For more information please visit: http://www.co.marion.or.us/HLT

Key Findings for our Community (Marion & Polk County)

Community members believe that they have access to parks and that this access helps them to be healthier.

Community members believe that local fruits and vegetables sold at farmer’s markets help keep them healthy, but worry that these locations are not available to everyone, and the amount of fast food restaurants available lead to poor eating habits.

Community members believe that physical activity helps them to be healthy, but are concerned that lack of sidewalks prevent people from being able to walk as much as they’d like.

Community members need more access to a wide range of health services.

Community members believe that lack of affordable housing is preventing them from being healthy and that access is worse in their community than others. Lack of affordable housing is also contributing to increasing rates of homelessness in our community.

Community members believe that lack of access to public transportation options prevents them from being healthy. Additionally, community members believe that availability of public transportation options are worse in their neighborhood than the neighborhoods around them.
Community groups said:

Top 5 things that help them to be healthy

1. **Green Space** - neighborhood parks, hiking trails, etc.
2. **Community organizations** – YMCA, libraries, etc.
3. **Physical activity** – recreational sports teams, gyms, etc.
4. **Local fruits and vegetables** – Farmers markets and “You Pick”, etc.
5. **Neighborhood support** – neighborhood organizations, neighborhood events, etc.

Top 5 things that prevent them from being healthy

1. Lack of public transportation
2. Lack of access to health care services
3. Lack of affordable housing
4. Fast food restaurants
5. Lack of continuous sidewalks

Top 5 things that need to change for them to be healthy

1. Increased access to affordable housing
2. Increased access to public transportation (buses, shared bikes, ride share, etc.)
3. Increased access to healthy foods
4. Increased communication about available services
5. More walking routes

This information was collected at four regional forums (Independence, Salem, Stayton, and Woodburn). Participants had large group discussions about what in their communities helped them to be healthy and what things in their communities prevented them from being healthy.

9/3/2018
Survey respondents said:

**Overall Community Health**

How community members rate overall community health, 2018

- **Very healthy**: 10%
- **Healthy**: 20%
- **Somewhat healthy**: 30%
- **Unhealthy**: 10%
- **Very unhealthy**: 5%

**Percent of respondents Overall Health Rating**

**Quality of Life**

- **46%** of community members agree that their community is a good place to raise children.
- **36.2%** of community members agree that their community is a good place to grow old.
- **50.9%** of community members agree that their community is a safe place to live.

**Neighborhood Health**

- **32%** of community members believe the quality of available housing is **worse** in their neighborhood than others.
- **28%** of community members believe the availability of job opportunities is **worse** in their neighborhood than others.
- **35%** of community members believe the availability of parks, green spaces, and recreational areas are **better** in their neighborhood.

**Health Care Access**

- **48.9%** of community members believed that when they needed medical care, they received **all** the care they needed.

**Barriers to Accessing Health Care**

- **Cost**
- **Lack of available appointments**
- **No paid leave time**
The survey was available online, from May 21st, 2018-June 29, 2018. The survey consisted of seven different question sections, including sections on overall community health, quality of life, neighborhood health, health care access, the most important health problems in the community, the health behaviors that affect the community the most, and demographics. 621 people filled out the survey online, which was available in English and Spanish.