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|  | WOODBURN COMMUNITY HEALTH INITIATIVE Name (optional: |

Please take a moment to help us improve your walking experience and see the impact of the Woodburn Community Health Initiative in the community.

## Demographic Information

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| --- | --- | --- |
| Age Group (select one)  Under 18  18-25  26-35 | 36-45  46-55  56-65  66+ | I identify myself as:  Female  Male  LBGT |
| Ethnicity origin / race: (Please select all that identify you) | | How would you rate our health? (select one)  Excellent  Good  Average  Poor  Bad |
| White  Hispanic or Latino  Native American | Russian  African / African American |

## Walking Plan

|  |  |  |  |
| --- | --- | --- | --- |
| How often do you plan to walk? (select one)  Once a week  Twice a week  Three to five times a week  All days | How many minutes would you plan on walking in a day? (select one)  < 30 minutes  30-45 minutes  45-60 minutes  60-90 minutes  > 90 minutes | | |
| Did you walk before joining the walking group? (e.g. walking to the store, school, park, for fun) (select one)  Yes  No  Rarely | | | |
| My primary reason for joining a walking group is: (select one) | | I prefer to walk: (select all possible options) | |
| Already walking and want to continue walking  Improve my health and be more active  Meet new people  My Medical Doctor prescribed exercise | | Morning  Afternoon  Evening | Park  In my neighborhood  Other \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |

## Safety of your neighborhood

|  |  |
| --- | --- |
| Do you know your neighbors by name or recognize their faces? (select one)  Yes  No  Few of them  Most of them  I do not have neighbors | I feel safe walking in my neighborhood? (select one)  Strongly Agree  Somewhat Agree  Neutral  Somewhat Disagree  Strongly Disagree |
| It is easy to make friends in my neighborhood? (select one)  Strongly Agree  Somewhat Agree  Neutral  Somewhat Disagree  Strongly Disagree | I feel more safe/comfortable walking with: (select one)  Only with family members or relatives  Neighbors, friends or co-workers  A mix group (family member, neighbors, new people)  Pets  No preferences |

## Additional Comments

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Thank you for your participation!

Please return this page to Yuritzy Gonzalez Pena via email [Ygonzalezpena@co.marion.or.us](mailto:Ygonzalezpena@co.marion.or.us) mail 976 N Pacific Hwy, Woodburn OR, 97071 or Fax: (503) 566-2977