

# Protecting Our Children from HPV Cancers

## HPV vaccination is cancer prevention.

We can reduce the risk of cancer in our children by helping them make a lifetime of healthy choices.



Healthy diet



Physical activity



Sunscreen



No tobacco

We can also help prevent most HPV cancers with just 2 shots of HPV vaccine at age 11 or 12.

## HPV vaccine is for both boys and girls.

HPV vaccination helps prevent the infections that can cause

6 types of cancers



## Don't wait to vaccinate.

Doctors recommend that boys and girls get HPV vaccine at age 11 or 12. Teens who start the series late may need 3 shots.



Age matters. When you vaccinate your child on time, you give them the best protection from HPV cancers. In fact, HPV cancer prevention decreases the longer you wait to vaccinate.

## HPV vaccination is safe.



The most common reactions from HPV vaccine are mild and like those of other vaccines.



Scientists and doctors around the world monitor HPV vaccine safety and are confident that HPV vaccination is extremely safe.

Learn more at [cancer.org/hpv](http://cancer.org/hpv), and ask your child's doctor for the HPV vaccine.