	Participants	<b>By June 30,2018:</b> Complete 250 BMI screenings.
	Host CHAOS Healthy Lifestyle Series (Childhood Obesity)	Karisa Thede	Participants	<b>By June 30, 2018:</b> Hold one 12 week series- rolling
	Health Fairs with Nutrition Focus	Sharon Heuer	Events and Participants	<b>By June 30,2018:</b> Attend 12 nutrition focused health fairs.
	Obesity Prevention	Juan Leos	Number of preschools in Marion and Polk Counties implementing CATCH	<b>By June 30, 2018:</b> 5 Preschool sites added each year
	Host Bariatric Support Group	Sharon Heuer	Participants	<b>By June 30,2018:</b> Will have held 2 groups per month
	Salem Health Employee Wellness	Sharon Heuer	Number of Employees and Plan Participants	Wellness Policy and LiveWell Incentive Health Plan:

**Actual Measurable Outcomes: Salem Health Continued**

<p><b>2017- June 30, 2018</b></p>	<p><b>As of June 2018:</b> 10 Healthy cooking classes were held with 180 participants. Continued to support the Just Walk Salem Initiative by handing out materials at events. No walking site yet. Funded the Boys and Girls Club Triple Play. Due to availability the Health Living classes were not held. There were 190 Lactation Groups held. With the 5210 program 22 education sessions were held, 15 in schools and 7 at outreach events. Each week there were 25 physical activity classes held for a total of 900 for the year. 14 Nutrition outreach presentations/classes. 287 people had BMI screening. Nutrition education was provided at outreach events. Three new sites started the CATCH program. In the employee wellness program there was a 73% participation rate.</p>
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## CHIP Partner: Silverton Health

**County goal: To reduce the proportion of Marion County adults who are obese to meet or exceed the Healthy People 2020 goal of < 30 %.**

**Objective:** To provide resources as needed to help maintain a healthy work force.

Year	Strategies (Actions needed to achieve objectives)	Responsible Party	How it will be measured	Planned Measurable Outcomes (target)
2017	Worksite Wellness activities for employees	Melinda Veliz	Number of Weight Watchers classes held onsite	<b>By June 30,2018:</b> One Weight Watchers class will be held at the Silverton Hospital and Woodburn health Center for employees.

**Actual Measurable Outcomes:**

2017- June 2018	As of <b>June 30, 2018:</b> Weight Watcher classes were not able to be held on-site but employees are reimbursed for classes taken off-site.
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## CHIP Partner: Woodburn Pediatric Clinic

**County goal: To reduce the proportion of Marion County adults who are obese to meet or exceed the Healthy People 2020 goal of < 30 %.**

**Objective:** Expand healthy living programs in Northern Marion County

Year	Strategies (Actions needed to achieve objectives)	Responsible Party	How it will be measured	Planned Measurable Outcomes (target)
<b>2017</b>	Continue to offer Nutrition & Activity Classes in Partnership with OSU Extension	Kiara Yoder	Number of class sessions offered. (Each session includes 6-9 classes)  Number of families attending classes	<b>By December 2017,</b>  Offer 3 Nutrition & Activity class sessions each year.  Reach 6-8 families/session. Goal 24 Families +/-year
	Offer Wellness Challenges to Woodburn Pediatric Staff	Wellness Committee	Number of health challenges offered  Number of staff participating	<b>By December 2017:</b>  Offer 2-3 Healthy challenges ie water, limit sugar, junk food etc./year  50% WPC staff participate

**Actual Measurable Outcomes:**

<b>2017- June 2018</b>	<b>As of June 2018:</b> 5 nutrition classes were offered serving a total of 27 families. There were 2 staff health promotion challenges offered with between 50-75% participation.
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## CHIP Partner: Woodburn Health Initiative

**County goal: To reduce the proportion of Marion County adults who are obese to meet or exceed the Healthy People 2020 goal of < 30 %.**

**Objective:** To empower families in the Legion Park neighborhood to be active and eat healthier through system changes and education.

Year	Strategies (Actions needed to achieve objectives)	Responsible Party	How it will be measured	Planned Measurable Outcomes (target)
2017	Offer Zumba classes at Washington Elementary	MCHD	Number of classes  Percent of participation	<b>By December 2017:</b> Weekly classes will be held January 2017-March 2017 and in November and December 2017  Individuals will attend 35% off the classes
	Prescription for Exercise Program	Salud Medical Center and  Woodburn Pediatric Clinic	Number of Rx given  Number of Rx redeemed	<b>By December 2017:</b> The clinics will have distributed 250 prescriptions.  75 prescriptions will have been redeemed.
	Woodburn Walking	MCHD	Number of participants  Number of group walks	<b>By December 2017:</b> There will be an average of 5 people in each group  There will be bi-weekly groups April- Oct. 2017
	Legion Park	MCHD	Number of visits to the park	<b>By December 2017:</b> An estimated 35% of individuals living with .25 miles of the park will visit it.

