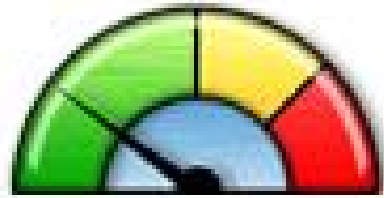


# Marion County Community Health Improvement Partnership Action Plan and Progress Tracking

## 2018 Action Plan



Marion County CHIP

Vision:

"All people in Marion County will live, work, play, and learn in communities that support health and an optimal quality of life."



**Marion County**  
OREGON  
Health Department



**Salem Health**

embrace HEALTH™  
**SANTIAM HOSPITAL**



**SILVERTON**  
MEDICAL CENTER

## Table of Contents

<b>EXECUTIVE SUMMARY.....</b>	<b>4</b>
<b>CHIP PARTNER: MARION COUNTY HEALTH DEPARTMENT .....</b>	<b>5</b>
<b>ACCESS TO EARLY PRENATAL CARE .....</b>	<b>6</b>
<b>CHIP PARTNER: PRENATAL CARE PARTNER WORKGROUP .....</b>	<b>7</b>
<b>CHIP PARTNER: WILLAMETTE VALLEY COMMUNITY HEALTH.....</b>	<b>8</b>
<b>CHIP PARTNER: SANTIAM HOSPITAL .....</b>	<b>9</b>
<b>CHIP PARTNER: SALEM HEALTH.....</b>	<b>10</b>
<b>OBESITY PREVENTION .....</b>	<b>11</b>
<b>CHIP PARTNER: MCHD – OBESITY PREVENTION.....</b>	<b>12</b>
<b>CHIP PARTNER: MARION POLK FOODSHARE .....</b>	<b>13</b>
<b>CHIP PARTNER: SANTIAM HOSPITAL .....</b>	<b>14</b>
<b>CHIP PARTNER: OSU EXTENSION SERVICE .....</b>	<b>15</b>
<b>CHIP PARTNER: WILLAMETTE VALLEY COMMUNITY HEALTH.....</b>	<b>17</b>
<b>CHIP PARTNER: SALEM HEALTH.....</b>	<b>18</b>
<b>CHIP PARTNER: LEGACY SILVERTON MEDICAL CENTER .....</b>	<b>19</b>

Marion County Community Health Improvement Action Plan – 2018

<b>CHIP PARTNER: WOODBURN PEDIATRIC CLINIC.....</b>	<b>20</b>
<b>TOBACCO PREVENTION .....</b>	<b>22</b>
<b>CHIP PARTNER: MARION COUNTY TOBACCO PREVENTION PROGRAM.....</b>	<b>23</b>
<b>CHIP PARTNER: WILLAMETTE VALLEY COMMUNITY HEALTH.....</b>	<b>24</b>
<b>CHIP PARTNER: SANTIAM HOSPITAL .....</b>	<b>26</b>
<b>CHIP PARTNER: SALEM HEALTH.....</b>	<b>27</b>
<b>DEPRESSION PREVENTION.....</b>	<b>28</b>
<b>CHIP PARTNER: SALEM HEALTH.....</b>	<b>29</b>
<b>CHIP PARTNER: MARION COUNTY MENTAL HEALTH.....</b>	<b>31</b>
<b>CHIP PARTNER: LEGACY SILVERTON MEDICAL CENTER .....</b>	<b>32</b>
<b>CHIP PARTNER: WILLAMETTE VALLEY COMMUNITY HEALTH.....</b>	<b>33</b>

## Executive Summary

The Marion County Community Health Improvement Partnership (CHIP) is a countywide collaborative effort that combines the goals and objectives for the county.

In 2016, a new Community Health Survey was implemented and 4 priority areas were found, early access to prenatal care, obesity prevention, smoking and depression.

A new format has been implemented for the 2016-2108 CHIP Plan bringing the communities together around the priority issue verses a regional approach. More information about the revision of the format can be found in the Community Health Improvement plan online at <http://www.co.marion.or.us/HLT/chip/Pages/default.aspx>. It's hoped that the sum of all community driven activities will impact the health of Marion County in a positive way.

The CHIP Action Plan documents actions taken-on in response to the formation of CHIP and progress made through the years. Agencies and partners represented in the CHIP Action Plan self-reported the activities they were undertaking to improve the health of their community. Therefore, not all of the agencies and partners involved in Marion County's Community Health Improvement Partnership are represented in the CHIP Action Plan.

