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| --- | --- |
|  | WOODBURN COMMUNITY HEALTH INITIATIVEName (optional:  |

Please take a moment to help us improve your walking experience and see the impact of the Woodburn Community Health Initiative in the community.

## Demographic Information

|  |  |  |
| --- | --- | --- |
| Age Group (select one)[ ]  Under 18[ ]  18-25[ ]  26-35 | [ ]  36-45[ ]  46-55[ ]  56-65[ ]  66+ | I identify myself as:[ ]  Female[ ]  Male[ ]  LBGT |
| Ethnicity origin / race: (Please select all that identify you) | How would you rate our health? (select one)[ ]  Excellent[ ]  Good[ ]  Average[ ]  Poor[ ]  Bad |
| [ ]  White[ ]  Hispanic or Latino[ ]  Native American | [ ]  Russian[ ]  African / African American |

## Walking Plan

|  |  |
| --- | --- |
| How often do you plan to walk? (select one)[ ]  Once a week[ ]  Twice a week[ ]  Three to five times a week[ ]  All days | How many minutes would you plan on walking in a day? (select one)[ ]  < 30 minutes[ ]  30-45 minutes[ ]  45-60 minutes[ ]  60-90 minutes[ ]  > 90 minutes |
| Did you walk before joining the walking group? (e.g. walking to the store, school, park, for fun) (select one)[ ]  Yes[ ]  No[ ]  Rarely |
| My primary reason for joining a walking group is: (select one) | I prefer to walk: (select all possible options) |
| [ ]  Already walking and want to continue walking[ ]  Improve my health and be more active[ ]  Meet new people [ ]  My Medical Doctor prescribed exercise | [ ]  Morning[ ]  Afternoon[ ]  Evening | [ ]  Park[ ]  In my neighborhood[ ]  Other \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |

## Safety of your neighborhood

|  |  |
| --- | --- |
| Do you know your neighbors by name or recognize their faces? (select one)[ ]  Yes[ ]  No[ ]  Few of them[ ]  Most of them[ ]  I do not have neighbors | I feel safe walking in my neighborhood? (select one)[ ]  Strongly Agree[ ]  Somewhat Agree[ ]  Neutral[ ]  Somewhat Disagree[ ]  Strongly Disagree |
| It is easy to make friends in my neighborhood? (select one)[ ]  Strongly Agree[ ]  Somewhat Agree[ ]  Neutral[ ]  Somewhat Disagree[ ]  Strongly Disagree | I feel more safe/comfortable walking with: (select one)[ ]  Only with family members or relatives[ ]  Neighbors, friends or co-workers[ ]  A mix group (family member, neighbors, new people)[ ]  Pets[ ]  No preferences |

## Additional Comments

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Thank you for your participation!

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