

TRAD PLAN LGY A 5/600**Accumulation Details**

The accumulation period is calendar year, and the accumulation type is Embedded.

Deductible(s) and Out-of-Pocket Maximum(s) Details

Cost Share amounts that count toward the Deductible are shown below.

For services that apply to the Plan Out-of-Pocket Maximum, you will not pay any more Cost Share for the rest of the Accumulation Period once you have reached the amounts listed below.

Deductible(s)	Participating Providers
Self-only Deductible per year (for a Family of one Member)	Not Applicable
Individual Family Member Deductible per year (for each Member in a Family of two or more Members)	Not Applicable
Family Deductible per year (for an entire Family)	Not Applicable

Out-of-Pocket Maximum(s)¹	Participating Providers
Self-only Out-of-Pocket Maximum per year (for a Family of one Member)	\$600
Individual Family Member Out-of-Pocket Maximum per year (for each Member in a Family of two or more Members)	\$600
Family Out-of-Pocket Maximum per year (for an entire Family)	\$1200

Professional Services	Participating Providers
Primary care office visit ²	\$5 for first 3 visits, then \$5 for additional visits in the same year
Specialty care office visit	\$5 per visit
Telehealth ²	\$0
Routine physical maintenance exams, including well-woman exams	No Charge
Well-child preventive exams (through age 23 months)	No Charge
Physical, occupational, and speech therapy	\$5 (20 visits per therapy per year)

Outpatient Services	Participating Providers
Outpatient surgery visits and certain other outpatient procedures	\$5
Diagnostic X-rays	\$0 per department visit
Laboratory services	No Charge
Preventive X-rays, screenings, and laboratory tests	No Charge
Advanced imaging (CT / MRI / PET)	\$0 per department visit
Chemotherapy/radiation therapy visit	\$5 per visit

Hospitalization and Emergency Services	Participating Providers
Urgent care	\$10 per visit
Hospital room and board, surgery, anesthesia, X-rays, laboratory tests, and drugs	No Charge
Ambulance services	\$0 per trip
Emergency department visits	\$5 (Waived if admitted)

Medication Coverage	Participating Providers
Retail Pharmacy (up to 30-day supply)	Kaiser Permanente Pharmacy: Generic: \$10 Brand: \$20
Mail order prescriptions (up to 90-day supply)	Kaiser Permanente Pharmacy: 2x Retail
Administered medications, including injections (all outpatient settings)	No Charge
Allergy injections	No Charge
Immunizations	No Charge

Maternity Care	Participating Providers
Scheduled prenatal care exams and postpartum visit	No Charge
Laboratory	No Charge
X-Ray, imaging, and special diagnostic procedures	\$0 per department visit
Labor and Delivery Hospital Services	No Charge

Durable Medical Equipment (DME)	Participating Providers
Durable medical equipment	20% Coinsurance
Prosthetic and orthotic devices	20% Coinsurance

Mental Health Services	Participating Providers
Inpatient psychiatric care	No Charge
Outpatient individual therapy visits ²	\$5 for first 3 visits, then \$5 for additional visits in the same year

Substance Use Disorder Treatment	Participating Providers
Inpatient detoxification	No Charge
Outpatient individual therapy visits ²	\$5 for first 3 visits, then \$5 for additional visits in the same year

Home Health Services	Participating Providers
Home health care	\$0 (up to 130 visits per year)

Alternative Care	Participating Providers
Benefit maximum	Not Applicable
Acupuncture care	Not Covered
Chiropractic care	Not Covered
Massage therapy	Not Covered
Naturopathic medicine ²	\$5 for first 3 visits, then \$5 for additional visits in the same year

Other Professional Services	Participating Providers
Skilled nursing facility	\$0 (up to 100 days per Year)

Other Professional Services	Participating Providers
Hospice care	No Charge
Fertility diagnosis	50% Coinsurance
Fertility lab	50% Coinsurance
Fertility treatment	50% Coinsurance
Bariatric care	Covered
Adult hearing aid(s)	Not Covered
Pediatric hearing aid(s)	20% Coinsurance (1 per Ear / 36 Months)

Vision Services	Participating Providers
Pediatric Vision exam	\$0 per visit
Adult Vision exam	\$5 per visit
Pediatric optical eyewear	One Pair / 1 Calendar Year
Adult optical eyewear	\$150 Allowance / 2 Calendar Years

1. Refer to your Evidence of Coverage (EOC) for benefits that may not apply to Out-of-Pocket Maximum.
2. First 3 visits are any combination of in-person or telemedicine services for primary care non-specialty medical services, mental health outpatient services, naturopathic medicine, or substance use disorder outpatient services from all contracted providers combined.