## CHIP Partner: Marion County Health Department

**County goal: Prevention of Obesity, Tobacco, Depression and Access to Prenatal Care**

**Objective:** Provide data to use in monitoring progress on impacting health status indicators

Year	Strategies (Actions needed to achieve objectives)	Responsible Party	Activities	How it will be measured	Target Date for Completion	Progress (To be reported at end of year)
2018	Provide updated data for annual plan review and revisions	MCHD Epidemiologist	Gather the most current available data for each priority indicator in order to keep the CHIP updated.	Updated section in the CHIP will be shared with the Steering Committee at the first quarter meeting	December 2018	<b>December 2018:</b> Latest data had been gathered and updated.

**Marion County ACCESS TO EARLY PRENATAL CARE  
CHIP Initiative Logic Models  
2018**

## CHIP Partner: Prenatal Care Partner Workgroup

**County goal: To increase the proportion of Marion County women receiving early prenatal (1<sup>st</sup> trimester) care to meet or exceed the Healthy People goal of 77.9%**

**Objective:** Increase access of early prenatal care.

Year	Strategies (Actions needed to achieve objectives)	Responsible Party	Activities	How it will be measured	Target Date for Completion	Progress (to be completed at the end of the year)
<b>2018</b>	Restructuring the workgroup, changed to MCH Coalition	Cindy Rosscup	Developing governance and structure to the workgroup and then will determine ongoing work in a more structured, data driven and consistent format	A new plan will be developed	December 2018	<b>December 2018:</b> Maternal Health Coalition was formed June 2018. The vision and mission statements are still being worked on by the group. The group will be listening to a presentation of the CHA and CHIP in January 2019. From this data, decisions will be made for 2019's focused work. If prenatal access continues to be a Marion County priority for the new CHIP in 2019, the group will determine the work needed moving forward to address early prenatal access.

## CHIP Partner: Willamette Valley Community Health

**County goal: To increase the proportion of Marion County women receiving early prenatal (1<sup>st</sup> trimester) care to meet or exceed the Healthy People goal of 77.9%**

**Objective:** Increase access of early prenatal care.

Year	Strategies (Actions needed to achieve objectives)	Responsible Party	Activities	How it will be measured	Target Date for Completion	Progress (to be completed at the end of the year)
2018	Provide education/information on early prenatal care to women who say yes to the One Key Question screening in primary care.	WVCH, PCPs,	Discuss at TraQ	Number of clinics using One Key Question	December 2018	<b>December 2018:</b> Discussed at TraQ and CAC, number of clinics: not available at this time
	Join community efforts to promote Oregon Mothers Care	WVCH, Counties	Hand out Oregon Mothers Care information at TraQ, CAC,	TraQ minutes, CAC minutes	December 2018	Promoted at TraQ and CAC
	Begin facilitating connection between various parties supporting young parents in an effort to better coordinate services for pregnant adolescents or transitional age youth.	Polk County with support from WVCH	Once convened the group will decide on facilitation, how often to meet, and how to utilize the time to benet members and coordinate care effectively	First meeting date, attendance list showing representation	December 2018	Parent education classes in Spanish and English have begun in 2018  Dental kits housed at OB-GYN offices through partnership of Salem Clinic and Capitol Dental Care to facilitate pregnant women getting dental care



## CHIP Partner: Santiam Hospital

**County goal: To increase the proportion of Marion County women receiving early prenatal (1<sup>st</sup> trimester) care to meet or exceed the Healthy People goal of 77.9%**

**Objective:** Provide prenatal education to Santiam Canyon community members

Year	Strategies (Actions needed to achieve objectives)	Responsible Party	Activities	How it will be measured	Target Date for Completion	Progress
<b>2018</b>	Have a booth at Mommy Baby Palooza at Summer Fest	Stayton/Sublimity Chamber and Santiam Women’s Clinic & Santiam Hospital	Provide education to community members	Number of community members that visit booth	December 2018	<b>December 2018:</b>  1,200 bags filled with education materials were distributed.

