

What proof to bring to WIC



Each time you are screened to be on WIC, you must show proof of income, identity and residence. For information on other types of proof that WIC can accept, please call your local WIC clinic. Without proof you may get one month of benefits. You have **30 days** to show proof and get your next benefits.

Examples of proof of income

You must show **proof of all income for your entire household.**

- Oregon Health Plan (OHP) enrollment letter
- SNAP (Food Stamps) award letter
- Food Distribution Program on Indian Reservations (FDPIR) enrollment letter
- 30 days worth of current pay stubs
- Most recent W-2 forms or tax return
- Temporary Assistance to Needy Families (TANF) “Notice of Approval” or most recent “Change Notice” letter
- Foster child/parent placement letter
- Signed letter from employer stating gross earnings

Examples of proof of identity

You must show proof of identity **every time** benefits are issued.

Examples of proof for women:

- Photo ID like driver’s license, passport or state ID card
- Current WIC ID card
- Work or school ID
- OHP medical card
- Pay stubs
- Voter registration card

Examples of proof for infants and children:

- Birth certificate
- Current WIC ID card
- OHP medical ID card
- Immunization record
- Hospital birth record
- Social Security card

Examples of proof of residence

Residence means where you normally sleep at night. Proof of citizenship is not required.

- Oregon ID card or driver’s license
- Current utility bills
- Letters or notifications addressed to you
- Bank statement/bank checks
- Rent receipt

Non-discrimination statement

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotope, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992.

Submit your completed form or letter to USDA by:

- (1) mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; OR
- (2) fax: (202) 690-7442; OR
- (3) email: program.intake@usda.gov

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If you need this information in large print or an alternate format, please call 971-673-0040 or TTY 800-735-2900.