**Actual Measurable Outcomes:**

2017- June 2018	<p><b>As of June 30,2018:</b> 258 Rxs were written to the aquatic center and to the city. The vast majority are to the aquatic center.</p> <p>2017 numbers-127 family memberships redeemed with at least 173 sessions of discounted swim lessons (a session is 10x30 minute lessons).</p> <p>For 2018: 98 family memberships redeemed with a total of 479 total members that have been included on this membership.</p> <p>Zumba classes have been held, but some challenges have arose trying to find an instructor. Currently they are held twice a week at the library.</p> <p>Walking groups have been discontinued. Legion Park is having an assessment done summer 2018 to gage number of visits.</p>
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**Marion County Tobacco Prevention  
CHIP Initiative Logic Models  
2017- June 2018**

## Chip Partner: Marion County Tobacco Prevention Program

**County goal:** To reduce the proportion of Marion County adults who use tobacco products

**Objective:** Provide technical assistance for policy adoption

Year	Strategies (Actions needed to achieve objectives)	Responsible Party	How it will be measured	Planned Measurable Outcomes (target)
2017	Strengthen Silverton’s Tobacco Retail Licensing system (raising the fee and expanding the coverage to all tobacco retailers)	Marion County TPEP	If policy is adopted or not by City of Silverton	<b>By December 2017:</b> Silverton will adopt a stronger Tobacco Retail License policy
	Promote worksite wellness-related initiatives and other evidence-based chronic disease self-management programs that support quit attempts, and promote comprehensive tobacco cessation benefits		Create a list of community partners who have received outreach, and who has implemented wellness policies/initiatives, or adopted comprehensive cessation benefits	<b>By December 2017:</b> At least two worksites will implement wellness initiatives after receiving outreach and promotion
	Work toward raising the minimum legal sales age of tobacco to 21 in one jurisdiction		If policy is adopted or not by a jurisdiction	<b>By December 2017:</b> A jurisdiction will be in initial stages of raising the minimum legal sales age of tobacco to 21

**Actual Measurable Outcomes:**

2017- June 2018	<p><b>As of June 30,2018:</b></p> <p>There has not been a TRL policy adopted in Silverton. But in January 2018 they passed a smoke free parks policy and are currently exploring expansion to the Clean Indoor Air Act policy. Currently there is no worksite wellness work occurring in the TPEP program. There was a statewide law passed that raised the minimum legal sales age of tobacco to 21years.</p>
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## CHIP Partner: Santiam Hospital

**County goal:** To reduce the proportion of Marion County adults who use tobacco products

**Objective:** Coordinate and provide smoking cessation programs to Santiam Canyon community members

Year	Strategies (Actions needed to achieve objectives)	Responsible Party	Region	How it will be measured	Planned Measurable Outcomes (target)
<b>2017</b>	Market Prescreening event from mammography's, prostate, colon, and lung cancer to the community.	Santiam Hospital and Santiam Golf Course	Santiam Canyon	Number of participants	<b>By June 2018:</b> 100 community members will attend.

**Actual Measurable Outcomes:**

<b>2017- June 2018</b>	<b>As of June 30, 2018</b> Promoted important health screenings in the community.
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## Chip Partner: Salem Health

**County goal:** To reduce the proportion of Marion County adults who use tobacco products

**Objective:** Provide health information, education and evidence based interventions to individuals that live work and play in Marion and Polk Counties.

Year	Strategies (Actions needed to achieve objectives)	Responsible Party	How it will be measured	Planned Measurable Outcomes (target)
<b>2017</b>	<b>Offer Freedom From Smoking Classes in collaboration with WVP</b>	Karisa Thede	Number of Classes and Participants	<b>By June 30, 2018:</b> Classes will be held no less than 6 times a year with up to 12 participants in each class 2 in Polk County
	<b>Increase awareness of the community wide smoking cessation resources</b>	Nancy Baldwin	Number of education and awareness events	<b>By June 30, 2018:</b> Five events each month featuring tobacco cessation.
	<b>Screen Patients Admitted to the Hospitals for Tobacco Use and Provide Cessation Resources and support</b>	Sharon Heuer	Number of Patients Screened for Tobacco Use	<b>By June 30, 2018:</b> 100% of SHMG Primary Care Patients will be screened for tobacco use and provided cessation resources and referral
	<b>Smoke Free Campus, Sidewalks and Neighboring Parks</b>	Sharon Heuer	Smoke Free Workplace Policy with financial incentives provided to Employees to remain tobacco free	<b>By June 30, 2018:</b> Salem Health Tobacco Free Workplace Policy and Live Well Health Plan will be in place.
	<b>Lung Cancer Screening Program for high risk tobacco users</b>	Andrea Petrone	Number of screenings	<b>By June 30, 2018:</b> Number of screenings will have increased.