## CHIP Partner: Salem Health

**County goal: To increase the proportion of Marion County women receiving early prenatal (1<sup>st</sup> trimester) care to meet or exceed the Healthy People goal of 77.9%**

**Objective:** To increase the number of women receiving early prenatal care.

Year	Strategies (Actions needed to achieve objectives)	Responsible Party	Activities	How it will be measured	Target Date for Completion	Progress
<b>2018</b>	<b>Patients Admitted to the ED and referred for prenatal care services</b>	ED	EMR query of number of patients screened and referred to clinic.	Number of ED Patients admitted to Salem Health and Salem Health West Valley Hospital	December 2018	Program is still in process. No data to report

**Marion County OBESITY PREVENTION  
CHIP Initiative Logic Models  
2018**

## CHIP Partner: MCHD – Obesity Prevention

**County goal:** To reduce the proportion of Marion County adults who are obese to reach the Healthy People 2020 goal of <30%.

**Objective:** Provide health information, education and connect individuals with community partners while facilitating county wide programs for those that work and play in Marion County.

Year	Strategies (Actions needed to achieve objectives)	Responsible Party	Activities	How it will be measured	Target Date for Completion	Progress
<b>2018</b>	Rx for Exercise	Inga Suneson	Prescriptions given to patients for exercise at the pool or sports teams	Number of prescriptions redeemed	December 2018	<b>December 2018</b>  196 prescriptions redeemed
	Park Evaluation	Insight for Action consultants/ Inga Suneson	Evaluating the usage of Legion Park	Completion of Park Evaluation	December 2018	Insight for Action created a report on the usage of Legion Park, which was higher than anticipated. Parks is using it to respond to park user desires (like better soccer facilities). Due to low tobacco use numbers, Marion County is hoping to use the data to push for tobacco free parks in Woodburn.
	Safe Routes to School	Sally Cook	Provide education to schools about Safe Routes	Number of schools participating in Safe Routes increased by two.	December 2018	Working with SRTS steering committee (new group with school district)

## CHIP Partner: Marion Polk Foodshare

**County goal:** To reduce the proportion of Marion County adults who are obese to meet or exceed the Healthy People 2020 goal of < 30 %.

**Objective:** To provide education to the community about healthy eating.

0

Year	Strategies (Actions needed to achieve objectives)	Responsible Party	Activities	How it will be measured	Target date for completion	Progress (to be reported at end of year)
<b>2018</b>	Run a RX CSA program with 2 health clinic	Marion-Polk Food Share staff	<p>Provide a farm share box weekly to enrolled patients- goal of 100 patients in Marion &amp; Polk Co.</p> <p>Provide resources on how to prepare fruits and vegetables.</p> <p>Nutrition Education classes for participants.</p>	<p>Number of participants</p> <p>Resources provided to participants.</p> <p>Number of classes</p>	Dec. 2018	<p><b>December:</b></p> <p>220 people participated in the class series.</p> <p>There was a weekly newsletter sent out with cooking tips and weekly Youth Farm food tastings.</p> <p>There were 4 class series held at one clinic in Marion County and one in Polk.</p>

## CHIP Partner: Santiam Hospital

**County goal: To reduce the proportion of Marion County adults who are obese to meet or exceed the Healthy People 2020 goal of < 30 %.**

**Objective:** Provide health education and promote healthy activities.

Year	Strategies (Actions needed to achieve objectives)	Responsible Party	Activities	How it will be measured	Target date for completion	Progress (to be reported at end of year)
<b>2018</b>	Maintain a employee wellness committee	Santiam Hospital Wellness Committee	Hold 12 meetings a year	Number of meetings	Dec. 2018	<b>December 2018:</b>  16 meetings were held
	Promote healthy behavior change through wellness challenges. “ 5 Weeks to 5K Challenge”	Santiam Hospital Wellness Committee	25% of hospital staff will participate in challenge	Percentage of employees participating	Dec. 2018	25% of employees participated in the challenge.
	Santiam Hospital Fun Run (5K Walk, 3K, 5K, and 10K Runs)	Santiam Hospital Wellness Committee	25% of staff will participate in the Fun Run	Percentage of employees participating	June 2018	25% of employees participated in the fun run
	Creating a brochure to all local runs and walk in the Santiam Canyon area. Distribute to all schools, business, & not for profits to promote healthy living & activity	Santiam Hospital Wellness Committee	Create brochure  Distribute brochure to community groups	Brochure created  Number of registered participants	Oct. 2018	Another group is planning on taking the lead on this with collaboration with the hospital.

