

# Catch free film on food waste, rescue Oct 7



Carlee Wright, Statesman Journal 3:16 p.m. PDT September 29, 2015



(Photo: Courtesy of Just Eat It)

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Catch a free screening of "Just Eat It" 6:30 p.m. Wednesday, Oct. 7, in Loucks Auditorium at the Salem Public Library, 585 Liberty St. SE.

The documentary, created by filmmakers Jennifer and Grant Rustemeyer, delves into the issue of food waste and food rescue from farm, retail and consumer angles. The Rustemeyers, after noticing an excessive amount of usable food being thrown away in North America each year, pledged to quit grocery shopping and instead live on foods that would otherwise be tossed in the trash. The consequences discovered during their experience, which include public fixation of expiration dates, perfect produce and portion sizes, are revealed in this documentary.

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## Salem Progressive Film Series moves to third Tuesday

“ ‘Just Eat It’ is a film that engages the community to take action,” Griselda Puga, a waste reduction coordinator from Marion County Environmental Services, said in a press release, “and is the perfect introduction to understanding the seriousness of preventable food waste.”

The average American family tosses one-fourth of food purchased. In Marion County, food takes up 20 percent of garbage by weight.

“We’d like to see that statistic change so that residents can save money, time and valuable resources,” Puga said.

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Stop sending your leftovers to the landfill

Following the film will be a discussion with Puga and Josh Gwin, the retail food resource coordinator at Marion-Polk Food Share. Puga will present and promote the county’s Save the Food campaign, which encourages food waste reduction and prevention.

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