



Teen Pregnancy

Background Information:

According to the National Campaign, the majority of teen pregnancies are unplanned. In 2014, the U.S. teen birthrate was 24 per 1,000 females (ages 15-19). In Oregon in 2013, the teen birthrate was 9.7 per 1,000 females between the ages 15–19. In 2014, Oregon was ranked number 17 in state teen pregnancy rates with 1 being the best and 50 being the worst.

Based on information from the CDC, pregnancy during teenage years is linked to higher risk factors for poor health such as increased general health issues, lack of education and risky behaviors such as alcohol and drug abuse.

Who is at risk?:

All heterosexual teens who are sexually active are at risk for unintended pregnancy. The following factors put teens at an increased risk for teen pregnancy:

- Teens who use alcohol or drugs
- Teens who are not using appropriate birth control
- Teens who were born to a teen mother
- Teens in foster care
- Teens who already have a child

Recommendations:

What can parents do?

1. Communicate: Talk with children early and often about sex, healthy relationships, how to protect themselves against unintended pregnancy and sexually transmitted diseases (STD's).

2. Help your child set goals: Talk to them about what it takes to make their future plans come true and how an unintended pregnancy would impact their plans.

What can schools do?

Schools can work with parents and students to educate about teen pregnancy prevention and healthy relationships. Schools can also provide information to both parents and students in regards to unintended pregnancy.

What can providers do?

Providers can talk to clients about safe sexual practices and appropriate birth control

Definitions:

Teenage Pregnancy:

- Teenage pregnancy is defined as a pregnancy between the ages of 10-17. Data for female teens is more available and more likely to be reported

Birth Rate:

- The number of live births per thousand women per year.

Cuideate:

(Take care of yourself)

- Culturally appropriate evidence-based curriculum used to reduce teen pregnancy.



Date: 2/3/2016



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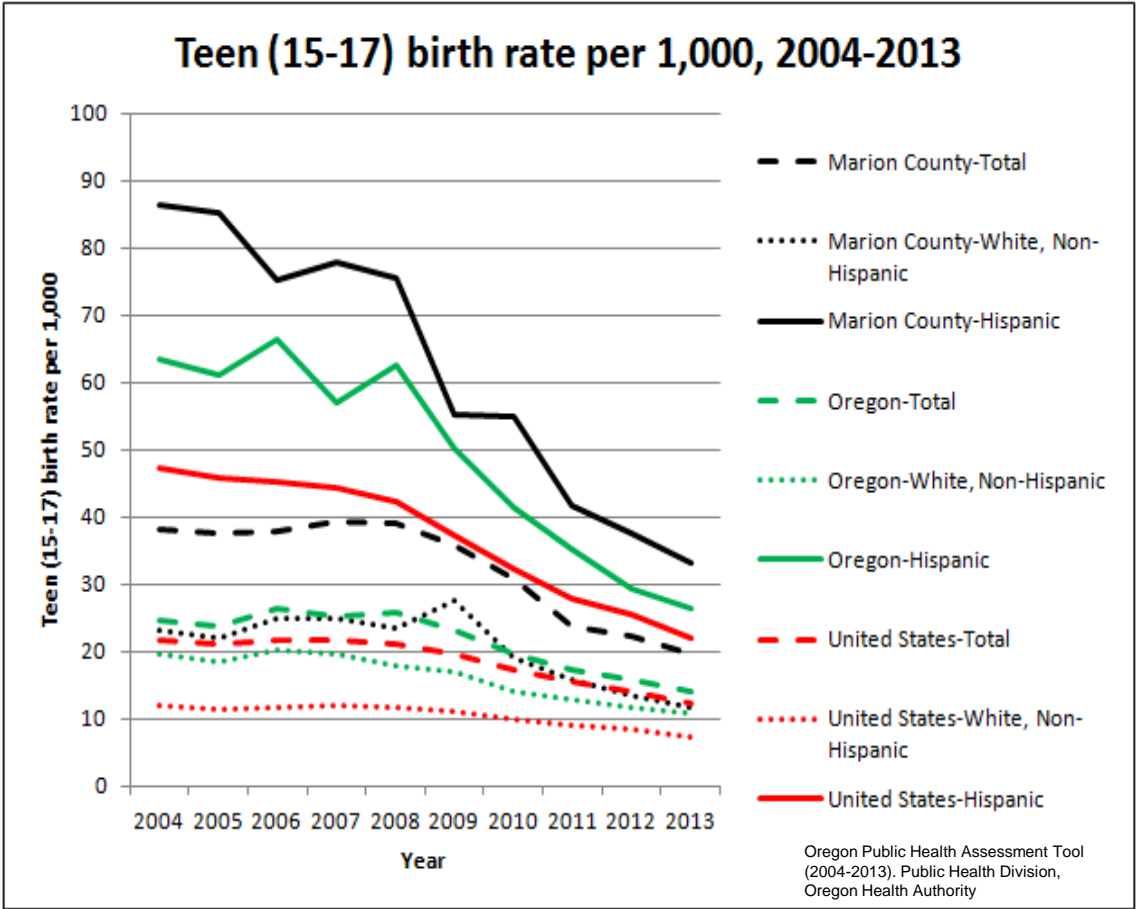


Teen Pregnancy in Marion County:

Between 2011-2013, Marion County had a total number of 465 pregnancies for females ages 10-17. Although teen pregnancy rates have been declining over the past 20 years, some groups of females experience a higher rate of teen pregnancies than others. Hispanic females have the highest teen pregnancy rates of youth between the ages 10-17 in Marion County. Between 2011-2013, 58.3% of Marion County teen pregnancies happened within the Hispanic community.



Teen Birth Rates in Marion County



Resources/Contact Information:

If you would like more information about Cuídate please visit the website:

www.etr.org/etr-acquires-select-media/ or contact our Pregnancy Prevention Program Coordinator at 503-566-2901 or MCHDPrevention@co.marion.or.us

If you would like more information about Marion County Reproductive Health Services please call: 503-588-5355

For more general information on the state Youth Sexual Health Program visit:

<https://public.health.oregon.gov/HealthyPeopleFamilies/Youth/YouthSexualHealth/Pages/index.aspx>

For additional information on youth sexual health please visit:

www.StayTeen.org

What is Marion County Public Health doing?:

Marion County Public Health coordinates and implements Cuídate. Cuídate is an evidence-based curriculum that works to reduce rates of teen pregnancy as well as STD's including HIV infection among youth. The program is used for youth ages 13-18 in community and school settings. Both the curriculum and implementation models support the goals set in the Oregon Youth Sexual Health Plan created by the State. The program is available in English or Spanish.

Impact:

As of 2015, 1,506 teens received Cuídate programming. Marion County has many partnerships with communities and school districts to deliver the Cuídate curriculum.