## CHIP Partner: OSU Extension Service

**County goal: To reduce the proportion of Marion County adults who are obese to meet or exceed the Healthy People 2020 goal of < 30 %.**

**Objective:** Provide health information and education

Year	Strategies (Actions needed to achieve objectives)	Responsible Party	Activities	How it will be measured	Target date for completion	Progress (to be reported at end of year)
<b>2018</b>	Increase knowledge and use of healthy food preservation	OSU Extension staff	Hold at least 4 food preservation or health eating classes	Number of classes held	December 2018	<p><b>December 2018:</b></p> <p>1 Master Food Preserver volunteer training (8 sessions – 48hrs of training) to 11 participants</p> <p>11 community food preservation classes in Marion County (114 total participants)</p> <p>5 community food preservation classes in Polk County (27 total participants)</p> <p>3 community food preservation classes in Yamhill County (36 total participants)</p>
	Increase physical activity	OSU Extension staff	Provide TA to Just Walk Salem to implement 3 neighborhood walking groups, and at least 3 special event walks	Number of walking groups	December 2018	<p>14 once-weekly walking groups leading to over 2000 individual walks logged.</p> <p>9 special event walks, 332 participants/walkers</p>

Marion County Community Health Improvement Action Plan – 2018

	Increase physical activity	OSU Extension staff	Support 1 new WanderWalk map including points of health and walking routes	Number of maps developed	December 2018	Grant/Highland WanderWalk map was reprinted to be bilingual.  State Street WanderWalk map was printed this Fall.  Edgewater/West Salem currently being formatted.
	Conduct nutrition and activity assessment at 1 elementary schools	OSU Extension staff	Conduct assessment at one elementary school	Report complete	Dec. 2018	Conducted assessment at 2 elementary schools. Results will be shared with schools' staff in January or early February 2019.
	Increase health eating knowledge in elementary students	OSU Extension staff	Hold 8 education series in schools	Number of series held	Dec. 2018	Nutrition education series were postponed to January 1. The same # of series will occur between January and May.
	Increase activity in the classroom	OSU Extension staff	Train 5 school staff in how to increase physical activity in the classroom	Number of staff trained	Dec. 2018	Trained 20 school staff on how to utilize a classroom-based physical activity toolkit to increase Moderate-to-Vigorous Activity (MVPA) for students
	Engage parents in healthy eating and nutrition	OSU Extension staff	Fall intern will research and compile best practice strategies in a literature review	Strategies on how to increase parent engagement identified.	Dec. 2018	Fall intern completed annotated bibliography.



## CHIP Partner: Willamette Valley Community Health

**County goal: To reduce the proportion of Marion County adults who are obese to meet or exceed the Healthy People 2020 goal of < 30 %.**

**Objective:** Provide health information, education and evidence based interventions to individuals that live work and play in Marion and Polk Counties.

Year	Strategies (Actions needed to achieve objectives)	Responsible Party	Activities	How it will be measured	Target date for completion	Progress (to be reported at end of year)
<b>2018</b>	Compile and Promote existing obesity resources-highlighting Weight Management and Health Lifestyle resources available to WVCH members	WVCH, WVP, PCPs				<b>December:</b>  Promoted through the YMCA, 5210 participating clinics and agencies, through the Marion-Polk Early Learning Hub, and the Community Health Education Center at Salem Health.
	Explore partnership opportunities with local food pantry for “food prescription program.”	WVCH, Marion/Polk Food Share, OSU Extension, PCPs	Connect with current food prescription programs, connect interested clinics with resources	New food prescription programs in the WVCH region	December 2018	Northwest Human Services has been working to launch the West Salem Farmer’s Market and other partnerships with the MP Food Share.
	Share 5210 lifestyle management resources with Primary Care, Behavioral Health, and Dental Clinics	WVCH, CAC, 5210 collaborative	Re-translate materials into Spanish, hand out at TraQ, CAC, and events	TraQ minutes, CAC minutes	December 2018	See above. Healthy Lifestyle education and opportunities are presented at CAC regularly by OHSU extension.

## CHIP Partner: Salem Health

**County goal:** To reduce the proportion of Marion County adults who are obese to meet or exceed the Healthy People 2020 goal of < 30 %.

**Objective:** Provide health information, education and evidence based interventions to individuals that live work and play in Marion and Polk Counties.

