



O R E G O N
Health & Human Services

Middle School Problem Gambling, Alcohol, & Drug Integration Toolkit

September 7, 2021

Dear School Personnel,

The Marion County Problem Gambling Prevention Program is pleased to announce the 2021 Problem Gambling & Behavioral Addictions Integration Toolkit. Marion County 7th and 8th grade health classes that complete the toolkit as outlined below will receive incentives for their participation.

This prevention toolkit was created to increase student education and awareness of behavioral addictions or disorders (such as Disordered Gambling) as they relate to substance use disorders. Data consistently shows that youth engaging in alcohol or marijuana consumption report gambling at higher rates. Toolkit lessons come in short 5-20 minute segments, with the intention of integrating into drug and alcohol units as teachers see fit with their curriculum.

Middle school health teachers in Marion County, Oregon who commit to participate in the educational toolkit sometime during the 2021-22 school year are eligible to receive a notebook and pencil with helpline information for each of their students receiving the lesson. Upon completion of each phase outlined below, participating teachers will also receive a \$100 gift certificate to a teacher supply company with various educational resources to support the classroom.

Toolkit Phases:

1. **Orientation:** Meet with Marion County Prevention Team staff through Zoom or in person (as allowed) to review the toolkit, answer questions, and discuss plans for use.
2. **Teach Toolkit:** Choose one. Options include teaching select lessons yourself at your own pace, bringing in a guest speaker (in person or virtually), or showing pre-recorded slides to students.
3. **Follow-Up Activity:** Choose one or more to reinforce lessons learned. Options include a take home homework activity, problem gambling art search contest, and/or integrating problem gambling into existing activity.
4. **Evaluation:** Completion of a one-page short evaluation form (online or printed), or integration of evaluation questions into unit test.

Creation of this toolkit and incentives available were made possible through one-time funding from the Oregon Health Authority's Problem Gambling Services Program. While the toolkit will be available and updated for years to come, incentives are limited and will be available on a first come, first serve basis. We strongly encourage any 7th or 8th grade health teachers in Marion County to take advantage of this opportunity.

The entire toolkit will be available online at Art.MCHealthy.net. Please contact me at MCHDPrevention@co.marion.or.us, mkeuler@co.marion.or.us or 503-991-3595 to discuss this opportunity in more detail.

King regards,
Michael Keuler

Marion County Health & Human Services
Problem Gambling Prevention Program