

Caddeymaha loo keeno barnaamijka WIC



Markasta la baaro in aad ku jirto WIC, waa in aad muujiso wax caddeynaya dakhligaada, aqoonsigaada iyo goobta aad deggan tahay. Wixii macluumaad kale ee caddeymo ah ee ay WIC oggolaan karaan, waxaad fadlan wacdaa xarunta WIC. Caddeyn la'aan waxaa suuragal ah in aad hesho boonooyin bil ah. Waxaad qabtaa muddo 30 cisho ah aad ku keeni karto caddeyn si aad u hesho boonooyinka xiga.

Caddeynta dakhliga

Waa inaad keentaa cadaynta dakhliga soo gala dhamaan gurigaaga.

Waa inaad keentaa cadayn ah codsiga isku diiwaan galinta mid kasta oo ka mid ah barnaamijyadani:

- Qorshaha Caafimaadka Oregon (OHP)— Shaqaale ka tirsan WIC ayaa codsiga isku diiwaan galinta OHP ka fiirin kara internet-ka
- Warqada siinta SNAP (Kaararka Cuntada)
- Barnaamijka Cunto Qaybinta ee Xarumaha Dadka Hindida Asalka ah (FDPIR)

AMA waxaad keeni kartaa:

- Qaybta dambe ee jeega lacagta ee hada
- Foomamka W-2 ama warqada cashuurta celinta
- Gargaarka ku Meel Gaarka ah ee Qoysaska Baahan (TANF) “Ogaysiinta Ogolaanshaha” ama warqadii u dambaysay ee “Ogaysiintii Isbadalka”
- Warqada meelaynta ilmaha la korsanayo/ waalidka
- Warqad saxiixan oo ka socota shirkada loo shaqeeyo oo cadaynaysa lacagta la sameeyo

Caddeynta Aqoonsiga

Waa in aad soo bandhiga caddeynta dakhliga **markasta** aad boonooyinka soo doonato.

Tusaalooyinka caddeynta haweenka:

- Waxaad aqoonsi ahaan u keeni kartaa laysanka darawalka, baasaboorka ama kaarka aqoonsiga gobolka
- Kaarka haatan ee aqoonsiga WIC
- Aqoonsiga dugsiga ama shaqada
- Kaarka aqoonsiga caafimaadka ee OHP
- Jeegagga shaqada
- Kaarka diiwaangelinta codbixiyaha

Tusaalooyinka caddeynta dhallaanka iyo carruurta:

- Dhalashada carruurta
- Kaarka haatan ee aqoonsiga WIC
- Kaarka aqoonsiga caafimaadka ee OHP
- Galka tallaalka
- Shahaadada dhalashada isbitaalka
- Dukumeentiga SNAP (Barnaamijka Gargaarka Cuntada)

Caddeynta deegaanka

Deegaanka waa goobta aad caadi ahaan jifato habeenkii ee **LAMA MID AHA** jinsiyadda.

Tusaalooyinka caddeynta degaanka

- Kaarka aqoonsiga ee Oregon ama laysanka darawalka
- Biilasha ugu dambeeyay ee korontada iyo gaaska
- Warbixinta bangiga/jeegagga bangiga
- Rasidyada kirada

Barnaamijka Waaxda Beeraha ee Maraykanka ee WIC, waxay mamnuucaysaa kala takoorida la xiriirta jinsiyada, midabka, dalka laga soo jeedo, da'da, naafanimada, iyo lab ama dhidig. Warbixin buuxda oo ku suubsan kala takoorid la'aanta ka fiiri: http://www.usda.gov/wps/portal/usda/usdahome?navtype=FT&navid=NON_DISCRIMINATION. Haddii aad doonayso in aad cabasho kala takoorida ah u gudbiso barnaamijka Xuquuqda Dadweynaha (Civil Rights), buuxi Foomka Barnaamijka Cabashada Kala takoorida ee USDA (USDA Program Discrimination Complaint Form), ee laga helo bogga internet-ka http://www.ascr.usda.gov/complaint_filing_cust.html, ama xafiis kasta oo ay leedahay USDA, ama wac (866) 632-9992 si aad u codsato foomka. Waxaad sidoo kale qori kartaa warqad ay ku jiraan dhammaan macluumaadka lagu codsaday foomka. Foomkaaga ama warqadaada cabashada ee aad buuxisay noogu soo dir boosta cinwaanka U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, SW., Washington, D.C. 20250-9410, fagaska (202) 690-7442 ama email-ka program.intake@usda.gov. Shakhsiyaadka dhagaha la'aan si fiican wax u maqli karin ama dhibaato hadal qaba waxay la xiriiri karaan USDA iyagoo isticmaalaya Adeega Gudbinta ee Dawladda Dhexe 'Federal Relay Service' (800) 877-8339; ama (800) 845-6136 (Luqada Isbaanishka). USDA waa fursad shaqo bixiye loo wada siman yahay iyo fidiye. **Haddii aad doonaysid macluumaadkan oo ah farta waaweyn, ama nooc kale ah, waxaad fadlan wacdaa 971-673-0040 ama TTY 800-735-2900.**

What proof to bring to WIC



Each time you are screened to be on WIC, you must show proof of income, identity and residence. For information on other types of proof that WIC can accept, please call your local WIC clinic. Without proof you may get one month of vouchers. You have **30 days** to show proof and get your next set of vouchers.

Proof of income

You must show **proof of all income for your entire household.**

You may show proof of enrollment in any of these programs:

- Oregon Health Plan (OHP) - WIC staff can check OHP enrollment online
- SNAP (Food Stamps) award letter
- Food Distribution Program on Indian Reservations (FDPIR)

OR you can bring:

- Current pay stubs
- W-2 forms or tax return
- Temporary Assistance to Needy Families (TANF) “Notice of Approval” or most recent “Change Notice” letter
- Foster child/parent placement letter
- Signed letter from employer stating gross earnings

Proof of identity

You must show proof of identity **every time** you pick up vouchers.

Examples of proof for women:

- Photo ID like driver’s license, passport or state ID card
- Current WIC ID card
- Work or school ID
- OHP medical card
- Pay stubs
- Voter registration card

Examples of proof for infants and children:

- Birth certificate
- Current WIC ID card
- OHP medical ID card
- Immunization record
- Hospital birth record
- SNAP (Food Stamp Program) documents

Proof of residence

Residence means where you normally sleep at night and is **NOT** the same as citizenship.

Examples of proof of residence

- Oregon ID card or driver’s license
- Current utility bills
- Bank statement/bank checks
- Rent receipt

The U.S. Department of Agriculture WIC program prohibits discrimination against its customers on the bases of race, color, national origin, age, disability, and sex. See full USDA non-discrimination statement at: http://www.usda.gov/wps/portal/usda/usdahome?navtype=FT&navid=NON_DISCRIMINATION. If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at http://www.ascr.usda.gov/complaint_filing_cust.html, or at any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at program.intake@usda.gov. Individuals who are deaf, hard of hearing, or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer. **If you need this information in large print or an alternate format, please call 971-673-0040 or TTY 800-735-2900.**