Plan is subject to exclusions and limitations. A complete list of the exclusions and limitations is included in the Evidence of Coverage (EOC). Sample Evidence of Coverages are available upon request or you may go to kp.org/plandocuments.

Questions? Call Member Services (M-F, 8 am-6 pm) or visit **kp.org**.

All areas: 1-800-813-2000. TTY: 711. Language Interpretation Services, all areas: 1-800-324-8010.

This is not a contract. This condensed summary of benefits does not fully describe your benefit coverage with Kaiser Foundation Health Plan of the Northwest. For more details on benefit coverage, claims review, and adjudication procedures, please see your Evidence of Coverage or call Member Services. In the case of a conflict between this summary and the Evidence of Coverage, the Evidence of Coverage will prevail.

Nondiscrimination notice

Kaiser Foundation Health Plan of the Northwest (Kaiser Health Plan) complies with applicable federal and state civil rights laws and does not discriminate, exclude people or treat them differently on the basis of race, color, national origin (including limited English proficiency), age, disability, or sex (including sex characteristics, intersex traits; pregnancy or related conditions; sexual orientation; gender identity, and sex stereotypes).

Kaiser Health Plan:

- Provides people with disabilities reasonable modifications and free appropriate auxiliary aids and services to communicate effectively with us, such as:
 - Qualified sign language interpreters
 - Written information in other formats, such as large print, audio, braille, and accessible electronic formats
- Provides no cost language services to people whose primary language is not English, such as:
 - Qualified interpreters
 - Information written in other languages

If you need these services, call Member Services at **1-800-813-2000** (TTY: **711**).

If you believe that Kaiser Health Plan has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, sex, gender identity, or sexual orientation, you can file a grievance with our Civil Rights Coordinator, by mail, phone, or fax. If you need help filing a grievance, our Civil Rights Coordinator is available to help you. You may contact our Civil Rights Coordinator at:

Member Relations Department
Attention: Kaiser Civil Rights Coordinator
500 NE Multnomah St., Suite 100
Portland, OR 97232-2099
Fax: **1-855-347-7239**

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at:

U.S. Department of Health and Human Services
200 Independence Avenue SW
Room 509F, HHH Building
Washington, DC 20201
Phone: **1-800-368-1019**
TDD: **1-800-537-7697**

Complaint forms are available at www.hhs.gov/ocr/office/file/index.html.

For Washington Members:

You can also file a complaint with the Washington State Office of the Insurance Commissioner, electronically through the Office of the Insurance Commissioner Complaint portal, available at <https://www.insurance.wa.gov/file-complaint-or-check-your-complaint-status>, or by phone at **1-800-562-6900**, or **360-586-0241** (TDD). Complaint forms are available at <https://fortress.wa.gov/oic/onlineServices/cc/pub/complaintinformation.aspx>.

This notice is available at <https://healthy.kaiserpermanente.org/oregon-washington/language-assistance/nondiscrimination-notice>



Help in Your Language

ATTENTION: If you speak English, language assistance services including appropriate auxiliary aids and services, free of charge, are available to you. Call **1-800-813-2000** (TTY: **711**).

ጽሑፍ (Amharic) ማንኛውም ጽሑፍ ይጻፉ በዚህ ምልክት መላኩን ያረጋግጣል፡፡
የማንኛውም ጽሑፍ ስለመቀበል የስልክ ቁጥር **1-800-813-2000** ይጠቀሙ (TTY: 711)።

العربية (Arabic)تنبيه: إذا كنت تتحدث العربية، تتوفر لك خدمات المساعدة اللغوية بما في ذلك من وسائل المساعدة والخدمات المناسبة بالمجان. اتصل بالرقم 1-800-813-2000 (TTY: 711).

中文 (Chinese) 注意事項：如果您說中文，您可獲得免費語言協助服務，包括適當的輔助器材和服務。
致電 **1-800-813-2000** (TTY: 711)。

فارسی (Farsi) توجه: اگر به زبان فارسی صحبت می‌کنید، «تسهیلات زبانی»، از جمله کمک‌ها و خدمات پشتیبانی مناسب، به صورت رایگان در دسترس‌تان است با 1-800-813-2000 (TTY (تلفن متنی): 711 تماس بگیرید.

Français (French) ATTENTION : si vous parlez français, des services d'assistance linguistique comprenant des aides et services auxiliaires appropriés, gratuits, sont à votre disposition. Appelez le **1-800-813-2000 (TTY: 711)**.

Deutsch (German) ACHTUNG: Wenn Sie Deutsch sprechen, steht Ihnen die Sprachassistentz mit entsprechenden Hilfsmitteln und Dienstleistungen kostenfrei zur Verfügung. Rufen Sie **1-800-813-2000** an (TTY: **711**).

