



MARION COUNTY HEALTH PROMOTION SCHOOL RESOURCE GUIDE

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VAPING & TOBACCO PREVENTION

Program Coordinator email: Conor Foley, CFoley@co.marion.or.us

- Tobacco and vaping recommendations for evidence-based classroom curricula, school policies, and alternatives to suspension
- Classroom presentations (as available)
- **Recommended Resources From Outside Organizations:**
 - CATCH My Breath: Youth e-cigarette prevention program is a FREE evidence-based curriculum for grades 5-12
 - Nicotine waste disposal guide for Oregon Schools
 - INDEPTH: Alternative to suspension curriculum is FREE and evidence-based
 - This Is Quitting: from The Truth Initiative is a FREE tobacco cessation resource for teens

MENTAL HEALTH PROMOTION & SUICIDE PREVENTION

Program Coordinator email: Kelly Martin, KMartin@co.marion.or.us

- Presentations to school staff and administrators
- Technical assistance with prevention initiatives and policies
- Its Real: Teens & Mental Health- 45 minute presentation for middle & high school students
- **Recommended Resources From Outside Organizations:**
 - 988 Free Mental Health and Suicide Prevention Hotline that offers 24/7 support in multiple languages. Order FREE materials [here](#)
 - Sources of Strength: Suicide prevention program for K-12

CLIMATE & HEALTH ADAPTATION

Program Coordinator email: Michael Keuler, MKeuler@co.marion.or.us

- Technical assistance and support for environment and health community projects
- Recommended Toolkits and Curriculum include:
 - Climate & Health Youth Education Toolkit: Free APHA high school curriculum about environment, climate, and health that supports new ODE Health standards
 - Prepare with Pedro: Free multi-lingual K-3 learning series by the American Red-Cross

YOUTH DEVELOPMENT

Program Coordinator email: Marie Little MLittle@co.marion.or.us

- Technical assistance and support for youth and their adult advisors to promote youth development
- Development of leadership roles for high school students
- Assistance with awareness activities such as parent nights or other events
- Evidence-based classroom presentations
 - Sources of Strength: Suicide prevention program for 6-12

GAMBLING & GAMING HARM PREVENTION

Program Coordinator email: Heidi Johnson, HEJohnson@co.marion.or.us

- Interactive educational toolkit for grades 6-8
- Presentations and technical assistance to school staff, administrators, and parent groups
- Youth Opportunities:
 - Middle School Problem Gambling Art Search
 - Healthy Choices High School Video Contest
- **Recommended Resources From Outside Organizations:**
 - Problem Gambling Services
 - Oregon Problem Gambling Resource OPGR.org
 - Reboot & Recover: Evidence-based youth gaming and gambling education

ALCOHOL & DRUG PREVENTION

Program Coordinator email: Diana Dickey, DDickey@co.marion.or.us

- Presentations to school staff and administrators
- Technical assistance with prevention initiatives and policies
- Assistance with awareness activities such as parent nights or other events
- Guiding Good Choices Parenting Class
- Lesson plans and substance abuse resources
- Information on specific substances such as alcohol, cannabis, and opioids
- **Recommended Resources from Outside Organizations:**
 - Friends Fight Fentanyl
 - Song For Charlie-fentanyl information
 - DEA Operation Prevention for grades 3-12