Year	Strategies (Actions needed to achieve objectives)	Responsible Party	Activities	How it will be measured	Target date for completion	Progress (to be reported at end of year)
2018	Offer Healthy Cooking classes and nutrition education	CHEC	Number of classes/programs and participants	Classes will be held once each month with up to 22 participants	December 2018	<b>December 2018:</b>  Twelve nutrition education offerings including Cooking Classes and Lower Sodium reaching over 200 people.
	Host site for Just Walk Salem program	CHEC/Volunteer Services	Number of walks and participants	Volunteer leaders arrange walking groups from Salem Health campus	December 2018	One program complete. This program is still in development with our Volunteer Services department.
	Increase awareness of the 5210 in the community	CHEC	Number of classes and outreach education offerings	20 groups to receive education this year	December 2018	30 Outreach offerings that provided 5210 education and materials.
	Physical activity classes	CHEC	Number of classes and participants	No less than 20 classes to be held each week	December 2018	21 physical activity classes held each week with 700+ community members enrolled

**CHIP Partner: Legacy Silverton Medical Center**

**County goal: To reduce the proportion of Marion County adults who are obese to meet or exceed the Healthy People 2020 goal of < 30 %.**

**Objective:** To provide resources as needed to help maintain a healthy work force.

<b>Year</b>	<b>Strategies</b> (Actions needed to achieve objectives)	<b>Responsible Party</b>	<b>Activities</b>	<b>How it will be measured</b>	<b>Target date for completion</b>	<b>Progress</b> (to be reported at end of year)
<b>2018</b>	Increase knowledge of employees on what health programs are available.	Employee Wellness team	Send educational emails to staff on provided benefits	Number of correspondence sent  Increase in utilization of resources.	December 2018	No updates available

## CHIP Partner: Woodburn Pediatric Clinic

**County goal: To reduce the proportion of Marion County adults who are obese to meet or exceed the Healthy People 2020 goal of < 30 %.**

**Objective:** Expand healthy living programs in Northern Marion County

Year	Strategies (Actions needed to achieve objectives)	Responsible Party	Activities	How it will be measured	Target date for completion	Progress
2018	Offer Nutrition and Activity Classes for patients in partnership with OSU extension.	Kiara Yoder	Offer 3 class sessions per year  Reach 18 families	Number of classes held  Number of families attending	December 2018	No updates available
	Offer Wellness Challenges to Woodburn Pediatric staff	Wellness Committee	Offer 2 Healthy Living challenges for employees  At least 50% of staff will participate	Number of Challenges offered  Percentage of employees participating	December 2018	

## CHIP Partner: Woodburn Health Initiative

**County goal:** To reduce the proportion of Marion County adults who are obese to meet or exceed the Healthy People 2020 goal of < 30 %.

**Objective:** To empower families in the Legion Park neighborhood to be active and eat healthier through system changes and education.

Year	Strategies (Actions needed to achieve objectives)	Responsible Party	Activities	How it will be measured	Target date for completion	Progress (to be reported at end of year)
<b>2018</b>	Rx for Exercise	Inga Suneson	Prescriptions given to patients for exercise at the pool or sports teams	Number of prescriptions redeemed	December 2018	<b>December 2018:</b>  196 prescriptions for exercise were redeemed.
	Park Evaluation	Insight for Action consultants/ Inga Suneson	Evaluating the usage of Legion Park	Completion of Park Evaluation	December 2018	Insight for Action created a report on the usage of Legion Park, which was higher than anticipated. Parks is using it to respond to park user desires (like better soccer facilities). Due to low tobacco use numbers, Marion County is hoping to use the data to push for tobacco free parks in Woodburn.

**Marion County TOBACCO PREVENTION  
CHIP Initiative Logic Models  
2018**

## Chip Partner: Marion County Tobacco Prevention Program

**County goal:** To reduce the proportion of Marion County adults who use tobacco products

**Objective:** Provide technical assistance for policy adoption

Year	Strategies (Actions needed to achieve objectives)	Responsible Party	Activities	How it will be measured	Target date for completion	Progress (to be reported at end of year)
<b>2018</b>	Tobacco Retail Licensing	Inga Suneson	Three presentations to cities or community groups	Number of presentations made	December 2018	<b>December 2018:</b> Inga gave one presentation to the Silverton City Council, Pam gave the presentation to the Board of Commissioners
	Expanding ICAA	Inga Suneson	Five stakeholder interviews	Number of interviews	December 2018	No interviews conducted
	Cessation	Kelly Martin	Fulfilling WVCH grant	Deliverables met	December 2018	Provided over 15 presentations to medical providers, created education materials for offices.