**Actual Measurable Outcomes:**

<b>2017- June 2018</b>	<b>As of June 2018:</b> A total of 6 Freedom from Smoking classes were held in Marion and Polk county with 55 participants. Cessation materials were provided at 99 events. Reduced health premiums for smoke free affidavit and no cost cessation classes for staff/community members. For lung cancer 1099 screenings were completed 578 baseline, 521 follow-up, 5 cancer diagnosis
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**Marion County Mental Health Promotion  
CHIP Initiative Logic Models  
2017-June 2018**

## CHIP Partner: Salem Health

**County goal:** To increase the number of adults in Marion County that have had no poor mental health in the past 30 days to great than 70% and to decrease the proportion of suicides in Marion County to meet or exceed the Healthy People goal of < 10.2 suicides per 100,000.

**Objective:** Increase screening for mental health issues and increase access to resources.

Year	Strategies (Actions needed to achieve objectives)	Responsible Party	How it will be measured	Planned Measurable Outcomes (target)
<b>2017</b>	<b>Screen Patients Admitted to the ED and screened and referred for mental health services.</b>	ED	EMR query of SBIRT indicating number of patients screened and referred	<b>By June 30, 2018:</b> Number of ED Patients admitted to Salem Health and Salem Health West Valley Hospital screened.
	<b>Screen SHMG Primary Care Patients and provide care per standard</b>	SHMG	EMR query of PHQ-9 and PHQ-2 indication number of patients screened for depression	<b>By June 30, 2018:</b> Number of Primary Care Patients receiving depression screening will have increased.
	<b>Depression Screening in Community Settings</b>	CHEC	PHQ-2 added to “Know Your Number’s Screening and number of community members screened identified	<b>By June 30, 2018:</b> Number of Community member screened for depression will have increased.
	<b>Provide Mental Health First Aid Training that the CHEC Hosts Mental health fair and forum</b>	CHEC	Offer curriculum no less than 2 times a year	<b>By June 30, 2018:</b> 100% of those seeking mental health first aid training will have access to curriculum at CHEC or at other venues in the community

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	<b>Support Groups available on depression and mental health</b>	CHEC	Number of community members who attend.  NAMI, Recovery International, Depression and Bipolar support groups continue to be offered at the CHEC.	<b>By June 30, 2018</b> Support Groups will be held at least monthly with active lay leaders and participants.
	<b>Provide Mid-Valley Suicide Prevention Coalition with Cash and In-kind support</b>	CHEC	Offer PQR curriculum no less than 2 times a year	<b>By June 30, 2018:</b> 100% of those seeking suicide prevention training will have access to curriculum at CHEC or at other venues in the community

**Actual Measurable Outcomes:**

<b>2017- June 2018</b>	<p><b>As of June 30, 2018:</b></p> <p><b>84 depression screenings were completed at 4 events.</b> Mental Health First Aid Trainings held in CHEC space, Mental health fair/forum 100+ attendees Mental health connections panel with local providers/partners NAMI 21 group sessions 168 people served Recovery International 27 sessions 216 people served Depression and Bipolar 26 sessions 260 people served OCD 5 sessions 25 people Develop Mental Action 6 sessions 72 people served</p> <p>Total- 85 mental health group sessions with 741 community members served There were 4 QPR trainings with 52 in attendance.</p>
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## CHIP Partner: Marion County Mental Health

**County goal:** To increase the number of adults in Marion County that have had no poor mental health in the past 30 days to great than 70% and to decrease the proportion of suicides in Marion County to meet or exceed the Healthy People goal of < 10.2 suicides per 100,000.

**Objective:** Creation of a community work group to create a plan for achieving the goal.

Year	Strategies (Actions needed to achieve objectives)	Responsible Party	How it will be measured	Planned Measurable Outcomes (target)
2017	Engage community partners in a meeting to determine if there is interest in a long term depression workgroup.	Kerryann Bouska	Number of meetings	<b>By December 2017:</b> Hold one work group meeting to gage interest.

**Actual Measurable Outcomes:**

2017- June 2018	<b>As of June 30, 2018:</b> There was one meeting held to gage interest. It was determined that there was a large community interest in suicide prevention. This led to a community Zero Suicide forum that was attended by over 50 community leaders. As a result of this forum and the positive response, the Marion County Health and Human Services Behavioral Health Program decided to apply and recently received the Zero Suicide Grant from the state. In addition to this the Prevention program is hiring a full time employee to work on mental health promotion and suicide prevention.
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## CHIP Partner: Silverton Health

**County goal:** To increase the number of adults in Marion County that have had no poor mental health in the past 30 days to great than 70% and to decrease the proportion of suicides in Marion County to meet or exceed the Healthy People goal of < 10.2 suicides per 100,000.

**Objective:** Creation of a community work group to create a plan for achieving the goal.

Year	Strategies (Actions needed to achieve objectives)	Responsible Party	How it will be measured	Planned Measurable Outcomes (target)
<b>2017</b>	Depression screening for patients at clinics	Melinda Veliz	Increased percentage of patient screening	<b>By June 30, 2018:</b> There will be in 10% increase in the number of patients screened in the clinics.

**Actual Measurable Outcomes:**

<b>2017- June 2018</b>	As of June 30, 2018: Screening at the end of 2017 was at 67%
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