日本語 (Japanese) 注意: 日本語を話す場合、適切な補助機器やサービスを含む言語支援サービスが無料で提供されます。1-800-813-2000 までお電話ください (TTY: 711)。

កម្ពុជា (Khmer) អ្នកប្រើប្រាស់អាចទទួលបានព័ត៌មានបន្ថែមអំពីការប្រើប្រាស់ប្រព័ន្ធប្រកបដោយសុវត្ថិភាព និងការគ្រប់គ្រងឯកសារបានតាមលេខទូរស័ព្ទ **1-800-813-2000** (TTY: **711**).

한국어 (Korean) 주의: 한국어를 구사하실 경우, 필요한 보조 기기 및 서비스가 포함된 언어 지원 서비스가 무료로 제공됩니다. **1-800-813-2000** 로 전화해 주세요(TTY: **711**).

ລາວ (Laotian) ເອົາໃຈໃສ່: ຖ້າທ່ານເວົ້າພາສາລາວ, ການບໍລິການຊ່ວຍເຫຼືອດ້ານພາສາ ລວມທັງຮູປະກອນ ແລະ ການບໍລິການຊ່ວຍເຫຼືອທີ່ເໝາະສົມ ຈະມີໃຫ້ທ່ານໂດຍບໍ່ເສຍຄ່າ. ໂທ 1-800-813-2000 (TTY: 711).

Afaan Oromoo (Oromo) XIYYEEFFANNOO: Yoo Afaan Oromo dubbattu ta'e, Tajaajila gargaarsa afaanii, gargaarsota dabalataa fi tajaajiloota barbaachisoo kaffaltii irraa bilisa ta'an, isiniif ni jira.
1-800-813-2000 irratti bilbilaa (TTY ☎ **711**)

ਪੰਜਾਬੀ (Punjabi) ਧਿਆਨ ਦਿਓ: ਜੇ ਤੁਸੀਂ ਪੰਜਾਬੀ ਬੋਲਦੇ ਹੋ, ਤਾਂ ਤੁਹਾਡੇ ਲਈ ਮੁਫਤ ਉਪਲਬਧ ਭਾਸ਼ਾ ਸਹਾਇਤਾ ਸੇਵਾਵਾਂ, ਜਿਨ੍ਹਾਂ ਵਿੱਚ ਯੋਗ ਸਹਾਇਕ ਸਹਾਇਤਾਵਾਂ ਅਤੇ ਸੇਵਾਵਾਂ ਸ਼ਾਮਲ ਹਨ। ਕਾਲ ਕਰੋ **1-800-813-2000 (TTY 711)**.

Română (Romanian) ATENȚIE: Dacă vorbiți română, vă sunt disponibile gratuit servicii de asistență lingvistică, inclusiv ajutoare și servicii auxiliare adecvate. Sunați la **1-800-813-2000** (TTY: **711**).

Русский (Russian) ВНИМАНИЕ! Если вы говорите по-русски, вам доступны бесплатные услуги языковой поддержки, включая соответствующие вспомогательные средства и услуги. Позвоните по номеру **1-800-813-2000** (TTY: 711).

Español (Spanish) ATENCIÓN: Si habla español, tiene a su disposición servicios de asistencia lingüística que incluyen ayudas y servicios auxiliares adecuados y gratuitos. Llame al **1-800-813-2000** (TTY: 711).

Tagalog (Tagalog) PAALALA: Kung nagsasalita ka ng Tagalog, available sa iyo ang serbisyo ng tulong sa wika kabilang ang mga naaangkop na karagdagang tulong at serbisyo, nang walang bayad. Tumawag sa **1-800-813-2000** (TTY: **711**).

ไทย (Thai) โปรดทราบ: หากท่านพูดภาษาไทย ท่านสามารถขอรับบริการช่วยเหลือด้านภาษา รวมทั้งเครื่องช่วยเหลือและบริการเสริมที่เหมาะสมได้ฟรี โทร **1-800-813-2000** (TTY: **711**).

Українська (Ukrainian) УВАГА! Якщо ви володієте українською мовою, вам доступні безкоштовні послуги з мовної допомоги, включно із відповідною додатковою допомогою та послугами. Зателефонуйте за номером **1-800-813-2000** (TTY: **711**).

Tiếng Việt (Vietnamese) CHÚ Ý: Nếu bạn nói tiếng Việt, bạn có thể sử dụng các dịch vụ hỗ trợ ngôn ngữ miễn phí, bao gồm các dịch vụ và phương tiện hỗ trợ phù hợp. Xin gọi **1-800-813-2000** (TTY: **711**).