## CHIP Partner: Willamette Valley Community Health

**County goal:** To reduce the proportion of Marion County adults who use tobacco products

**Objective:** Coordinate and provide smoking cessation resources WVCH clients and clinic

Year	Strategies (Actions needed to achieve objectives)	Responsible Party	Activities	How it will be measured	Target date for completion	Progress (to be reported at end of year)
<b>2018</b>	Broaden access to smoking cessation classes within primary care as detailed in Tobacco Performance Improvement Plan (PIP).	WVCH, TraQ, PCPs	<p>Create information packet for providers</p> <p>Fund training for 10 area providers</p>	<p>Packet created</p> <p># of trainings</p>	December 2018	<p><b>December:</b> Systems and referral processes to WVCH’s contracted quit line provider, were redefined and streamlined to increase clinic access to tobacco cessation. TraQ and WVCH clinical providers were offered the opportunity to receive technical assistance from a tobacco contractor to clinics to improve policies, systems and promote tobacco free lifestyles— Tobacco Cessation Resource Guides, were created and distributed in up to five languages to primary care, dental networks and the behavioral health network to highlight cessation benefits and promote quitting.</p>



Marion County Community Health Improvement Action Plan – 2018

	Partner with dental networks for oral health messaging, and work toward capturing tobacco coaching in dental offices in claims data.	WVCH, TraQ, DCOs	Create messaging  Create plan on how to capture data on coaching	Message created  Plan complete	December 2018	See above. Capitol Dental, WVCH’s largest dental network, held a 3-part training for their dental providers. WVCH is working extensively with dental networks to promote tobacco cessation and increase encounters for tobacco counseling. Dental networks requested tobacco-free campus policy messaging to distribute to clinics to promote adoption of policies.
	Remove barriers to tobacco cessation treatment & therapies, including removing prior authorizations and increasing access to plan-covered NRT for Cessation.	WVCH	Remove prior authorization for cessation.  Create plan on how to increase access to NRT		December 2018	Completed.  Additionally, WVCH is working with dental networks to house NRT at dental offices with quit kits to reach members ready to quit onsite.

## CHIP Partner: Santiam Hospital

**County goal:** To reduce the proportion of Marion County adults who use tobacco products

**Objective:** Coordinate and provide smoking cessation programs to Santiam Canyon community members

Year	Strategies (Actions needed to achieve objectives)	Responsible Party	Activities	How it will be measured	Target date for completion	Progress (to be reported at end of year)
<b>2018</b>	Increase screenings for mammography's, prostate, colon, and lung cancer to the community.	Santiam Hospital and Santiam Golf Course	Market Prescreening event from mammography's, prostate, colon, and lung cancer to the community	Number of participants with a goal of 100 participants	Dec. 2018	<b>December 2018:</b>  There were 132 golfers at the event.

## Chip Partner: Salem Health

**County goal:** To reduce the proportion of Marion County adults who use tobacco products

**Objective:** Provide health information, education and evidence based interventions to individuals that live work and play in Marion and Polk Counties.

Year	Strategies (Actions needed to achieve objectives)	Responsible Party	Activities	How it will be measured	Target date for completion	Progress (to be reported at end of year)
<b>2018</b>	<b>Offer Freedom From Smoking classes</b>	CHEC	Number of classes and participants	Classes will be held no less than six times a year with up to 12 participants in each class, two to be held in Polk County	December 2018	<b>December 2018:</b>  Hosted six Freedom from Smoking series with 62 people registered.
	<b>Increase awareness of the community smoking cessation resources for Marion/Polk counties</b>	CHEC	Number of education and awareness events	An average of five events each month featuring tobacco cessation tools and resources	December 2018	101 education and awareness events.
	<b>Lung Cancer Screening Program for high risk tobacco users</b>	SCI	Number of screenings	Number of screenings will have increased	December 2018	Salem Cancer Institute has continued to offer Lung Cancer Screenings with 1411 screened in 2018.

**Marion County DEPRESSION PREVENTION  
CHIP Initiative Logic Models  
2018**

## CHIP Partner: Salem Health

**County goal:** To increase the number of adults in Marion County that have had no poor mental health in the past 30 days to great than 70% and to decrease the proportion of suicides in Marion County to meet or exceed the Healthy People goal of < 10.2 suicides per 100,000.

