



ENVIRONMENTAL HEALTH NEWSLETTER

April, May, and June 2023

This year (2023), **SESAME** has become a major food allergen. Here are the **9** to keep in mind:



What does this mean for your business?

- Staff should know which foods on your menu contain sesame including sesame seeds, sesame oil and sesame flour.
- Staff should be aware of the following symptoms of an allergic reaction:



FOOD ALLERGY SIGNS AND SYMPTOMS



- Staff should be aware of how to protect food and food-contact surfaces from cross-contact with allergen-containing foods.



Wash, rinse, and sanitize equipment and surfaces before preparing allergy-free dishes.