**Objective:** Increase screening for mental health issues and increase access to resources.

Year	Strategies (Actions needed to achieve objectives)	Responsible Party	Activities	How it will be measured	Target date for completion	Progress (to be reported at end of year)
<b>2018</b>	<b>Depression screening and mental health resource information taken out to community settings</b>	CHEC	PHQ-2 added to “Know Your Number’s Screenings and number of community members screened identified	Number of community members screened for depression will have increased	December 2018	<b>December 2018:</b>  Over 200 individuals completed the PHQ-2 questions at community screenings since the tool was added to the consent forms.
	<b>Offer Mental Health First Aid Trainings</b>  <b>Host Mental Health Fair and Forum</b>	CHEC	Number of classes and participants  Number of attendees	Offer curriculum no less than 2 times a year  Those seeking mental health education and resources will have access to curriculum/materials at the fair	December 2018	Hosted an English and Spanish Mental Health First Aid class in our CHEC Wellness Kitchen. We will continue to partner with Northwest Family Services to expand this programming for 2019.  Mental Health Fair and Forum: 50 attendees

Marion County Community Health Improvement Action Plan – 2018

	<b>Support groups available for depression and mental health</b>	CHEC	Number of community members who access these groups	Support groups will be held each month with flyers going out to appropriate partners to reach those in need	December 2018	Currently working on a vetting process for support groups and facilitators along with an accurate reporting tool.
	<b>Provide Mid-Valley Suicide Prevention Coalition with Cash and In-kind support</b>	CHEC	Number of classes and participants	Offer QPR curriculum no less than six times a year  100% of those seeking suicide prevention training will have access to curriculum at CHEC or at other venues in the community	December 2018	Hosted six QPR classes with over 175 people in the CHEC center and trained four additional instructors for community wide class offerings to be held in 2019.

## CHIP Partner: Marion County Mental Health

**County goal:** To increase the number of adults in Marion County that have had no poor mental health in the past 30 days to great than 70% and to decrease the proportion of suicides in Marion County to meet or exceed the Healthy People goal of < 10.2 suicides per 100,000.

**Objective:** Creation of a community work group to create a plan for achieving the goal.

Year	Strategies (Actions needed to achieve objectives)	Responsible Party	Activities	How it will be measured	Target date for completion	Progress (to be reported at end of year)
<b>2018</b>	Engage community partners in a meeting to create a mental health promotion workgroup.	Kerryann Bouska	Hire staff to support efforts  Hold one meeting to create work plan	Staff hired  # of meetings held	December 2018	<b>December:</b>  Staff was hired in August 2018  4 coalition meetings were held in 2018

## CHIP Partner: Legacy Silverton Medical Center

**County goal:** To increase the number of adults in Marion County that have had no poor mental health in the past 30 days to great than 70% and to decrease the proportion of suicides in Marion County to meet or exceed the Healthy People goal of < 10.2 suicides per 100,000.

**Objective:** Creation of a community work group to create a plan for achieving the goal.

Year	Strategies (Actions needed to achieve objectives)	Responsible Party	Activities	How it will be measured	Target date for completion	Progress (to be reported at end of year)
<b>2018</b>	Increase depression screening of patients from 55-60% to 75%	All providers	Provide education to providers	The depression screenings will increase.	December 2018	Updates not available



## CHIP Partner: Willamette Valley Community Health

**County goal:** To increase the number of adults in Marion County that have had no poor mental health in the past 30 days to great than 70% and to decrease the proportion of suicides in Marion County to meet or exceed the Healthy People goal of < 10.2 suicides per 100,000.

**Objective:** To improve the mental health of WVCH clients

Year	Strategies (Actions needed to achieve objectives)	Responsible Party	Activities	How it will be measured	Target date for completion	Progress (to be reported at end of year)
<b>2018</b>	Expand the physical-behavioral health integrated primary care model.	WVCH, Behavioral Health, PCPs	Outreach to providers regarding the model  Research value based payment models	# of providers contacted  Results from research presented	December 2018	<b>December:</b>  Providers were given capitation in 2018 to advance their PCPCH tier status.  Over ~97% of members are assigned to a PCPCH.
	Increase primary care utilization of peer support community partners by educating and training the providers on the role of peer support specialists and how to contact them for assistance.	WVCH, Behavioral Health, TraQ	Print and distribute rack cards with peer support information to TraQ and PCPs	# of clinics that received cards	December 2018	Training was given and rack cards were distributed at WVCH TraQ and CAC and distributed to clinics through their clinical representatives.